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Saturday Mar 22, 2025



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Happiness #MadeInCanada: Canada Ranks 17th In New World Happiness Report, US **Falls To Its Lowest-Ever Position**

oney can't buy happiness an old saying that rings true once again with the release of the new World Happiness Report. While President Donald Trump is working hard to grow America's economy, hoping that wealth will bring joy, the report tells a different story. : the United States has fallen to its lowest spot ever, sitting at 24th place. On the other hand, Canada is smiling wide, as the happiest country among the G7 nations.

The findings were published on March 20th to mark the UN's International Day of Happiness. So what makes a country and its people happy? It is not health or wealth, the report states that belief in the kindness



Photo credit: Sukhwant Dhillon

of others is much more closely tied to happiness than previously thought. According to Lara Aknin, professor of social psychology at Simon Fraser University and the editor of the report, "Year after year, the

world's happiest countries are often those with strong social safety nets and more pro-social behaviour - small everyday acts of kindness that help foster a feel-good sense of

"The U.K. and the U.S. have fallen out of the top 20," says Aknin. "Canada is one of the great global powers left in the top 20. Nordic countries remain at the top with Finland holding the number one spot for the eighth year in a row. Other countries, like Mexico, have jumped up in the ranks, she adds.

Denmark, Iceland and Sweden take top three spots after Finland. Afghanistan is ranked the lowest (147th) in the happiness report.

Jon Clifton, CEO of Gallup, explaining what makes these countries happy, says: "Happiness isn't just about wealth or growth — it's about trust, connection and knowing people have your back.

Continued on page 14

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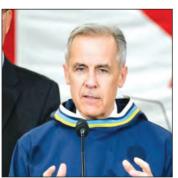
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BC Removes Consumer Carbon Tax Following **Prime Minister Carney's Move**

B.C. Premier David Eby said his government is drafting legislation to scrap the province's consumer carbon tax following a promise from Prime Minister Mark Carney to do the same.

Mark Carney's first action as Prime Minister, the consumer carbon tax has been scrapped.

After being sworn in, Carney wasted no time and signed a directive that the fuel charge be removed effective April 1 and that April's carbon rebates go ahead as planned. "This will make a difference to hardpressed Canadians, but it is



PM Mark Carney

measures that this government is taking to ensure that we fight against climate change, that our companies are competitive and the country moves forward," Carney said.

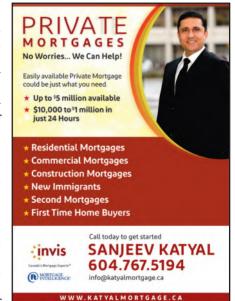


BC Premier David Eby

"While some prices — like gasoline and home heating are expected to drop, experts say the change is unlikely to lower grocery prices or the cost of other goods."

price is active in all provinces and territories except British Quebec Columbia, Northwest Territories, which have equivalent systems of their own. B.C. announced plans to kill its provincial consumer carbon price in the wake of Carney's announcement.

Eby said, "With Prime Minister Mark Carney moving to eliminate the federal carbon tax consumers, we are preparing legislation for this session to repeal the tax in B.C. As the federal government removes the requirement that B.C. have a carbon tax in place, we will





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Carney's next moves: Eliminates GST for first-time homebuyers; Expected to call election soon

Prime Minister Mark Carney is set to call a snap federal election on Sunday government down. Carney also does that would set the stage for a vote as soon as April 28, according to various media reports.

Carney was sworn in as prime minister on March 14 after winning the Liberal leadership race just days prior.

Parliament was set to return this coming Monday after being prorogued for two months following former prime minister Justin Trudeau's resignation announcement. By calling an election on Sunday, Carney will not have to present a throne speech or face confidence votes not currently have a seat in the House of Commons.

He has yet to announce where he intends to run for his first-ever seat in the House of Commons, though speculation has swirled that it could be in his former Alberta stomping grounds, a downtown Toronto constituency, or in a riding in the nation's capital.

Carney also announced this week that the Government of Canada will eliminate the Goods and Services Tax (GST) for first-time homebuyers on homes at or

Canadians up to \$50,000 – allowing more young people and families to enter the housing market and realize the dream of homeownership.

By eliminating the GST, Canadians will face lower upfront housing costs and keep more money in their pocket. Eliminating the GST will also have a dynamic effect on increasing supply - spurring the construction of new homes across the

"Our government is laser-focused on lowering costs for Canadians and making homeownership a reality. Eliminating the



GST will save first-time homebuyers up to \$50,000 and spur housing construction across the country. We will announce a series of new measures to increase housing supply shortly. It's time for focused action to solve the housing crisis, and it's time to build a Canada you can afford," he said.

Surrey' Prabu Foods gets nearly \$700,000 in funding from **BC** government to expand and create new jobs

local food manufacturing L companies of Surrey and Delta have received a total investment of \$1,712,000 from the BC government to bolster their production and employ more people. Surrey's famous Prabu Foods, North Delta Seafoods Inc. and Trafa Pharmaceuticals Inc are part of seven food manufacturing companies in communities throughout the province to receive this grant.

"In the face of President Trump's unjustified U.S. tariffs, it's more important than ever to strengthen our local supply chains and create jobs for British Columbians," says Ravi Kahlon, MLA for Delta North. "This funding will allow B.C. food manufacturers to scale up their productions and expand into new markets."

Prabu Foods has received \$662,000 to expand its manufacturing capacity by more than four times and expand into new markets through the establishment of a new facility, and create 30 jobs.

food manufacturing "Investing in businesses like Prabu Foods is significant step towards creating new job opportunities, strengthening local economies, and enhancing food security in British Columbia," said Jessie Sunner, MLA for Surrey-Newton.

Pratap Sandhu, vice-president, Prabu Foods Inc., said, "With the support of the provincial government, Prabu will be able to invest into innovation, equipment and workforce development. With this support, we can enhance operations, reach new markets and contribute to economic development, ensuring longterm success."

North Delta Seafoods Inc. is a processor and distributor of fresh and frozen seafood products harvested in B.C. It will receive as much as \$550,000 to expand its processing to include fresh and frozen ready-to-eat packaged seafood meals for the retail and food-service markets. The project will create 26 jobs.



TrafaPharmaceuticalsInc.isanutraceutical and natural-health supplement contract manufacturer, specializing in tablets, capsules and powders. It will receive as much as \$500,000 to support its expansion to a larger location, the purchase of new equipment and clean-room renovations to scale up its operations, increase production and diversify product offerings. The project will create 20 jobs.

The province is offering funding as part of BC Manufacturing Jobs Fund (BCMJF) enabling B.C. producers to remain competitive by scaling up and adding new product lines, while creating more

than 165 sustainable jobs throughout the

Apart from Prabu, another South Asian owned company in Kelowna has also been selected for the fund. Located in Kelowna, Farming Karma Fruit Company Ltd. is a family-owned-and-operated business that manufactures value-added fruit products, such as sparkling fruit beverages, using Okanagan-grown fruit. It will receive as much as \$2 million to support the purchase of advanced manufacturing equipment that will bring primary processing in house, increase production and expand its product lines. This investment will help create 32 jobs and strengthen the company's distribution of made-in-B.C. fruit products across Canada.

"Supporting food manufacturing in B.C. strengthens the economy, creates jobs and builds a resilient food system," said Avi Gill, CEO and co-founder, Farming Karma Fruit Company.

Continued on page 09

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Fraser health warns of Unauthorized Ayurvedic products sold by All in One Wholesale Cash and Carry in Surrey

Fraser Health is warning the public about the health risks associated with unauthorized Ayurvedic medicine sold by All in One Wholesale Cash and Carry in Surrey.

The products may be contaminated with heavy metals.

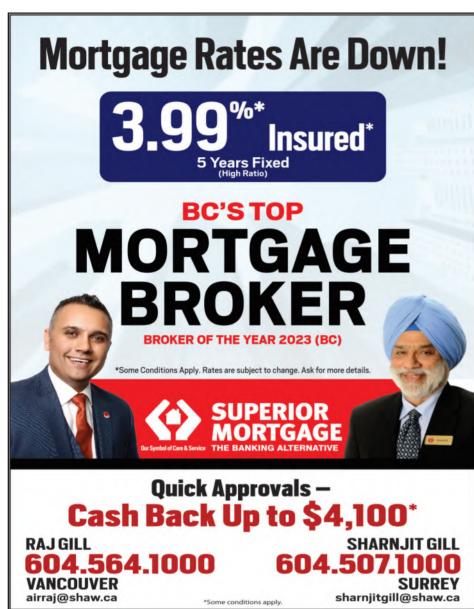
Fraser Health investigated a local case of lead poisoning connected to a purchase of Ayurvedic medicines at All in One Wholesale Cash and Carry, located at 107-12815 85th Avenue, Surrey.

lead, mercury, arsenic and other heavy The premises was found to have imported Ayurvedic products on site that are not authorized by Health Canada. Some of these products were found to contain high levels of lead and other heavy metals, which may pose serious health risks for

be hard to differentiate from other health problems:

TOP NEWS

Mild symptoms include fatigue, irritability, headache, muscle pain, abdominal discomfort or pain, constipation, vomiting and tremor.





consumers. Some examples of these products are shown in the attached photos. All unauthorized products on site have been seized.

Ayurveda emphasizes good health and prevention and treatment of illness through lifestyle practices (such as massage, meditation, yoga, and dietary changes) and the use of herbal remedies. Ayurvedic herbal medicines, like conventional medicines, may cause side effects, trigger allergic reactions, or interact with other medicines or herbs you are taking.

It is best to choose Ayurvedic products that have been approved by Health Canada, said the advisory issued by Fraser Health. Unauthorized Ayurvedic products should not be consumed as they may pose serious health risks. Health Canada has a database to check if the products are approved. Authorized products will have an eightdigit identification number, such as a Natural Product Number (NPN) or Drug Identification Number (DIN).

If you or someone you know are using these products, stop immediately and discard the product. Then monitor for symptoms of lead poisoning, they may Severe symptoms include severe abdominal pain, seizure, reduced consciousness, numbness and very weak muscles.

Long-term use of products containing high levels of lead can lead to chronic health issues in adults (increased risk of high blood pressure, cardiovascular problems and kidney damage). Lead exposure during pregnancy can cause reduced fetal growth and preterm birth. Young children are particularly vulnerable and can suffer permanent health and developmental issues, especially in their central nervous system (ex. permanent hearing loss)

More information on lead exposure can be found at Lead Poisoning | HealthLink BC and Lead Exposure Information Resource.pdf.

If you experience any symptoms of lead poisoning or other unexpected side effects, seek medical attention, and call the BC Drug and Poison Information Centre at 604-682-5050 or 1-800-567-8911. Your health care provider will assess whether you need blood lead testing. Do not throw out the product. Store it in a secure place in case Public Health needs to submit it for testing.



Surrey marks milestone with Let's Hear It BC JUNOS Plaza Party

The free one-day music festival drew 10,000 attendees to Surrey Civic Plaza on Mar. 15

ast Saturday, 10,000 music lovers from across the lower mainland came together at Surrey Civic Plaza to attend the Let's Hear It BC JUNOS Plaza Party. The free, oneday music festival showcased live music from over 30 artists across six stages, including JUNO Award nominees, Tyler Joe Miller, Chani Nattan and Inderpal Moga, as well as Punjabi legend, Sarbjit Cheema. The festival showcased the best of B.C's music scene for the community to experience the spirit of the JUNOS ahead of the 2025 JUNO Awards Broadcast in Vancouver at Rogers Arena on Saturday, Mar. 30. In addition to live performances, the festival featured an open jam, 5X Art Party, local music organizations, food trucks and a licensed area.

"Thank you to everyone who joined us for the Let's Hear It BC JUNOS Plaza Party at Surrey Civic Plaza," said Mayor Brenda Locke. "We were filled with pride as we celebrated the remarkable talent of our artists, our shared love for our country and the spirit of Surrey. This festival marked an important milestone for Surrey, reinforcing our commitment to fostering homegrown talent and showcasing our city as a shining example of unity and creativity. We are committed to supporting local artists, hosting cultural events, and making Surrey a premier destination for live music."

The Let's Hear It BC JUNOS Plaza Party marked the firstever music festival of its kind produced by the City of Surrey, a milestone moment Surrey's entertainment evolution. Surrey is actively shaping City Centre into vibrant entertainment district, attracting visitors and strengthening the music, arts, and culture scene. Guided by the City's Surrey Music Strategy adopted in 2023, the festival supported its objectives to grow the local music industry, create more opportunities for Surrey-based artists, and establish Surrey as a premier destination for free music events. By investing in events like the Let's Hear It BC JUNOS Plaza Party, the City of Surrey is fostering a thriving music scene that benefits artists, businesses, and the broader community.

The Let's Hear It BC JUNOS Plaza Party was a key stop on the Let's Hear It BC JUNO Tour, a province-wide celebration shining the spotlight on local artists and bringing the energy and excitement of the JUNOS to everyone's hometowns. Upcoming events include the Let's Hear It Live JUNO Block Party, a 3-day free, allages festival happening at the Vancouver Art Gallery from



Mar. 27-29.

"The Let's Hear It BC JUNOS Plaza Party was more than just a celebration of music, it was a reflection of Surrey's role as a hub for creativity, culture, and entertainment," said Neesha Hothi, Director of Marketing for the Vancouver JUNO Host Committee. "Having worked within this community for over 20 years, it's incredible to see Surrey recognized as a true music city. Bringing the energy of the JUNOS here in such a major way is truly special. Surrey has long



been a driving force in the South Asian music scene, and today, its influence continues to grow and shape the future of the industry. A huge thank you to the City of Surrey for making this event possible and for continuing to elevate Surrey's presence on the

national stage."

Attendees are invited to provide their feedback on the event and help shape future events via an online survey for a chance to win a \$200 gift card to Guildford Town Centre at surrey.ca/junosplazaparty.

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A6 SATURDAY Mar 22, 2025 www.thelinkpaper.ca TOP NEWS

B.C. Hydro Rates To Increase By 3.75% For Next 2 Years

Province Claims A Fixed Rate Will Guarantee Stability Amidst Trade War And Inflation

The province has uncertainty of the province has uncertainty to the province has uncertainty t The province has directed B.C. set BC Hydro's rate annual average rate increase at 3.75% for the next two years. For the average residential household, which currently pays approximately \$100 a month, this equates to an additional \$3.75 per month.

BC Hydro has filed the two-year rate adjustment publicly with the BCUC, along with supporting information. The rate increases will take effect April 1, 2025, and April 1, 2026.

According to Adrian Dix, Minister of Energy and Climate Solutions, the rate adjustments for the upcoming two years reflect rising operating costs due to inflation, the needed Site C hydroelectric project coming into service, and the critical work required to significantly invest in B.C.'s energy supply and infrastructure to bolster B.C.'s economy and energy security. However, he claimed that this move guarantees certainty and reaffirms the province's commitment to keeping electricity rates well below the North



American average and cumulative inflation

while growing our clean-energy advantage. He informed that BC Hydro has among the lowest electricity rates in North America.

"BC Hydro rate changes are staying below cumulative inflation, keeping electricity costs near the lowest in North America and about half what Albertans pay. These rate changes ensure BC Hydro can continue to build

the critical local and provincial renewable energy infrastructure and supply needed to bolster B.C.'s economy, while maintaining rate increases

below cumulative inflation for seven consecutive years. BC Hydro's cumulative rate increases between 2017-18 and 2026-27 will be 12.4% below cumulative inflation," he said. "The rate stability direction from the

Province will provide customers and growing industries with the certainty they need during these times, while ensuring our rates remain affordable," said Chris O'Riley, president and CEO, BC Hydro. "The rate adjustment will go toward supporting critical investments in our system that will ensure we maintain our status as a leader in renewable energy, encouraging overall economic growth and job creation."

In addition to the rate stability direction, government is providing support to people in British Columbia who are vulnerable or in crisis, a top priority during uncertain times. A key resource for supporting customers is BC Hydro's Customer Crisis Fund, which offers grants for



Adrian Dix, Minister of Energy

those in temporary financial crisis. Government has taken action to ensure an additional \$1.9 million will be added to the fund, which is expected to help approximately 4,700 households between now and April 2026.

For customers not eligible for the Customer Crisis Fund, BC Hydro offers equal payment plans that spread out the cost of winter bills, and flexible payment plans. Lowincome conservation programs also offer income-qualified customers the opportunity to save energy and money. These programs have delivered approximately \$6 million in annual electricity cost savings to customers over the past four fiscal years. BC Hydro has also expanded its rate options for residential customers, offering more billing choices and new opportunities to save money, including optional time-of-day pricing and an optional flat rate, which will be introduced on April 1, 2025.

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WSO Condemns Stephen Harper's Remarks on Sikh Canadians in India

The World Sikh Organization government took a different of Canada (WSO) has approach to a "fringe minority" strongly condemned Canada's former Prime Minister Stephen Harper's recent remarks at the NXT Conclave in New Delhi, where he said he doesn't "entirely understand" the deterioration of Canada-India relations and insinuated that Sikhs who support Khalistan should not be "infiltrating" the Canadian government and "inhibiting good people-to-people relations between India and Canada."

"Frankly, I have been heartbroken to watch the steady deterioration of this relationship under my successor. I don't think I entirely understand why that is," Harper said.

His commentary was posted online on YouTube.

According to a Canadian Press report, Harper argued his that supports Khalistan and is "injurious" to Canada's relations with India. He said his government operated from the assumption that most Canadians have no interest in the secession movement.

"It is about time that all political parties and politicians in Canada made building those people-topeople ties, that represent the vast majority of our peoples, the priority — and not the priority of building relations with Khalistanis," Harper said.

"I will give the government of Prime Minister Modi great credit for not disrupting those people-to-people ties given the current coolness between the governments."

"In Canada, you have a right to be a Khalistani. It's a democratic

opinion," Harper said. "But it should not be infiltrating our governing party, and it should not be inhibiting good people-topeople relations between India and Canada."

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WSO argues that Harper's attempts to deflect blame onto the Sikh community for the current diplomatic crisis echoes Indian government disinformation and ignores the serious threat to Canada's sovereignty posed by Indian foreign interference and transnational repression.

WSO President Danish Singh said, "Rather than standing up for Canadian sovereignty, Stephen Harper appears to be prioritizing his business and trade interests with Indiaan unbecoming stance for a former prime minister. His refusal to acknowledge India's well-documented involvement



Stephen Harper

in extrajudicial killings and organized crime in Canada raises serious concerns about his motivations. Harper's claim that Sikhs who support Khalistan have 'infiltrated' the Liberal Party is not only baseless but dangerously inflammatory. His comments echoe Indian disinformation aimed at vilifying Sikhs and deflecting from India's foreign interference. Comments such as these contribute to anti-Sikh hate, which we see growing in Canada.

Continued on page 10



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A8 SATURDAY Mar 22, 2025 www.thelinkpaper.ca TOP NEWS

Liberal Party drops Ottawa MP Chandra Arya as candidate

The Liberal Party has barred Nepean, Ottawa Chandra Arya, from running for re-election in the riding he's represented for nearly a decade. The new information was apparently reviewed by the National Campaign Co-Chair

provided as to its content. In a post on X, the three-term MP said, "I have been informed by the Liberal Party that my nomination as the candidate for the upcoming federal election in Nepean has

been revoked. While this news is

of the party but no details were

deeply disappointing, it does not diminish the profound honour and privilege it has been to serve the people of Nepean — and all Canadians — as their Member of Parliament since 2015."

Arya posted a letter from the Liberal Party of Canada. The letter says the party had conducted a thorough review of Arya's eligibility, and "after careful consideration, based on a review of new information... the national campaign co-chair is recommending the revocation of your status as a candidate."

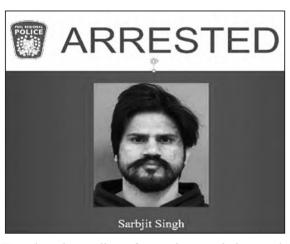
The letter does not include what new information led to this decision. Ottawa Citizen, a media outlet, reported, that when asked, Liberal party spokesperson Parker Lund did not specify why Arya was removed as a candidate, but said it was "in accordance with our national nomination rules." He included a link to the Liberal's 25-page rulebook for candidate selection, saying the nomination process for a new candidate in the Nepean riding "will proceed in due course, and be fully in line with our national

"Over the years, I have poured my heart and soul into this role. I am immensely proud of the work I have done as a parliamentarian, the unwavering service I have provided to the residents of Nepean, the principled stands I have taken on issues that matter deeply to Canadians, and the causes I have stood up for — even when it was difficult, even when it came at a personal or political cost," Arya said on social media. In January this year, he was barred from participating in the



race to select the next leader of the ruling Liberal Party.

Sarbjit Singh Arrested And Warrant Issued **Against Jobanjit Singh Of Brampton Involving Tow Truck Shooting**





Peel region police of Ontario have charged one individual and issued a warrant for another in relation to a shooting investigation.

In 2024, police responded to a physical altercation involving tow truck companies in a parking lot in the area of Bovaird Drive and Mountainash Road in Brampton.

A victim was located at the scene with minor injuries and was transported to a local hospital.

Following a lengthy investigation, investigators identified suspects. Sarbjit Singh, a 33-yearold man from Brampton, was charged with the firearm and assault with weapon.

He was held for a bail hearing and

appeared at the Ontario Court of Justice in Brampton.

An arrest warrant has been issued for Jobanjit Singh, a 25-year-old man from Brampton, for attempted murder and unauthorized Possession of a Firearm

Jobanjit Singh is encouraged to seek legal counsel and turn himself in to the police.

Police Arrest Several Youth Chasing Man In Surrey Mall

RCMP Surrey Provincial Police Service officers.

Operations Support Unit Numerous youths wer (SPOSU) officers investigated a weapons-related incident in the Guildford area of Surrey that has resulted in several youth being taken into custody and a number of weapons being

On March 18, 2025, police received a call from a man who said he was being chased and shot at by several youths who were armed with firearms and weapons in the area of 149 Street and 104 Avenue, Surrey. SPOSU members attended the scene and located numerous youths who appeared to be involved. Several of the youth fled the police and ran into and around Guildford Town Centre. Police resources attended the area, including the Lower Mainland Integrated Police Dog Service (LMD PDS), Lower Mainland Urban Patrol Helicopter Air 1, and Surrey

Numerous youths were taken into custody by police at various locations in and around the mall. Several youth are currently being held in custody and some have been released pending further investigation. At this early stage, at least one Airsoft gun and a can of bear spray has been recovered at the scene and officers are continuing their search for additional weapons that may have been discarded by the youth during the incident. There were no injuries reported to police as a result of the incident.

Anyone who witnessed the altercation or has information is asked to please call Surrey Police Service at 604-599-0502 and quote file 2025-14606 (SU), or contact Crime Stoppers at 1-800-222-8477 or www.solvecrime.ca if you wish to remain anonymous.

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Continued from Page 03

Surrey' Prabu Foods gets...

"We're grateful for the B.C. government's support expanding our manufacturing operation and the opportunities it brings. As next-generation farmers, our vision is to lead in creating value-added fruit products, support local farmers, and innovate for the future of farming."

Operating in the Fraser Valley, One Degree Organic Foods is a family-run organic food producer. specializing in oats, granola, cereals and flours made from organic, non-GMO ingredients sourced from Canadian and international farmers. It will receive as much as \$2 million to consolidate its four smaller locations into one larger, centralized facility in Mission,

purchase new equipment that will double production capacity to meet growing customer demand and establish new product lines, while creating 32 jobs.

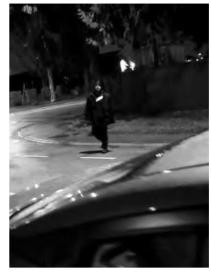
"With the support of the BC Manufacturing Jobs Fund, we are enhancing operational efficiency through a consolidated facility allowing us to better serve our customers," said Greg Dengin, CFO, One Degree Organic Foods Inc. "This investment increases our capacity and accelerates One Degree Organic Foods' ability to provide traceable organic products, while strengthening our connection to the Mission community and continuing to support job growth in British Columbia."

Surrey Police request assistance to identify suspect in threatening incident

Surrey and **RCMP** Surrey Provincial Operations Support Unit (SPOSU) officers are requesting the public's assistance to identify a suspect in an incident that occurred on the evening of March 11, 2025.

At approximately 9:11 pm on March 11, 2025, a man was walking in the area of 188 Street and 58 Avenue, Surrey, when an unknown man approached him and allegedly began to threaten and assault him.

Through the course of the investigation officers have been able to obtain an image



of the suspect and are asking

for the public's assistance identify him. The suspect is described as an adult Caucasian male approximately 5'9" tall with a heavy build. He was wearing a black hoodie, black pants, and black shoes. If anyone knows who the suspect is or if they have information, police encourage them to please call Surrey Police Service at 604-599-0502 and quote file 2025-13229 (SU) or contact Crime Stoppers at 1-800-222-8477 or www. solvecrime.ca if you wish to remain anonymous.

SATURDAY Mar 22, 2025 A9

Suspect arrested in **Cloverdale stabbing that** sent woman to hospital

Currey police arrested and Charged one person who sent a woman to hospital with nonlife-threatening injuries after an afternoon stabbing in Cloverdale. Shortly after 12:30 pm on March 16, 2025, RCMP Surrey Provincial Operations Support Unit (SPOSU) frontline officers responded to a call that a woman had been stabbed by a man near a residence in the 6300 block Sundance Drive, Surrey.

The victim made her way to a neighbouring house where she received first aid treatment from the neighbour and SPOSU officers. The suspect Tyler James Heiling, who is known to the victim, left the

scene in a vehicle prior to police arrival. The victim was transported to hospital by BCEHS for treatment of non-life-threatening injuries.

The suspect was located in Langley and was taken into custody by the Langley RCMP at approximately 2 pm without incident. He was transported to Surrey Police Service cells and remains in custody until his next court appearance which is scheduled for March 21, 2025.

If you witnessed the incident and have not spoken to police already, or have any information, please call Surrey Police Service at 604-599-0502 and quote file 2025-14170 (SU).

Surrey Man Arrested For Assaulting Nurse With A Weapon At Langley Hospital

On March 8, 2025 at approximately 12:15 am, Langley RCMP responded to a report of an assault in progress at the Langley Memorial

Officers arrived and located hospital security who were engaging with an alleged suspect that had physically assaulted a nurse and had produced an edged weapon. A 37-year old man from Surrey was arrested for assault and assault with a weapon. The suspect has been released from Police custody to appear in court at a later date. "It's deeply concerning, not only for the community but also for hospital staff who are simply doing their best to provide health care to everyone," said Sergeant Zynal Sharoom of the Langley RCMP. "No individuals were injured as a result of this incident."

Anyone with information about this incident who has not yet spoken with authorities is to contact the Langley RCMP and quote file 2025-6823.

Shots Fired into Unoccupied Car in Delta

■ Department (DPD) was investigating a report of shots fired call in the 9400 block of River Rd, Delta, BC that occurred at 10:49 this morning. There are no injuries; however, a vehicle has been located with bullet holes.

Investigators believe that this incident was targeted. There was a heavy police presence in the area, and police asked that the public remain out of the area while police investigate. Officers believes the suspect fled the area. The suspect is described as male, wearing all black clothing.



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A10 SATURDAY Mar 22, 2025

Punjabi Language Making Big Strides in Canada

By Balwant Sanghera

 $P_{(\text{PLEA})}^{\text{unjabi Language Education Association}}$ Punjabi language in Canada and BC for more than 30 years. Every year, it celebrates International Mother Language Day to create more awareness about out mother tongue in the community.

This year's celebration held at Taj Park Convention Centre in Surrey on Sunday, February 23 was a great success. The PLEA team of dedicated volunteers did a great job in making this celebration a memorable one. Throughout the year, PLEA continues to lobby various levels of government, private organizations, businesses and the community promoting Punjabi. Incidentally, in Canada, Punjabi has now become the third most spoken language after English and French. It has more than two million speakers of Punjabi all over Canada. Internationally, Punjabi is the tenth most spoken language in the world with more than 150 million speakers.

In this context, it is very encouraging to see several government and non-government



This year PLEA organized International Mother Language Day celebration at Taj Park Convention Centre in Surrey on Sunday, February 23

organizations and businesses provide their services in Punjabi. Most of our banks, credit unions and other financial institutions, hospitals, city halls and other organizations are proud to provide their services in Punjabi as well.

Vancouver International Airport was one of the first ones to provide services in Punjabi at the airport and welcome international passengers in Punjabi. Similarly, public corporations like ICBC provide their claim services in Punjabi. A lot of banks have their ATM services in Punjabi as well. More services in Punjabi at various levels are being added to the list. PLEA is very thankful to all of them for their support for Punjabi.

Recently, upon public demand, PLEA has approached Canada Blood Service to participation by Punjabi speakers. Printing

provide its services in Punjabi as well. We have brought to the attention of the authorities that the Punjabi community is a very generous community and would like to participate more actively in their blood donation drives.

However, some language barriers need to be removed to encourage more active

the forms and criteria for blood donations etc. in Punjabi will certainly help. The provision of Punjabi speakers to help the donors is already being done and appreciated. In order to make appropriate changes in the Provincial language policy and promotion of Punjabi, PLEA has been in touch with the Minister of Education and Child Care, Ms. Lisa Beare and her staff. Their response is encouraging

British Columbia is a favorite tourist destination for tourists from other parts of Canada and the world. PLEA has requested the Minister of Tourism, Art, Culture and Sports Mr. Spencer Chandra Herbert to place welcoming and exit signs in Punjabi at all of the border entry points with other provinces and states. A meeting in this regard with the Ministry officials was very encouraging. We hope that this will be done as soon as possible. In addition to these, PLEA is also pursuing several other avenues to promote the Punjabi language in BC and Canada. For this, we are very thankful to all of the well-wishers and supporters of Punjabi.

(Balwant Sanghera is president of PLEA)

It is unbelievable that Pt. Vijay shastri appeared like an angle of god and helped gurcharan Singh living in the USA.

It is a story of Mr. all the truth spoken Gursharan born in India at did not believe on Amritsar, at present the predication. Pt. living in the USA. He left India and resided at USA (America) since gastation. Inspite of true there will be hard work, he could hard time for you. not save any money having one and one daughter, he left gastation interview job and joined as Canadian embassy day he read about pt. Vijay shastri in the newspaper. He met to Vijay ji with his friend at New York. He connected him even on phone. Whatever pt. Vijay ji told Gursharan Singh, he Was astonished to listen

Singh by pt. ji. His friend Vijay told his friend that after one and half year there will be hard time for 1994. He Worked at you. It happened It happened true when Gursharan Singh Went for taxi driver. One for appearance Canada immigration the officer asked him Where are kids. your They Were in India she immediately asked gursharan Singh that very shortly the will be here. You apply can

for them today onwards. He is living a good life at Canada with his Wife. His son and daughter done there medical. All family members are Very thankful to pt. Vijay shastri ji for guiding him properly done something special his for family. Anybody who wants know about this incident or any of their miseries, pain, they can call pt. Vijay shastri ji on the following members: Toll free number

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Continued from Page 07

WSO Condemns

If Harper truly values 'good people-to-people relations' between Canada and India, he should condemn India's foreign interference and involvement in criminal activities here—not scapegoating Canadian Sikhs. A strong bilateral relationship must be built on respect for Canadian sovereignty, the rule of law, and the safety of our citizens. The WSO calls on all Canadian political leaders to unequivocally reject Harper's divisive and misleading statements. Instead of pandering to the Government of India, Canada must remain steadfast in defending its sovereignty, upholding justice, and ensuring that those responsible for crimes against Canadians are held accountable."

Conservatives write letter to PM Carney to publicly disclose his assets

Michael Conservative Barrett, Shadow Minister for Ethics Accountable Government, has sent a letter to Mark Carney asking him to publicly disclose the full extent of his financial

Barrett referred to the article on March 15th, in the National Post regarding Carney's financial entanglements with Brookfield Asset Management, where Carney previously held a senior leadership role. "The details of this report are worrisome to many Canadians," Barrett said in the letter.

February 25, you categorically stated, "I do not have a connection with Brookfield Asset Management." Yet in a new report in the



Michael Barrett, Conservative **Shadow Minister**

National Post, you notably did not deny continuing to hold Brookfield assets: "Despite repeated attempts, Brookfield Asset Management and Carney's transition team have declined to clarify if the new prime minister still possesses any financial interest in Brookfield.' Canadians are left wondering if you have lied to them yet again," the letter written to Carney states. According to the Post, Carney remains entitled to carried interest payments from Brookfield's investment fundspotentially amounting to tens of millions of dollars in the coming

Carney announced last week that he has put his financial assets into a blind trust to shield himself from any conflicts of interest. But that hasn't stopped Conservatives from calling on the new prime minister to publicly disclose his financial holdings, suggesting that Canada could be in an election campaign before Carney's assets are publicly



Mark Carney

disclosed.

"While you claim that placing these assets in a blind trust is sufficient, carried interest cannot truly be separated from its owner. You are still aware of its existence, its potential value, and the policy decisions that could impact their profitability. What's more, as you were highly involved in setting up these funds, you are intractably aware of what investments these Brookfield funds hold. And unlike stocks, your presumed stake in these Brookfield funds cannot be freely traded. Your 'blind' trust

would hold these Brookfield fund assets unchanged. For this reason, a blind trust is not an ethical safeguard in this situation—the only responsible course of action is full disclosure and divestment," the letter said. Asked Monday if he should disclose what financial holdings he had before they were put into the blind trust, Carney said he has exceeded the expectations of the current rules and is being held to a different standard. "I'm complying with the rules of the ethics commissioner, going through the processes and all those things that are necessary," he said, before pivoting to point out that Conservative Leader Pierre Poilievre has refused to get his security clearance.

SATURDAY Mar 22, 2025 **A11**

When pressed by reporters about his assets, Carney pushed back and said the questions rely on an assumption of "ill will."

"Your line of questioning is trying to invent new rules. I'm complying with the rules that Parliament has laid out and... I will continue to comply with those rules," he said.

NDP will build F-35s in Canada, invest in **Canada's North and Arctic sovereignty**

TDP leader Jagmeet Singh announced Sunday his plan to repatriate Canada's F-35 contract so the jets are built in Canada, not the United States. Singh also announced a plan for new investments in Arctic sovereignty and defence.

Singh said the NDP will increase defence spending to two per cent of Canada's Gross Domestic Product by no later than 2032, with an emphasis on making investments that support Canadians, communities, those who are serving in the Canadian

Armed Forces (CAF) and Veterans. That includes a commitment to build 5,000 new affordable homes to end the military housing shortage.

"The world is less safe and predictable today than it has been for decades. Canadians expect our military to be capable of protecting Canadians at home and contributing to a safer and more peaceful world," said Singh. "Too often we have left our Armed Forces without the equipment they need, without the supports they deserve. It's time to change that - to recruit, protect and respect Canadian Armed Forces members.

"At a time when Donald Trump has threatened not just workers and jobs, but Canada's very sovereignty, it's a matter of national security that our defence technology not be controlled by the United States. That's why we'll repatriate the F-35

contract, and build the fighter jets Canada needs in Canada, using Canadian workers."

If Canada buys its F-35s from the United States, that government will retain complete control of the software and hardware upgrades required for continued

operations of the planes a strategic vulnerability that could even ground the jets.

Singh said new defence spending will also include protecting Canada's Arctic sovereignty by building new

marine search and rescue stations including in central Nunavut – building new small craft harbours, and enhancing the capacity of the Canadian Rangers, ensuring Rangers are properly compensated and reimbursed in a timely manner for the use of their own equipment. Singh said an NDP government's investments in defence spending will also include giving soldiers a raise, buying new equipment to keep them safe and providing health care and mental health care to CAF members and Veterans without waits.

Continued on page 30



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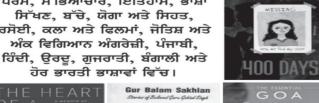
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RESTORATIONS

Indian Diaspora Day Highlights Community's Role in strengthening India-Canada Relations



By Surbhi Gogia

How does one capture the spirit of an Indian immigrant in Canada—torn between nostalgia for their homeland and the promise of a new land? British Columbia's Attorney General and Deputy Premier, Niki Sharma brought this sentiment to life by sharing a personal anecdote on Indian Diaspora Day Celebration. She recalled how her father would add jeera and Haldi to Canadian macaroni and cheese, blending familiar spices into a Western staple.

The story serves as a powerful metaphor for the Indian diaspora, who with strong multicultural upbringings, are naturally adept at embracing new cultures while preserving their heritage.

Reflecting on her own journey, Sharma spoke of her family's move from Uttar Pradesh to a small Canadian town and their determination to adapt and thrive despite numerous challenges. Her rise to the top as the first woman of Indian origin to become Deputy premier and attorney general of BC stands as a testament to the growing influence and contributions

of Indian-origin Canadians in shaping the nation's future.

The Diaspora Day celebrated many such inspiring stories of Indian-origin people. The event was organized by the Consulate General of India in Vancouver on March 15 at Fraserview Banquet Hall in Vancouver. With over 400 people participating, the event brought together leaders, associations, community members, to celebrate this resilient spirit of Indian-origin people and the role they play in making Canada a better place.

The event also highlighted the role of the Indian diaspora in strengthening India Canada relations amidst trade war with the US and bridging the diplomatic gap created during the past two years between India and Canada.

In his opening remarks, Consul General of India, Masakui Rungsung, lauded the Indian community for its significant economic, social, cultural, and political contributions to Canada. "It is easy for us to integrate into diverse societies because India instills the values of coexistence in a multicultural environment," he said. "We are an inclusive and tolerant society. That is why we say Vasudhaiva Kutumbakam—the world is one family." Rungsung also pointed out that India's status as one of the fastest-growing economies, combined with its youth population, makes it an attractive



destination for Canadian businesses.

Raj Chauhan, Speaker of the BC Legislature, paid tribute to the sacrifices made by early Indian settlers in Canada, who fought for their rights and paved the way for the present generation. "We have come a long way from petitioning for a place in the legislature to becoming lawmakers ourselves," he noted, reflecting on the community's hard-earned progress.

Other dignitaries included Jagrup Brar, Minister of Mining and Critical Minerals of BC. Parliamentary Secretary Sunita Dhir and Rohini Arora also shared greetings on this occasion. All leaders spoke about their India connections, and huge opportunities for cooperation available between the two countries.

Dave S. Hayer, a recipient of the Pravasi Bharatiya Samman Award, addressed recent diplomatic tensions. He said that India-Canada relations have faced serious challenges in recent years due to foreign interference claims. Ironically, the real example of foreign interference is the United States threatening to make Canada its 51st state.

There were two Panel Discussions on Social and Cultural and Economic and





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TOP NEWS www.thelinkpaper.ca SATURDAY Mar 22, 2025 A13

















Business relations between India and Canada. The panel discussions featured dynamic conversations on the future of the Indian-Canadian identity, business opportunities, Investment and the role of technology and innovation in strengthening the bond between India and Canada.

Diaspora Associations put up beautiful decorative stalls exhibiting ODOP

products and cultural display from several states including Assam, Bihar, Jharkhand, Rajasthan, Kashmir, Telangana, Andhra Pradesh, Kerala, Odisha, Karnataka, Gujarat and West

Bengal.

During the event Consulate also displayed and promoted Coffee gifted by Coffee Board of India which was enjoyed by the guests.

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Declare by March 31, 2025 at **gov.bc.ca/spectax** or by calling toll-free **1.833.554.2323**

Making Housing More Affordable



Continued from Page 01

Happiness #MadeinCanada: Canada ranks 17th in new...

This year's report proves we underestimate how kind the world really is. If we want stronger communities and economies, we must invest in what truly matters: each

One key finding unpacked in this year's report is that happiness isn't just about one's own actions - it's also about assuming the best of others. Based on studies that looked at whether people expected others to return a lost wallet, Aknin and her co-authors say people underestimate the kindness of others with the rate of wallet return being twotimes higher than expected.

What we think of others has a large impact on our own well-being as well as how we interact with the world, says Aknin. "If you don't expect to see kindness from others, you might not offer them an opportunity to engage," she says. "And then you only see what you were expecting all along."

The annual report is published by

University of Oxford, in partnership with Gallup, the UN Sustainability Development Solutions Network and an independent editorial board.

Country happiness rankings are based on a three-year average of responses to Gallup World Poll question assessing life evaluations. Predictors of cross-country differences are based on quality-of-life assessments, including each country's gross domestic product (GDP) per capita, healthy life expectancy, having someone to count on, a sense of freedom, generosity and perceptions of corruption.

Rising populism, shrinking trust

Declining happiness and social trust in the U.S. and parts of Europe can help explain the rise of populism and antisystem votes, report authors say. Trust how much people trust their neighbours, communities, and government – is a key feature that helps researchers identify where people fall on the political spectrum. "Those that lean right tend to have lower to have higher levels of trust," Aknin says. The report also found that social trust - the main predictor of deep cultural divides - is tumbling in the U.S., with just 30 per cent of Americans reporting trust in others. Gen Z happiness on the decline

Canada, the U.S., Australia, and New Zealand saw the biggest declines in happiness in young adults in this year's

More people from top-ranking countries reported having someone they can turn to for support when times are tough - and social connection is vital to young adults' well-being - but the report flags an alarming trend.

In 2023, 19 per cent of young adults across the world reported having no one they could count on for social support, from 39 per cent in 2006.

"This perceived lack of support is critical and worrisome because social relationships are a key source of happiness," Aknin says.

The report also looks at the growing trend of eating alone. Close to 20 per cent of Americans now eat most of their meals solo, an increase of 53 per cent over the last two decades. According to the report, eating meals alone is an important measure of social connection, on par with income level and unemployment, and a key predictor of happiness.

Continued from Page 01

BC Removes Consumer.

British Columbia don't feel the pinch when filling their cars or heating their homes."

As that work is underway, B.C. is also readying legislation to eliminate the scheduled increase to the carbon tax that would otherwise have occurred on April 1, 2025, Premier informed.

However, Eby said that this is only for consumers not for big corporates. "While we eliminate the consumer carbon tax, will continue to ensure big

> industrial polluters pay their fair share by maintaining an effective price on carbon for large emitters. Our goal is to incentivize industry to adopt lower-carbon technologies maintaining competitiveness."

> Valeriote, Jeremy Interim Leader of the BC Greens questioning the move. said, "The BC NDP's decision to end the carbon tax and associated rebates leaves many questions unanswered. The province had budgeted billions in carbon tax revenue over the coming years. If this revenue source is eliminated, what is the plan to make up the shortfall? What programs or services will be cut to fill the gap?"

> Valeriote added, "Beyond finances, what is the province's

plan to address affordability and reduce emissions, to meet the climate crisis head on? And how will they support lower-income British Columbians who were counting on the next rebates in April and then again in July?" Conservative Leader Pierre Poilievre, on the other hand pledged to remove the entire carbon tax including the federal backstop that requires the provinces to impose an industrial carbon tax. "This will take the tax off Canadian steel, aluminum, natural gas, production, concrete food and all other major industries, lowering prices and bringing

home powerful paycheques for

Canadians." "The full carbon tax law which lets the Carney-Trudeau Liberals keep the tax and raise the tax - is still in place today, even after Mark Carney tried to hide the tax just a few days ago. That law would still raise the tax every year until it hits 61 cents a litre in 2030. Poilievre said "Carney will hide the tax for the next two months until after the election is over, when he will bring back a bigger 'shadow carbon tax' without any rebate. All Carney has to do is flip a switch to turn the tax back on gas, heat, farmers and everyone else," Poilievre said.



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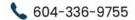


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BATH HOME with 2 BED MORTGAGE HELPER! New Floors, Kitchen, Bathrooms, Paint and more! An exceptional opportunity awaits in this burgeoning location, ripe for development and investment. Situated amidst a wave of new construction, the Sixth Street Area Plans endorse mixed-use development of up to 6 stories, featuring ground-level retail. This dynamic neighbourhood has witnessed the success of numerous multifamily projects in recent years, alongside the emergence of local businesses, fostering a lively community atmosphere. Moreover, the current C-4 zoning permits a variety of uses, including automotive showrooms, retail sales of auto parts,

14096 113A AVENUE



Indulge in luxury living in this magnificent residence with breathtaking mountain views, ideally situated near the city center. The expansive living and dining areas, paired with a cozy family room on the main floor, offer ample space for both relaxation and entertainment. Upstairs, you'll discover five bedrooms and four bathrooms, including an oversized master suite featuring a lavish spa-like ensuite and a spacious walk-in closet. Thoughtfully designed with high-end finishes, this home also includes a double car garage, radiant heating, air conditioning, and more. Additionally, benefit from the potential for rental income with separate suites (1+1).

7893 147A STREET



CUSTOM BUILD! Immaculately maintained, this home feels brand new. Nestled on a 6700+ sq. ft. corner lot in the serene neighbourhood of Chimney Hill, this 5000+sq.ft. residence boasts 8 bedrooms, a rec room, and 9 baths with a spacious floor plan. The grand entryway with high ceilings extends into the living room, while the expansive kitchen offers abundant cabine space and includes a large spice kitchen with a pantry The main floor also features a generous family room, a 2piece powder room, and a bonus master bedroom with a

14750 62A AVENUE



SULLIVAN STATION BRAND NEW HOUSE Features 8 BEDROOMS & 7 WASHROOMS! You are welcomed into this custom built beauty with beautiful finishings. Bright and spacious living and dining rooms. Custom built kitchen along with a spice kitchen! Huge family room with big windows to soak in that natural light.



SULLIVAN STATION BRAND NEW HOUSE Features 8 BEDROOMS & 8 WASHROOMS! You are welcomed into this custom built beauty with beautiful finishings. Bright and spacious living and dining rooms. Custom built kitchen along with a spice kitchen! Huge family room with big windows to soak in that natural light. There is also a den/bedroom on the main with a FULL washroom. Glass railings throughout. Modern design and finishings. Upstairs there are 4 bedrooms, 3 with their private ensuites and good size closets! Also a patio! In the basement there is a media room perfect for entertaining with a 2 piece washroom

Stunning Brand-New Corner Home in Brookswood - 100 Ft Frontage!Welcome to your luxurious oasis in the heart of Brookswood! This custom-built masterpiece offers 6 bedrooms, 7 bathrooms, and a legal 2-bedroom suite—perfect for extended family or rental income. Step inside to an elegant openconcept layout designed for modern living. The upper level boasts 4 spacious bedrooms, each with its own walk-in closet and private ensuite, ensuring ultimate comfort. The entertainment-ready basement is a true showstopper, featuring a theatre room and stylish bar, ideal for hosting unforgettable

16918 OA AVENUE



Imagine your ideal home on this generous lot of over 3905 square feet. This cleared and ready-to-build space is perfect for bringing your dream residence to life.

22109 OLD YALE ROAD



Renovated Cozy Rancher in the Murrayville area Discover this updated 3-bedroom, 2-bathroom rancher in Upper Murrayville, nestled on a 7,000 sqft lot with a spacious, private backyard. Thoughtfully maintained, his home features an open-concept layout that's perfect for downsizers or young families. Recent updates include full interior paint and baseboards (2022), double-glazed windows, A/C, pot lighting in the kitchen, updated bathrooms, and a stone gas fireplace, plus a roof that's only 11 years old. A double-car garage adds convenience, while the prime location places you stone from James Hill Elementary, and close to steps from James Hill Elementary and close to Murrayville Square, WC Blair Rec Centre, IGA, Ralph's Farm Market, Shoppers Drug Mart, Willowbrook Mall,

10618 10620 142 STREET



Duplex with 2 bedroom, 1 bathrooms on each side in a Great area sitting on a BIG lot. Excellent Investment location provides easy access to top-rated schools, Opportunity.



CORNER UNIT ALERT! This stunning, brand-new CORNER 5-bedroom, 6-bathroom duplex in the ighly desirable Willoughby area offers modern living at its finest. Featuring a spacious, open-concept design, high-end finishes, and large windows that fill the home with natural light, this property is perfect for families or investors alike. Includes a well-appointed open concept kitchen that has premium appliances, a ozy great room, and private outdoor spaces Upstairs 3 there are bedrooms ALL with their own PRIVATE ensuites! Bonus 2 bedroom suitable option parks, shopping, and transit, making it an ideal choice

WHITE ROCK BEAUTY! 6 Bed 3 Bath on a MASSIVE 7440 Sq.Ft OCEAN VIEW LOT with a 3 Bed Mortgage helper! Upstairs rented for \$2600. Downstairs rented for \$2400. This charming character home is situated on a tranquil street in White Rock, boasting stunning south and west ocean riews. The neighboring houses and street slope away, providing unobstructed views of Blaine, the

for those seeking both convenience and comfort. 16910 1 AVENUE 10107 173 STREET 1837 COOUITLAM AVENUE 18700 92 AVENUE



Rare opportunity to own one of the last remaining half-acre lots in the sought-after Port Kells area! This prime, fully usable corner lot is perfectly positioned in accordance with the updated NCP/OCP 2024 Plan- Employment lands which allow for business park uses, such as logistics, warehousing, light impact industrial, high-tech industrial, office, and service uses. This property is an excellent investment or holding opportunity.



Over 13,000 SF Fully Serviced Lot - Ready to Build! Nestled among parks and the Fraser River, this stunning lot offers an unbeatable setting for nature lovers. Just a short walk to Tynehead Park | prime | location. Cleared | and | ready | for | Floor features open plan with lovely Kitchen and Perimeter Trail and Surrey Bend Park, it's the perfect spot for outdoor enthusiasts. Conveniently located near Hwy 1 and Hwy 15, enjoy easy access to both the city and the valley. Building plans are available upon request.

\$1,068,000

Imagine building your dream home on this Brand New Beautiful house in very popular area expansive 4,005+ square foot lot, a rare of Port Coquitlam. 6 Bedroom house with 2 opportunity to create the perfect living space in a | bedroom Legal suite has great potential. Main construction, this property offers endless spice kitchen which is every Chef's dream. possibilities, including the option to build a Family room and Dining Room with nicely three-level duplex or a spacious three-level finished ceilings. Upstairs features 4 Bedrooms home with a legal suite, ideal for multigenerational living or rental income.

and 3 Bathrooms . Huge Master bedroom with Ensuite and WIC is amazing

5 Lots in Fraser Heights \$1,369,000 PER LOT

Semiahmoo Resort, and Peace Arch Park. The home

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beam style with vaulted ceilings

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FOR SALE

4000 sq. Ft. Exclusive listing CD Zoning, Perfect retail/wholesale business. Centrally located, heart of Newton. Must see. Price is \$4,499,000.

FOR SALE 12335 83A AVENUE

Free standing non strata building in the heart of west newton. Rare find 5 loading docks plus one level loading. Almost half a acre of land. 22 feet ceiling height. Total 5 units, 3 are used by the owner and 4500 sq ft leased for app \$12000.00 a month gross. Owner is in the process of legalizing Mezzanine. Very long possession is possible. Very convenience location and only steppes away from 84 ave and 124 street.

\$8,990,000

FOR LEASE 11316 CONFIDENTIAL



A highly profitable, busy and well established convenience store for sale in the Heart of downtown Vancouver. Close to Skytrain and surrounded by offices, this convenience store enjoys plenty of foot traffic and fantastic daily sales boosted by vapes and accessories.

PIZZA FOR SALE 120 30485 CARDINAL STREET \$210,000

Very nice and clean business with double oven, walk in cooler, walk in freezer, food prep cooler, storage and many many more. Open 3pm and been operating from long time on this location. Great potential for adding food etc to this location and there is lots of extra space for that. 1400 sqft space.

FOR SALE OR LEASE 103 8363 128 STREET



Red FM Plaza with heavy exposure, popular plaza in front building exposure. Presently tenant occupied however tenants are willing to move any time. Ground floor and double door entry. Assets or share sale. Building can be used for multi-purpose, like schools, offices, etc. High ceiling and beautifully built mezzanine office. Retail style unit. Also have lease option see MLS C8062002.

2 Unit Warehouse

total 2625 Sq ft, prime location 123st and 84 ave area, \$2,900,000 for both.

FOR SALE



11933 96 AVENUE

This stunning custom-built home in the desirable Royal Heights neighbourhood of Surrey sits on an expansive 8,500 sq. ft. lot, offering ample outdoor space and privacy. On the market for the first time, this home features a bright and airy interior designed with modern finishes, and large windows that flood the home with natural light. Two separate laundry. A separate rental suite provides excellent income potential or an ideal in-law suite. Located within walking distance to shopping, restaurants, parks, and schools, this home offers convenience and ease of living. Extra-large garage with additional room for your hobbies or extra storage.

FOR SALE



118 225 FRANCIS WAY

Located in the heart of New Westminster, this stunning one-bedroom unit at the Whittaker combines elegance and comfort for an exceptional living experience. With large windows that flood the space with natural light, the open-concept layout features a modern kitchen with granite countertops and stainless steel appliances. Move-in ready, this home is perfect for those seeking both urban convenience and a peaceful escape. The Whittaker's exclusive "Boiler Room" clubhouse enhances the lifestyle with a fully equipped fitness center, media room, and a party space for larger gatherings.

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Total ASE 16, on 2 levels.

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FOR LEASE

4.363 acres of prime land in the heart of Surrey. Near 152st and 68ave. ALR is designated as an industrial business park. (Truck parking only not allowed)

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3000sq ft. warehouse, 1500sq. ft. up and down, near payal business center

\$2,049,000

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Auto etc.

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Warehouse for Lease

2637sq ft, Newton area 124st and 82ave., end of January. \$17 sq ft. plus \$6 additional rent.

Liberals rise again: Survey finds Carney-led party surges into majority territory

Singh's party down to single digits as left of centre voters stampede away from the NDP

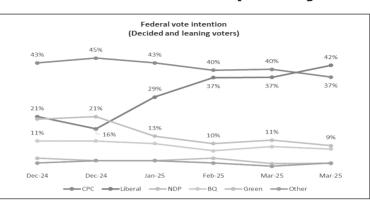
Awhirlwind first quarter of 2025 has swept up Canadian politics and tossed it back down in an unrecognizable jumble.

New data from the non-profit Angus Reid Institute finds the governing Liberal Party – led by newly sworn-in Prime Minister Mark Carney – surging to a five-point vote intention advantage nationally after trailing by 29 points in late December. Were these numbers to hold, with the Liberals at 42 per cent in vote intention, what was a tired, discardable brand just three months ago would be on its way to a fourth term, this time with a majority.

The causes are myriad, with Conservative leader Pierre Poilievre losing two of his biggest targets – Justin Trudeau and the carbon tax – and U.S. President Donald Trump generating a wave of Canadian pride and nationalism with tariff and annexation threats. Over this three-month period Liberal support has jumped 30 points in the city of Toronto, 25 points in 905 ridings.

There are serious caveats, however.

While the party has skyrocketed into majority territory not seen since 2016, much of this vote intention lacks solidity. Half of would-be Liberal voters currently say they're very committed to this position (49%), 17-points lower than the CPC base (66%). That said, Carney enters the job with some key advantages over



Poilievre. He is seen as best to handle the ongoing trade war and Trump's annexation threats by a majority of Canadians, while Poilievre is seen as best by three-in-10. The same proportions say this when considering which leader will capably steward Canada's economy more broadly.

More bluntly, 41 per cent now view Carney as best suited to be prime minister compared to 29 per cent for Poilievre. At least measurement, with Trudeau sitting in the PM chair, Poilievre led the Liberal leader by 19 points on this question. According to survey, the

Liberals now hold two key advantages in vote. In Ontario, 47 per cent would support that party while 41 per cent would vote for the CPC. The Liberals are also in first place in Quebec (39%) with a seven-point lead over the Bloc Québécois (32%). Vote intention is tied in B.C. and Manitoba, while the CPC lead has shrunk but is still massive in Alberta and Saskatchewan.

Both of Canada's longer serving federal party leaders continue to face negative public opinion trends. Poilievre is viewed favourably by 35 per cent and unfavourably by 55 per cent (-22); Singh is viewed favourably by 33 per cent and unfavourably by 58 (-25).

Union Certification Of Uber Drivers In Victoria Would Position Drivers To Negotiate First-Ever Collective Bargaining Agreement

Off the heels of a relentless organizing campaign that spanned across Victoria, B.C. Uber drivers have secured enough card support for the B.C. Labour Relations Board to order a union certification vote.

Uber drivers continue to organize for decent labour standards that include minimum earnings, health and safety protections, changes to the app's rating system and issues surrounding basic job security and platform deactivations.

"Uber drivers in Victoria are making history due to their determination and resilience to improve not just their working conditions but working conditions for app-based workers around the world," says Pablo Godoy, UFCW Canada Director of Emerging Sectors. "The opportunity to gain union certification will allow our

newest members to negotiate a first of its kind collective agreement that has the potential to formalize work in their sector and allow drivers' themselves to have a direct say in their working conditions."

Uber drivers will have the opportunity to make their voice heard in the comings days as the B.C. Labour Relations Board makes a decision on when to order a vote. "This application represents a watershed



moment for app-based workers in British Columbia and across Canada, and we congratulate Uber drivers in Victoria for their leadership.

Continued on page 30

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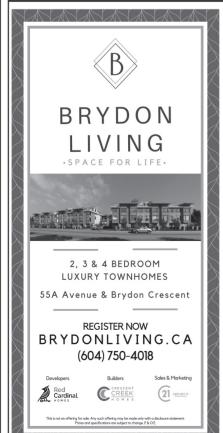
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14379 66A AVENUE

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6 BED - 4 BATHS - 10,318 SF

This Beautiful House sits over a 10318 Sq. Feet Lot in prime neighbourhood of East Newton & features with Three Bedrooms & Two Washrooms including extra large master bedroom with ensuite and a Balcony, Huge Living Room, Dining Room & a separate Family Room UPSTAIRS. Downstairs comes with two mortgage helpers (2+1), Fully Renovated with lot of updates like both new Kitchens, Bathrooms, flooring, Lighting, Hot Water tank & Furnace. Enjoy the tranquility & quietness of Cul-de-sac with your morning tea sitting on the Front Patio. Close to all Amenities.

ASKING 1,599,000

5758 131 A STREET SURREY



11BED - 11 BATHS - 20,255 SF LOT

BEAUTIFUL HOUSE UNDER CONSTRUCTION IN PRIME NEIGHBOURHOOD OF PANORAMA

ASKING 4,000,000

9097 BROADWAY STREET



3 BED - 1 BATH - 10,019 SF LOT

Builder's Alert! The Property is sub dividable and has been rezoned R1-C. PLA Application has been submitted to City & is in process. Excellent Heritage style home with three bedrooms and one bathroom . Large Private backyard.

ASKING 924,000

11956 98 AVENUE, SURREY



7 BED - 5 BATHS - 6,600 SF

Welcome to Your Dream Home! This beautiful renovated home at a prime location in a quiet neighbourhood of Royal Heights features with 7 Bedrooms & 5 Washrooms, very spacious open concept kitchen with quartz countertops & spacious open concept kitchen with quartz countertops & stainless steel appliances, Huge Living Room & Family Room, tons of Natural Light, Stone front, Glass Railing, Air Conditioning Upstairs. 2+1 Bedroom Suites as great mortgage helpers. Enjoy your morning tea in the open front deck or the covered sundeck in the backyard. Easy Access to Hwy 17, Scott Rd Skytrain station, Schools and Shopping.

ASKING 1,699,000

7028 142 STREET, SURREY



5 BED - 5 BATHS - 7,107 SF

Welcome to this well-maintained and updated home in the heart of Newton with over 7100 sqft lot with 77 feet Front just steps away from school and Bus Stops. Upstairs there are 3 bedrooms and 2 full bathrooms with a living room, dining room and kitchen along with a bonus Family room. There are 2 separate balconies off the Family & Living Room. 2 Mortgage helpers [1 bedroom each) currently rented to Nice tenants. There is one full extra bath Downstairs. This home has lots of options to rent. The home features an updated kitchen (2015) updated washrooms (2017) and has been freshly painted. The roof has been updated as well in 2017. Walking distance to George Vanier Elementary school, daycare and to public transportation. THIS IS A MUST SEEII Please book your private Showings.

ASKING 1,699,000

10095 FAIRVIEW DRIVE, CHILLIWACK



4 BED - 2 BATHS - 9,750 SF LOT

best & prime neighbourhood of Fairfield Island in Chilliwack. This Beautiful Rancher with Basement house sits on a huge 9750 Sq. Feet Lot with a wide frontage of 75 feet & a Subdivision Potential (Please confirm with City) features with 3 Bedrooms & 1.5 Washroom on the main floor with a spacious kitchen equipped with Stainless Steel appliances. Downstairs you got a very spacious space, complete with two large Recreation/family rooms plus a bedroom and storage area. Roof was replaced 2-3 years back. Close to all shopping amenities, plenty of schools nearby and more parks within walking distance than

ASKING 929,000

1001 14881 103A AVENUE



2 BED - 2 BATHS

Best Opportunity for the first time home buyers & nature lovers to enjoy the scenic beauty, spectacular north shore & panoramic coastal mountain views. This amazing Corner unit features with 2 Bedrooms & 2 Bathrooms with a Huge Master Bedroom Ensuite, A Good Size Living Room, Dining Room with fully renovated kitchen with quartz countertops & new kitchen cabinets, New stainless steel appliances & pot lights. All these appliances & renovations were done two years arpet in the whole unit is one year old. You walk to Guildford Town Centre, TNT Supermarket, dining, public library and highways. The maintenance fees include gas & hot water, One Storage locker & One Parking. There is also a bike room and lots of outdoor Visitor Parking.

ASKING 589,000

5748 123 Street Surrey



7 BED - 8 BATHS - 20,211 SF

Welcome to Your Dream Home! This Beautiful & Luxurious Architectural Masterpiece on a CORNER HALF ACRE LOT in the most prestigious neighbourhood of Panorama Ridge Features with Elegant Porte-Couchette Hotel Like Entrance with circular driveway, Italian Bricks Exterior, Open Concept Kitchen with Custom Italian Cabinets & Italian Black Marble, High Ceiling, Gorgeous sunken Living Room with oversized windows, which provide excellent Lighting, Circular Cherrywood Staircases, Huge Family Room & Dining Room with Master Ensuite on the Main Floor, High End Wool Carpet, 5 Bed rooms with 3 Washrooms upstairs. Downstairs Open & Bright Basement with Separate entrance with Wet Bar, which could be converted into a suite. Triple Car Garage with Ample Parking, Private Sports Court & Lot more. Must

ASKING 2,999,000

MASSAGE PARLOUR FOR SALE IN SURREY



Location! Location Location! Great opportunity to own a well established & profitable MASSAGE CENTRE in the prime neighborhood of East Newton. The seller is running this centre for last eight years & wish to retire. This unit has three massage chambers with one chamber for tradition Indian Ayurvedic Shirodhara Table & a separate kitchen area & washroom. Lease is expiring in March 2024 but has two renewal options of 5 years each but the seller is getting it renewed by himself. Please contact for more

ASKING 249,999

GROCERY STORE FOR SALE IN CLOVERDALE

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2025 Hyundai Santa Cruz Limited: Innovative Mid-Size Pickup

Auto Review by Veeno Dewan

The 2025 Santa Cruz is a cool four-door short bed pickup based on the Hyundai Tucson SUV. It certainly looks distinct and more stylish than its competitors—with its almost car- type exterior cab design, handsome front fascia and sleek, honed profile. For 2025, the Santa Cruz gets a revamp with a

honed profile. For 2025, the Santa Cruz gets a revamp with a bolder grille and front bumper,

The new XRT at \$47,499 adds all-terrain tires on 18-inch rims and unique front fascia panel along with body cladding and red tow hooks. The top tier

amenities.

power sunroof.

updated

technology, and new wheel designs The higher trim level now receive two 12.3-inch digital screens integrated under one glass panel and updated software interface. There is also a new XRT off-road themed version with 18-inch all-terrain tires.

The Santa Cruz is only available as a four-door crew cab and is actually based on the Hyundai Santa Fe SUV platform. It's the first truck in its class to offer a fully digital gauge cluster and unique exterior design. There is only one rear bed design which is short 4-foot-long affair.

The Canadian Santa Cruz is powered by a single engine choice; a 2.5L turbocharged four-cylinder unit with 281 horsepower and 311 lb-ft of torque. An eight-speed dual-clutch auto transmission sends power to all fur wheels.

The Santa Cruz comes in three trim levels with All Wheel Drive as standard. The base Preferred rolls on 18-inch alloys and starts at \$41,999. It includes heated

model is the Ultimate at \$50,499 with leather trimmed heated and ventilated front seats, 20-inch wheels, premium Bose audio and more

seats and steering wheel, wireless Apple

CarPlay and Android Auto, blind-spot

monitoring, and emergency front braking.

The Trend Package available with the

Preferred model adds rain-sensing wipers,

20in wheels, H-Tex seats, plus a Bose

audio system, adaptive cruise control and

We evaluated the Limited version which weighs in with standard leather heated seats and steering wheel, Leather-wrapped steering wheel, navigation system, Power driver's seat, Remote engine start, Remote keyless entry Touch screen monitor and more. Hyundai's Blue Link services also remotely locks and unlock the doors and starts the Santa Cruz by using various apps. New technology system can receive over-the-air updates and features USB-C ports, a fingerprint scanner for security, and Hyundai Pay, the company's invehicle payment system.

Key safety features include Standard forward-collision warning and automated emergency braking, Standard lanedeparture warning, lane-keeping assist and available blind-spot monitor and rear cross-traffic alert.

The cabin matches the Tucson's exterior, uncluttered, simple, and well thoughtout. however, some buyer may rue the fact that most of the controls are touch operated wither few physical hard buttons or knobs, even for the volume control. Side, the Santa Cruz has one of the better cabins among mid-size pickups. It is sleek, stylish place with the new (If optioned) panoramic curved dash incorporating two 12.3-inch screens found in the higher version - a fantastic touch.

The front seats are comfortable and there is decent enough room in all directions.

Continued on page 30





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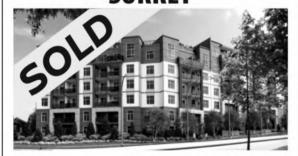
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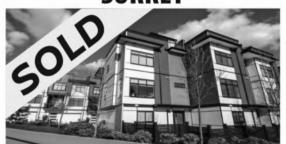
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1698 SLATER AVENUE, KAMLOOPS



ASKING **\$750,000**

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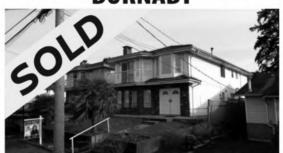
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AAP makes Manish Sisodia Punjab in-charge, Saurabh Bharadwaj in charge of Delhi

In a major restructuring of Aam Aadmi lost the Delhi Assembly election from Party (AAP), senior AAP leader Manish Sisodia was appointed the party's in charge for Punjab while Satyendra Jain was given the role of co-incharge.

A meeting of the party's Political Affairs Committee was held at the house of AAP convener Arvind Kejriwal, where a series of key decisions were taken. Former Delhi minister Saurabh Bharadwaj, who recently

Greater Kailash was appointed the party's convener for Delhi, replacing Gopal Rai. Sisodia said there have been a lot of developments in Punjab after the party formed the government in the state. "The AAP government will continue to work for the welfare of the people of Punjab and will ensure that every dedicated worker of the AAP feels proud to be a part of the

party. The people of Punjab respect Arvind Kejriwal and Punjab CM Bhagwant Mann a lot."

reporters, Speaking to Saurabh Bharadwaj said he would keep strengthening the party as he claimed it is easier to strengthen a party after losing an election. "In (Delhi) elections, AAP's vote share was 43.5 per cent, while BJP's was



45.5 per cent. This shows that nearly half of Delhi had voted for us despite all the use of police and administration (by the BJP against us). We will keep strengthening

Punjab Police Remove Farmers From Haryana Border

Punjab Police this week removed farmers from the Punjab-Haryana Shambhu Border who were sitting on a protest over various demands.

Several farmer leaders including farmer leader Jagjit Singh Dallewal who is on an indefinite fast and Kisan Mazdoor Morcha leader Sarvan Singh Pandher were detained by the Police.

Reacting to this, Punjab Minister Harpal Singh Cheema said that the action was taken as they want to open Shambhu and Khanauri borders.

Speaking to ANI, Cheema asserted that the farmers should stage a protest in Delhi or somewhere else as their demands are against the Central government.

"The AAP government and the people of Punjab stood with the farmers when they protested against the three black laws. The demands of the farmers are against the central government. It has been more than a year and the Shambhu and Khanauri borders are closed. The traders and youth of Punjab are very upset. When the traders will do business, the youth will get



employment and they will stay away from drugs," he said.

"Today's action has been taken because we want the youth of Punjab to get employment. We want to open Shambhu and Khanauri borders. The demands of the farmers are against the central government and they should stage a protest in Delhi or somewhere else but should not block the roads of Punjab," Harpal Cheema said.

Reacting to this, Congress MP Amarinder Singh Raja Warring said that the Centre and AAP government in Punjab want to isolate the farmers.

"The farmers are being constantly deceived. Farmers were told to end their hunger strike and then we will hold talks with them. The central government always tries to isolate farmers, especially in Punjab. After the meeting between farmers and the central delegation concluded, Punjab Police detained the farmer leaders. The central government and AAP government want to isolate the farmers of Punjab. This is very wrong," Warring told

Congress leader Sukhjinder Singh Randhawa slammed the Punjab CM.

"Bhagwant Mann sir! There is enmity between excess and God" and God is watching the excesses you are committing on the farmers, you have been blinded by the arrogance of power. Come to your senses, use this attitude not with the farmers but with the central government which is forcing them to endure all this on the roads," Randhawa posted on X.

Shiromani Akali Dal MP Harsimrat Kaur Badal claimed that Punjab CM Bhagwant Mann has lost his mental balance.

"Jagjit Singh Dallewal who was on an indefinite hunger strike has also been detained by the police. During the elections, Puniab CM Bhagwant Mann promised that he would fulfil all the demands of the farmers, but after the formation of the government, he was just lying to the farmers. No one is safe in Punjab," Harsimrat said. Union Minister Ravneet Singh Bittu also lashed out at Punjab CM and condemned the action by the police. "I condemn this action of the Punjab government. They voted for you (AAP government) and Punjab CM Bhagwant Mann should be ashamed. They (the AAP government) did not want a solution to be found through talks between the central government and the farmers. You detained farmers just to win the Ludhiana West by-election. People of Punjab will not allow Punjab CM Bhagwant Mann to enter any village," Bittu said in a self-made video.

Farmers have called for fresh protests following their eviction from the Shambhu and Khanauri borders on Wednesday night. Leaders of the Samyukta Kisan Morcha (Non-Political) and the Kisan Mazdoor Morcha said they will hold dharnas outside the offices of deputy commissioners in protest against the police crackdown.

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FORECLOSURE

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FORECLOSURE

Panoroma Ridge; 15 years

old, 6 beds, 4 baths,

3515 SQ.ft lot,

2873 SQ.ft home

Surrey: 23 years old, 9747

SQ.ft lot 3914 SQ.ft home,

7 beds, 5 bath, 2 suites.

Asking-\$1,900,000

Asking-\$1,439,000 **FORECLOSURE**

Asking-\$1,300,000

White Rock; 54 years old home, 5134 SQ.ft lot, 3 beds,2 bath,

1926 SQ.ft home Asking-\$1,399,000

FORECLOSURE

FORECLOSURE

Surrey; 13 years old, 4000 SQ.ft lot 3835 SQ.ft home; 7 beds, 6 bath, double garage

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FORECLOSURE

Langley: 40 Acres blurberry farm with two homes, 3 car garage, main home is 4100 Sq.ft 5 beds, 5 bath.

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Langley; 5 Acres older home, 5 beds, 3 bath, 3200 SQ.ft home.

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FORECLOSURE

Abbotsford; 5 Acres with older home, 5 beds, 3 baths, great. Asking \$1,399,000

What You Need To Know About Button Battery Poisoning In Children

March 16-22 is National Poison Prevention Week, and it is important to talk about how to prevent button battery poisoning.

Button batteries (also called disc or coin batteries) are used to power watches, cameras, hearing aids, computer games, alarm clocks, bathroom scales, key chains and more. Because they are small, round and smooth, kids can mistake button batteries for food or candy – and swallowing one can lead to serious injury and even death.

Children under the age of six are at the highest risk of ingesting a button battery. From 2021 to 2023, the BC Drug and Poison Information Centre managed 159 cases of button battery exposures, with more than half of them (55%) involving babies



and children ages five and under. If you suspect someone has ingested (swallowed) or inserted a button battery into the ear or nose, this should be treated as quickly as possible. **DO NOT induce vomiting.**

Symptoms can vary and can include (sometimes there are no

symptoms at all):
Gagging or choking
Coughing or noisy breathing
Pain or irritability
Drooling
Unexplained vomiting or food
refusal
Abdominal pain

Unusual odour, discharge, or bleeding from the ears, nose or eyes

Immediate medical attention should be given—call 9-1-1, the BC Drug and Poison Centre at 604 682-5050, or 1 800 567-8911 or go to the nearest emergency department.

While on the way to the emergency department or waiting for help to arrive, give honey if the child is over the age of one to reduce the risk of injury if they can swallow and the ingestion happened less than 12 hours ago. Honey coats the battery and can help reduce the amount of chemical burn.

For infants under 12 months of age, or if honey is not available, or the child has an allergy, you can use jam.

Give 10 ml (2 teaspoons) of honey. Repeat this dose every 10 minutes for up to six doses. Stop at any point the person is

unable to swallow. Prevention Tips

Reduce the number of products in your home that use button batteries.

Safely store batteries, live or dead—in a high up or secure place and never leave them loose or lying around.

Make sure that products that do have button batteries have screws securing the battery panel.

When discarding used button batteries, put tape all the way around them and store in a container with a screw-top lid.

Learn more: https://www.injuryresearch.bc.ca/injury-priorities/button-battery-safety

Families Looking For Extra Income Can Host Students From KPU

Nose bleeds

wantlen Polytechnic University (KPU) expanding student housing options through a new partnership with SpacesShared. SpacesShared is a home-sharing platform that matches students looking for safe and affordable accommodations with older adults who have spare rooms to rent. This partnership will create new housing options for KPU students close to all five campuses — in Surrey, Richmond and Langley — to address affordable housing challenges within the Lower Mainland.

For hosts, this is an opportunity

(Close to Patullo Bridge)

to earn an extra income with the additional option of students providing assistance around the house in exchange for rental discounts. Home-sharing can also be a source of companionship and community connection.

"KPU's partnership with SpacesShared will provide our students with greater options for safe and reliable housing near our campuses," says Zena Mitchell, Vice President, Students at KPU. "Finding affordable student housing can prove challenging and stressful, so we're pleased this partnership offers an innovative solution that can be beneficial to both our students



and their wider communities." To ensure the safety of both parties, students and hosts are vetted by the platform through identity verification and criminal background checks.

Within the online platform,

students can search for available rooms, view potential matches for compatibility and connect with potential hosts before entering an agreement. SpacesShared is already operating in several provinces across Canada and is now being introduced in B.C.

"We are excited to expand our community building platform that builds connections across generations to British Columbia," says Rylan Kinnon, CEO of SpacesShared. "With this launch, coming about a year after our launch in Newfoundland and Labrador, we will be supporting Canadian hosts, students and international students from coast to coast."

Students and hosts interested in signing up for the platform can visit KPU's Housing Resources page or the SpacesShared website for more information.





604-825-4011

ADHD Misinformation On Tiktok Is Shaping Young Adults' Perceptions

The most popular ADHD-related L content on TikTok often does not match mental health professionals' views, potentially influencing how young adults perceive the disorder, a new University of B.C. study has found.

An analysis of the 100 most-viewed TikTok videos related to attentiondeficit/hyperactivity disorder (ADHD) revealed that fewer than half the claims regarding symptoms made in those videos actually align with clinical guidelines for diagnosing ADHD.

"TikTok can be an incredible tool for raising awareness and reducing stigma, but it also has a downside," said Vasileia Karasavva, lead author of the study published today in PLOS One and a PhD student in clinical psychology. "Anecdotes and personal experiences are powerful,



but when they lack context, they can lead to misunderstandings about ADHD and mental health in general."

In the videos, many TikTok creators shared personal experiences without indicating that they don't necessarily apply to everyone with ADHD, and might even occur for people who don't have the disorder. This lack of nuance may lead viewers to misinterpret symptoms or incorrectly diagnose themselves.

ADHD is one of the most common neurodevelopmental disorders diagnosed in childhood, and often continues into adulthood. It is characterized by having difficulty paying attention, hyperactivity and impulsive behaviour. It is estimated to affect about three to seven per cent of adults worldwide.

How TikTok influences perceptions

The study found that the more ADHDrelated TikTok content a young adult consumes, the more likely they are to overestimate both the prevalence and severity of ADHD symptoms in the general population. Participants who watched more of this content were also more likely

to recommend the videos—despite the unreliability of the information.

Researchers had two clinical psychologists evaluate the top 100 most-viewed TikTok videos under the hashtag #ADHD for accuracy, nuance and overall quality. Then, 843 undergraduate students were surveyed about their TikTok habits and asked to rate 10 videos: the five highest-rated and five lowest-rated by the psychologists.

The results showed a clear difference in how each group assessed the content. Clinical psychologists gave the more accurate ADHD videos an average rating of 3.6 out of five, while young adults gave

The psychologists rated the least reliable videos at 1.1 out of five. Young adults rated them significantly higher at 2.3.

Continued on page 30

Keeping Home Buyers on the Sidelines Tariff Uncertainty

anadian home sales fell sharply from January to February, as home buyers remained on the sidelines in the first full month of the ongoing trade war with the United States.

Sales activity recorded over Canadian MLS® Systems dropped 9.8% monthover-month in February 2025, marking the lowest level for home sales since November 2023, and the largest monthover-month decline in activity since May

"The moment tariffs were first announced on January 20, a gap opened between home sales recorded this year and last. This trend continued to widen throughout February, leading to a significant, but hardly surprising, drop in monthly activity," said Shaun Cathcart, CREA's Senior Economist. "This is already being reflected in renewed price softness, particularly in Ontario's Greater Golden Horseshoe region."

Declines were broad-based, with sales falling in about three-quarters of all local markets and in almost all large markets. The trend was most pronounced in the Greater Toronto Area and surrounding Great Golden Horseshoe regions.

February Highlights:

National home sales dropped 9.8% monthover-month.

Actual (not seasonally adjusted) monthly activity came in 10.4% below February

The number of newly listed properties fell back 12.7% month-over-month.

The MLS® Home Price Index (HPI) declined 0.8% month-over-month and was down 1% on a year-over-year basis.

The actual (not seasonally adjusted) national average sale price fell 3.3% on a year-over-year basis.

New listings plunged 12.7% month-overmonth, returning all of the surprise surge recorded in January.

With sales and new listings both down by similar magnitudes in February, the national sales-to-new listings ratio edged up slightly to 49.9% compared to 48.3% in January. The long-term average for the national sales-to-new listings ratio

is 55%, with readings between 45% and 65% generally consistent with balanced housing market conditions.

There were 146,250 properties listed for sale on all Canadian MLS® Systems at the end of February 2025, up 13.1% from a year earlier but still below the long-term average for that time of the year of around 174,000 listings.

"The uncertainty of the last few weeks seems to be causing some buyers to think twice about big financial decisions right now," said James Mabey, CREA Chair. "For others, a softer pricing environment and now lower interest rates will be a buying opportunity. If you're looking to buy or sell a property in 2025, contact a REALTOR® in your area today."

There were 4.7 months of inventory on a national basis at the end of February 2025, up sharply from 4.1 months at the end of January. The long-term average is five months of inventory. Based on one standard deviation above and below that long-term average, a seller's market would be below 3.6 months and a buyer's market



would be above 6.5 months.

The National Composite MLS® Home Price Index (HPI) declined by 0.8% from January to February 2025, marking the largest month-over-month decrease since December 2023.

The renewed softening in prices was most notable in Ontario's Greater Golden Horseshoe region.

The non-seasonally adjusted National Composite MLS® HPI was down 1% compared to February 2024.

(CREA cautions that average price information can be useful in establishing trends over time but does not indicate actual prices in centres comprised of widely divergent neighbourhoods or account for price differential between geographic areas. Statistical information contained in this report includes all housing types.)

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LOOKING FOR BRIDE

Jat Sikh parents are looking for a girl for their handsome, clean shaven, 28 year old, 5' 8", engineer son. Girl should be educated and family oriented, religion/ caste no bar. Boy and parents are settled in Chilliwack, BC. Interested parties can

contact the parents at 604-368-6151.

LOOKING FOR BRIDE

++++++++

Canadian Citizen, Jatt Sikh Brar Boy lives in Surrey, 28 years old, 6' Looking for a family oriented girl. Girl should be Canadian citizen or PR. Study based, work permit can be considered. Vancouver and Calgary families will be preferred.

604.818.5780

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Looking for a suitable match for Canadian PR Hindu girl, 30 years, 5'6", smart, beautiful, and well-educated. She is a kind-hearted and understanding person who values family and relationships. We are looking for Canadian citizen/PR who is well-educated, respectful, and compatible with her personality. If you are interested in knowing more about, please contact

+91 98728 30435 (whatsapp)

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Well Settled Jat Sikh Family from Vancouver Canada Seeks Matrimonial Alliance for their Son India Born OCT 87, 5'9" Commerce Graduate from Universaity BC. Employed as OFFICER with Canadian Federal Govt. Father Runs the Business Owns Residentials & Commercial Properties in Vancouver, Parents Also have Urban Rural Properties in Delhi & Haryana. Family is Looking for Nice Beautiful Educated Girl from a Decent Cultured Reputed Family. Please Contact & send Details along with Recent Photographs to

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Jatt Sikh Dhaliwal Educated, handsome boy, 25/5'11", Canadian Born, Lives in Surrey(BC) Canada, He has completed his Bachelor in Health science and Currently doing Medical Laboratory science. He has been working at Govt. Hospital from three years. Family would prefer Canadian born, sikh girl. contact:

parmdhaliwal65@gmail.com

Ph: 604.825.5194

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Well settled Jat Sikh family from Surrey looking for a bride for their son 36 yrs old, 5'10" tall, handsome, clean shaven, graduate from Canadian University, employed as officer with Canadian federal government. The girl should be educated, family oriented, beautiful and well versed with both cultures. Please send recent picture and bio data to WhatsApp no. 604-808-9070

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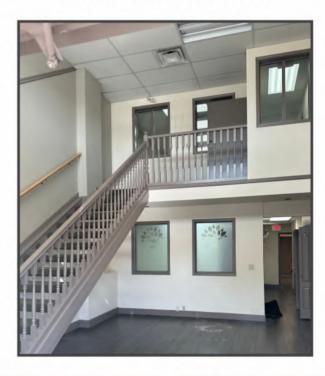
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 Applicant must provide management with a recent Criminal Record check before joining

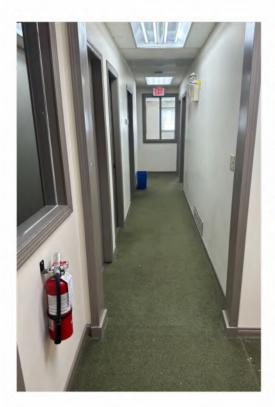
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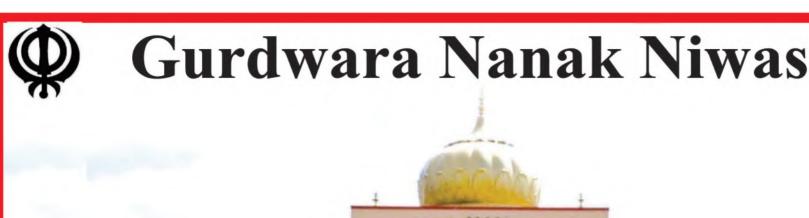








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Upcoming Program

WEEKLY PROGRAMS

23rd March, Sunday at 10:30 am, Weekly Gurbani Kirtan gathering, Katha Vichar on the occasion of Shri Guru Har Rai Ji's Gurgaddi Diwas and langar seva by the Sangat and the Management Committee.

July 3 (Thursday) and 10 September (Wednesday) are available for Anand karj. Please contact Kanwarjit Singh (Assistant Secretary) to book Anand karj.

All the Sangat are requested to come to the weekly Kirtan Diwan and Katha Vichar Smagam every Sunday morning from 10:30 am to 12:00 pm. The Sangat is invited to come to the weekly Smagam and make your life successful.

If any family wishes to do seva of Gurbani Kirtan and Langar in the weekly Diwan, they should contact the Management Committee.

*Every Tuesday at 10:00 AM, Path Sri Sukhmani Sahib Ji by the Bibian and the Langer service will be provided by the group of Sukhmani Sahib Walian Bibian.

*Important Information:

Punjabi classes have started in Punjabi schools from Sunday, January 5th. Please enroll your children in the school so that they can speak, read and write Punjabi. For more information, contact Secretary S. Balwant Singh Sanghera 604-836-8976

Daily Program: 5:00 am Prakash Guru Granth Sahib, 6:00 am to 6:45 am Nitnem, 7:00 am to 7:30 am Kirtan Dewan, 7:30 am to 1:45 am Katha, 7:45 am to 8:00 am Ardaas Evening Diwan: Rehras Sahib 6.00 pm to 6.20 pm, Kirtan 6.30 pm to 7.15 pm, Ardas/Hukamnama 6.20 pm to 6.45 pm, Sukh Aasan 8.00 pm

For more information, log in to the Gurdwara Sahib website! www.nanakniwas.ca

Phone number of Gurdwara Sahib is (604) 274-7479

BOLLYWOOD

Priyanka Chopra cheers for Nick Jonas after watching his Broadway show: 'I still cannot get over what I saw'

ctor Priyanka Chopra has Aonce again proven herself to be the ultimate cheerleader for her husband, Nick Jonas. On Friday, she took to social media to rave about Nick's Broadway musical, The Last Five Years, after attending a preview show. Priyanka took to Instagram to share a sweet message for her husband Nick, with whom she shares a daughter Malti Marie. Priyanka attended a preview show of her husband Nick's Broadway musical at the Hudson Theatre in New York on Thursday. Following the event, she took to social media to share a glimpse into her evening, while also expressing her thoughts and impressions of the musical.

"I still cannot get over what I saw last night. This show is so special in such incredible ways, and they're both so talented... Who else has seen the previews yet? @ thelastfiveyears on #broadway," Priyanka wrote.

Priyanka shared a series of photos from her evening out at the Hudson Theatre. The images

SS Rajamouli **Questions Civic Sense As He Finds Litter During Odisha Trek**



 $F_{
m shared}^{
m ilmmaker}$ SS Rajamouli shared a post after he did a solo trek to Odisha's highest peak, Deomali. Taking to X (formerly Twitter) on Wednesday, Rajamouli said it was "disheartening to see the trail marred by litter". Now, Suparno Satpathy, a socio-political leader from Odisha, has responded to Rajamouli's tweet.

Rajamouli's Odisha trek turned 'disheartening'

On X, Rajamouli shared a video collage from the top of the mountain. The video showed plastic bottles and other garbage strewn among the rocks. The video ended with Rajamouli posing for the camera. He was seen wearing a green T-shirt, pants, and white sneakers.

Rajamouli talks about civic sense Sharing the video, Rajamouli wrote, "Had an amazing solo trek to Deomali, Odisha's highest and most stunning peak. The view from the top was absolutely breathtaking.

offer a glimpse into her experience, including a shot of her admiring the poster for The Last Five Years, several capturing the lively atmosphere outside the theatre, and a snapshot of her and Nick together at the venue. Nick also reacted

to her post by dropping heart emoji in comment section. About the play

Nick along w i t h Adrienne Warren took the stage on March 18 for the first night of previews for The Last Five Years. The show, which first

premiered in 2001 before being turned into a movie starring Anna Kendrick and Jeremy Jordan in 2014, marks Nick's return to Broadway 13 years after starring in the revival of How to Succeed in Business Without Really Trying in 2012. The Last Five Years

> of a relationship between a rising novelist named Jamie (Nick) and a struggling actor Cathy named (Adrienne), across two different timelines.

follows the demise

Priyanka Chopra's upcoming work

Priyanka has been busy with the shoot of her next film with director SS Rajamouli. She recently wrapped up a shooting schedule in Odisha's Koraput. The film also stars Mahesh Babu. Rajamouli's father, writer Vijayendra Prasad, has penned the story for SSMB 29, and it is said to be an action-adventure similar to Indiana Jones.

Priyanka's mother, Madhu Chopra, earlier confirmed that the actor would be part of the film. Apart from her, there have been reports about Prithviraj Sukumaran playing a pivotal role alongside Mahesh Babu. However, neither the actor nor the makers have confirmed the reports yet.

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Did Ram Charan Unfollow Thaman S On Social Media Over Game

Changer Jibe?

Shankar's maiden Telugu film, Game Changer, starring Ram Charan and Kiara Advani, was disappointing in more ways than one. Despite the lavish budget, everything from the film's music by Thaman S to the story was critiqued for being subpar. After the music composer blamed the choreographer and hero for the songs' failure in a recent interview, rumours have been rife that Ram unfollowed Thaman on social media. Did Ram Charan unfollow Thaman S?

After snippets from Thaman's interview began doing rounds on X (formerly Twitter), one person attached a screenshot

and claimed that Ram had unfollowed the music composer since. While some questioned the veracity, others believed that the actor did unfollow him after the interview came

However, a source from the actor's team told Hindustan Times, "It's not true that Ram Charan unfollowed Thaman S because he never followed him on X or Instagram in the first place. He follows very few people on both platforms, most of whom are his family members. This is nothing but a rumour."

What did Thaman say about Game Changer?

Once Game Changer's songs failed to make a mark, Thaman changed his tune. In an interview with The Hollywood Reporter India this week, Thaman discussed what makes songs go viral when he took a jab at the film.

He said, "I always trust it's not just about the music director. I can pull off 25 million views, but post that, it has to work on Reels. Anyway, I missed that in Game Changer. The dance master has to take the

responsibility, and the hero too. Continued from Page 19 **Union Certification Of Uber...**

The fact that Uber drivers are organizing signals that workers in the digital economy recognize the strength and protections a union can provide," says UFCW 1518 President, Patrick Johnson. "At UFCW 1518, we look forward to the opportunity to stand alongside these drivers and help them make their voices heard in this rapidly evolving sector. Their determination today will help protect what they value about their jobs and create better working conditions for app-based workers everywhere in the future."

Since signing a national agreement with Uber in 2022, UFCW Canada has been providing drivers with support and advocacy when encountering disputes on the app. UFCW Canada has successfully represented over 900 drivers with disputes leading either to regaining access to their accounts or positive resolution to their

Asurvey of over 2,000 Uber drivers by Pollara Strategic Insights in December 2024 found that drivers had a 78% approval rating of the representation agreement between Uber and UFCW Canada, while nearly 90% of drivers want to see the government change laws to improve their working conditions. Sonakshi Sinha, Anurag Kashyap, Adarsh Gourav: Stars Set To Make Their Telugu Debut

elugu film industry Telug has given some of the biggest global blockbusters in recent times. Be it RRR or Pushpa, the film industry's Pan India status as attracted a new crop of actors and even a cricketer to make their big debut. From Sonakshi Sinha, Adarsh

Gourav David

> Warner and more, here's looking at the celebrities who will soon be seen Telugu industry.

Sonakshi Sinha will soon make her Telugu debut. The actor recently announced she will be part Sudheer of Babu's horror thriller Jatadhara. The 37-year-old also shared her first look from the

film directed by Venkat Kalyan. The makers had announced the film to be a blend of mythology and supernatural elements.

Actor-filmmaker Anurag who recently made headlines for shifting



from Mumbai and distancing himself from Bollywood, will soon be making his Telugu debut. Anurag will be seen playing a fearless cop in Adivi Sesh starrer action drama Dacoit. The movie, which is being shot simultaneously in Hindi and Telugu, will feature Sesh and Mrunal Thakur in the lead roles. Directed by first-time filmmaker Shaneil Deo, the film will release later this

Cricketer David Warner, known for his love for Telugu songs, has shot for Nithiin starrer Telugu film Robinhood. In a chat with HTCity, director Venky Kudumula had spoken about David's part in the film and said, "From the point I wrote this cameo I knew I wanted someone special. It is very important role and when I shared with my actors and producer that David is on my mind, they were very excited and we went ahead with it.We made a presentation to David and he loved it." The film also stars Sreeleela in the lead role. Actor Emraan Hashmi is all set to make his Telugu debut in OG starring alongside Pawan Kalyan. Emraan will play a gangster called Omi Bhau in action thriller directed by Sujeeth.

Continued from Page 21

2025 Hyundai Santa Cruz. Limited: Innovative...

The rear seat passengers make do with a more harder bench affair that can squeeze in three but is more of two seat affairs with tight legroom, if the front seats are pushed back, On road visibility is good and driver ergonomics are well designed. Out back the small rear 4-footlong bed is made of composite material with a hidden trunk under the bed floor, and a drain plug for use as an ice cooler. A roll-up, lockable hard tonneau cover is standard equipment. The bed has a payload rating of about 1,400 pounds with a nicely damped tailgate. The truck

might be compact, but maximum towing capacity is an impressive 5000 pounds; as much as some larger trucks out there..

On the road, the 2.5L engine offers good acceleration and cruising speed. The torque comes on strong in the mid range, and delivers responsive speed and acceleration. Meanwhile, the manoeuvrable size, and impressive turning circle make it easy to drive. The steering is light and responsive. The Santa Cruz accelerates smoothly and the All-Wheel Drive system offer good traction slippery surfaces. Overall, it's a very nice vehicle to drive. The ride is smooth and comfortable, with road bumps easily absorbed by well damped suspension. Fuel economy wise, it's officially rated at) Natural Resources Canada) at 12.2 L/100 km city, 8.7 highway, 10.6 combined.

Downsides are few, the upperlevel trims are pricey, there is a lack of physical controls for often used functions rear legroom is tight and there is no hybrid or electric version for now. On the pus side This is an excellent compact truck that's ideal for work and play. Highly recommended.

Continued from Page 25

ADHD Misinformation On Tiktok Is Shaping...

This suggests that misinformation may be slipping through unnoticed by most young people.

The need for professional engagement on social media

Clinical psychologists and other mental health professionals could play a more active role in TikTok discussions around ADHD, the researchers sav. By providing expert-backed content, they could help counter misinformation and ensure young people have access to reliable resources.

"Some young adults turn to TikTok because of access barriers, or negative experiences they have had with mental health professionals," said Dr. Amori Mikami, a professor of psychology at UBC and the study's senior author. "It is also our responsibility to address equity gaps in who can see a psychologist."

A balanced approach to ADHD information

study underscores the importance of seeking professional guidance when considering an ADHD diagnosis. While TikTok can be a valuable tool for community building.

it should not replace evidencebased resources. The researchers advise young adults to cross check TikTok information with reputable sources such as medical websites, books and healthcare professionals.

Young adults are also advised to see doctors, therapists or university mental health services for guidance on ADHD and other concerns and consider whether stress, anxiety or cognitive overload could be contributing to difficulties before assuming you have ADHD.

Continued from Page 11

NDP will build F-35s in Canada,...

Protecting Canada's Arctic sovereignty, he added, must include investments in Northern communities and Northerners. That includes better schools, more reliable power, and improved health care throughout Canada's Arctic, as well as investments in housing—starting with supporting the Nunavut Housing Corporation Nunavut 3000 plan.

"Protecting Canada's Arctic means first and foremost making investments in Indigenous people and Arctic and territorial

communities. Decisions about Canada's Arctic need to be made through cooperation, consultation and consent," said Singh. "Canada's Arctic Sovereignty will require not only defence investments - but investments in the community and the people of the North. The True North strong and free is a North where families have decent homes and access to the things every Canadian deserves - including good schools for our kids, and health care closer to home, and faster and easier to get."







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