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A victory that feels like defeat: Narendra Modi-led coalition to form next government in India



Narendra Modi is set to take oath as India's prime minister for a record-equalling third term on Sunday. Modi's swearing in will make him the first leader since India's founding prime minister Jawaharlal Nehru to secure a third five-year term.

India recently held its general elections in seven phases from April 19 to June 1, 2024, selecting all 543 Lok Sabha members. With over 968 million eligible voters out of a population of 1.4 billion, the turnout was reached an amazing 642 million, including 312 million women, a historic

high. The recent election results in India failed to declare any leader or party a winner. Democracy and the sentiments of common man won over any party, candidate or leader. In what opposition parties have declared as a victory for pluralism, voters in the world's largest democracy

partially rejected Modi's vision for one-party state in win for competitive democracy. "Indian voters can't be taken for granted," said the Times of India newspaper in an editorial. "Voters have clearly indicated that jobs and economic aspirations matter. The economic message from

the results is that jobs matter." The Bharatiya Janata Party (BJP) which was predicted to win big, fell short of the 272 mark. The BJP's campaign slogan, "Abki baar, 400 paar" (This time, more than 400), set a target of 400 seats for its alliance,

Continued on page 08

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Tanpreet Parmar Crowned Miss Canada 2024



Lower Mainland based Tanpreet Parmar created history this week when she was crowned Miss Canada 2024. She became the first ever Punjabi Origin woman to win the prestigious title. The Miss Canada pageant, held in Montreal since 1946, is renowned for its celebration of personality, diversity, and the empowerment of women.

After China, India emerges as second-most significant foreign interference threat to Canada: New report

The National Security and Intelligence Committee of Parliamentarians (NSICOP), a cross-party group of Canadian MPs and senators tabled a report on foreign interference. The report has identified India as the "second biggest foreign threat" to Canada's democracy after China. The report mentions that a similar review was done in 2019 where China and Russia were identified as biggest threats. Post-2019, between September 1, 2018 and November

7, 2023, China remained Canada's largest foreign interference threat, including its democratic institutions and processes. "China's foreign interference efforts continue to be sophisticated, persistent and multi dimensional, targeting all orders of Canadian government and various facets of society and relying upon a number of methods. However, contrary to its assessment in 2019, which noted that Russia was the second most significant foreign interference threat,

Continued on page 25

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With 7 seats, Cong wins most in Punjab but its vote share dips

In the Punjab Lok Sabha Election 2024, 13 constituencies in Punjab went to the polls in a single phase on June 1 during the Lok Sabha elections in 2024. Punjab witnessed a voting turnout of approximately 62%, with over 2.14 crore eligible electors casting their votes across the state's 13 Lok Sabha constituencies.

Having taken the ruling Aam Aadmi Party (AAP) head on in Punjab bagging seven seats, the Congress however, saw a dip in its vote share from 40.12 per cent in the 2019 Lok Sabha polls to 26.3 per cent in this election.

the Congress emerged victorious in 7 seats, while the Aam Aadmi Party secured 3 seats, and the Shiromani Akali Dal clinched 1 seat in Punjab. Additionally, 2 independent candidates also succeeded in securing seats, making a total of 13 seats.

The 13 Lok Sabha constituencies in the state are Gurdaspur, Amritsar, Khadoor Sahib, Jalandhar, Hoshiarpur, Anandpur Sahib, Ludhiana, Fatehgarh Sahib, Faridkot, Firozpur, Bathinda, Sangrur, and Patiala. Notably, the BJP did not secure any seats in



the Punjab Lok Sabha elections. However, the BJP showcased a remarkable increase in vote share during the Punjab Lok Sabha elections, rising from 6.6 percent in 2019 to an impressive 19 percent in this recent electoral contest.

Punjab's former Chief minister CHARANJIT SINGH CHANNI won from Jalandhar defeating BJP's SUSHIL KUMAR RINKU by 175993 votes. Supporters

of former Punjab CM Charanjit Channi were buoyed over the fact that his winning margin was more than that of Prime Minister Narendra Modi in Varanasi. While Channi won with a huge margin of almost 1.76 lakh votes, the PM won by 1.52 lakh votes. "We are happy our leader has got even a more decisive mandate than that of the PM," said Amritpal Bhonsle, Congress coordinator in Jalandhar.

From Amritsar Congress GURJEET SINGH AUJLA won by a margin of 40301 votes.

From Anandpur Sahib MALVINDER SINGH KANG of AAP won defeating Congress VIJAY INDER SINGLA by 10846.

From Bathinda Shiromani Akali Dal HARSIMRAT KAUR BADAL defeated GURMEET SINGH KHUDIAN of AAP by a 49656.

From Faridkot Independent candidate SARABJEET SINGH KHALSA defeated AAP candidate KARAMJIT SINGH ANMOL by 70053 votes.

From Fatehgarh Sahib AMAR SINGH of

Congress defeated GURPREET SINGH GP of AAP by 34202 votes.

Firozpur seat went to SHER SINGH GHUBAYA of Congress who defeated JAGDEEP SINGH KAKA BRAR, the AAP candidate by 3242 votes.

Gurdaspur constituency was won by SUKHIJINDER SINGH RANDHAWA of Congress defeating DINESH SINGH BABBU of BJP by 82861.

From Hoshiarpur DR. RAJ KUMAR CHABBEWAL of AAP defeated YAMINI GOMAR of Congress by 44111.

From Patiala DR DHARAMVIRA GANDHI won by a vote margin of 14831 defeating AAP candidate BALBIR SINGH.

Khadoor Sahib seat went to AMRITPAL SINGH who defeated Congress Candidate KULBIR SINGH ZIRA by a margin of 197120 votes.

From Ludhiana AMRINDER SINGH RAJA WARRING defeated BJP's RAVNEET SINGH BITTU.

In Sangrur GURMEET SINGH MEET HAYER of AAP won.

Jailed Khalistan supporter Amritpal Singh, Indira Gandhi assassin's son win big in Punjab

Can Amritpal Singh take oath while being in jail?

Two Independent radical candidates, one of them locked up in an Assam jail under the National Security Act, won their constituencies in Punjab. In his first electoral contest, Khalistan supporter Amritpal Singh, head of 'Waris Punjab De' and currently behind bars under the National Security Act, won the Khadoor Sahib seat by 197,120 votes over his nearest rival, Congress candidate Kulbir Singh Zira.

In the Faridkot (reserved) seat, Sarabjit Singh Khalsa, the son of one of the assassins of Prime Minister Indira Gandhi, won by 70,053 votes over his nearest rival, Karamjit Singh Anmol of the AAP. While Khalsa secured 298,062 votes, Anmol had 228,009 in

his kitty. Amarjit Kaur Sahoke of the Congress was in third place with 160,357 votes. BJP's Hans Raj Hans was fifth with 123,533 votes.

Amritpal Singh has been in jail in Dibrugarh, Assam under the National Security Act (NSA) since March 2023. The NSA is a preventive detention law which allows the government to detain individuals for up to 12 months without pressing formal charges. Legally, Amritpal Singh is barred from attending the proceedings of the 18th Lok Sabha, yet he retains the Constitutional right to be sworn in as members of Parliament, according to a PTI report.

So, the single question we are left with to

answer is -- will he be able to take the oath of office as MP?

According to a report in Indian Express Singh's election victory means that he now has a constitutional mandate as parliamentarian, despite being in prison. Taking oath is the first step in fulfilling his role as parliamentarian.

An Indian Today article quoted constitution expert and former Lok Sabha secretary general PDT Achari explaining the legal aspects of the matter. He said being sworn in after winning elections is a constitutional right. But if the winning candidate is in jail, he must ask the authorities to be taken to Parliament for the oath-taking ceremony. Once



taken the oath, he must return to the jail. Being allowed to take oath is not the same as being released on bail. It is akin to a special parole for a day. If Singh gets convicted and jailed for even two years, he will lose seat in Lok Sabha, as per a Supreme Court judgement of 2013 which held that such MPs and MLAs would be disqualified. Amritpal Singh's lawyer, Rajdev Singh Khalsa outlined the legal strategy moving forward, emphasising the pursuit of bail for Singh.

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Air Canada Significantly Expands Service to India with slogan "Ab India Door Nahin!"

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Air Canada this week announced the strategic expansion of its international network to India, adding 40 per cent more seat capacity beginning late October for the Winter 2024-25 season. Highlights of the carrier's new services

include the only non-stop flights from Canada to Mumbai, improved service from Western Canada to Delhi with the introduction of new seasonal daily flights over London Heathrow and daily flights from Montreal to Delhi.

"In total, Air Canada will operate 25 weekly flights to India, the most comprehensive offering of any carrier between Canada and India. Seats on all flights are available for purchase now at aircanada.com, via the Air Canada App and through travel agents," said Air Canada in a statement.

"India is an important market for Air Canada, reflecting longstanding and growing family and trade ties between our two countries. We are thrilled to expand our network to Mumbai and Delhi by building additional scale at our hubs in time for Diwali festivities this fall. With new non-stop flights from Toronto to Mumbai, the addition of new flights to Delhi from Western Canada via London Heathrow, together with the unparalleled connectivity from our robust North American network, we are solidifying Air Canada as the leading airline offering the most travel options between Canada and India. We look forward to welcoming our customers onboard," said Mark Galardo, Executive Vice President – Revenue and Network Planning at Air Canada.

Air Canada will operate 25 weekly flights representing 7,400 seats each week this winter from Canada to India, comprising up to 11 weekly flights from Toronto to Delhi and Mumbai, daily flights from Montreal to Delhi and daily flights to Delhi from Western Canada via London Heathrow.

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Calgary-London Heathrow-Delhi* schedule:

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Lions Football Punjabi To Be Heard On Sher-E-Punjab Radio Am 600 All Season Long



The BC Lions are excited to announce the addition of Lions Football Punjabi to our menu of audio broadcasts in 2024. Beginning with Sunday's regular season opener at the Toronto Argonauts, Harpreet Pandher and Taqdeer Thindal will call the action for all regular season and playoff games on Sher-E-Punjab Radio AM 600. The duo returns after spearheading the CFL's first-ever Punjabi radio broadcast on July 29, 2023 when the Lions prevailed 27-0 in Edmonton.

In a joint statement, Pandher and Thindal said: "Punjabi fans are passionate about sports and connecting to their community. This Lions Punjabi broadcast will be a stepping stone for bridging Punjabis to the game of football and representing their home team. We expect a vast range of Punjabis to tune into the broadcasts and are also humbled to be a part of this historic moment and excited to promote this great game."

Both broadcasters are lower mainland born and raised. Pandher's first Lions memory was a 1986 game against Edmonton with his father who was a proud fan and season ticket holder.

Thindal attended his first Lions game in 1999 with the team becoming a big staple of his love for sports from a young age. Pandher and Thindal joined Hockey Night In Canada Punjabi in 2014 and 2015, respectively. Launched in 2000, Sher-E-Punjab Radio AM 600 broadcasts to the South Asian community in Greater Vancouver and Northwest Washington.

Bob Marjanovich and Giulio Caravatta are back for an eighth consecutive season in the booth and can be heard on 980 CKNW and the Lions Audio Network serving long-time affiliates including CFAX 1070 in Victoria, AM 1150 in Kelowna and Radio NL serving Kamloops, Ashcroft, Shuswap/Sorrento, Clearwater, Logan Lake, Blue River and Avola.



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2 BC United high-profile MLAs join John Rustad's Conservative Party

BC United high-profile MLA Elnore Sturko and Cariboo-Chilcotin MLA Lorne Doerkson have ditched Kevin Falcon's BC United party to join BC Conservative party led by John Rustad.

Elenore Sturko, MLA for Surrey South, made the announcement at the legislature Monday morning standing next to B.C. Conservatives Leader John Rustad.

Sturko, a former RCMP spokesperson and military veteran, was elected in a by-election in 2022, winning 52 percent of the vote.

She said some might call it a "plot twist" but "we can only ignore the polls so long." Sturko will run in the riding of Surrey-Cloverdale in the provincial election later this year.

Sturko said she "thought long and hard" about making the move to the BC Conservatives and believes that "a real coalition for common sense change" is



the key to winning the next election. "On the biggest issues, including affordable housing, cancelling decriminalization of deadly drugs, fixing our broken healthcare system, making



our streets safe, and putting our natural resources to work growing jobs and our economy, the Conservatives make sense as that new coalition," added Sturko. "The BC Conservatives grassroots coalition is resonating with British Columbians as the party that can beat the NDP and bring back common sense to Victoria."

Conservative leader John Rustad said Sturko will be "a terrific addition to the team, and a practical example of the grassroots coalition that is growing across the province."

"Elenore's decision to join us reinforces that we are building a big tent, with room for everyone who wants to defeat the NDP and elect a common sense government that respects taxpayers hard earned wages," said Rustad. "In the legislature, Elenore has distinguished herself by holding the government to account for its failed decriminalization of deadly drugs that has hurt every neighbourhood and community in our province. On these issues, and so

many others, David Eby and the NDP have failed British Columbians. They have made our province unaffordable, rationed healthcare, raised taxes, and made it impossible to do business or get anything done in British Columbia. They have weakened our economy, and resorted to record-breaking deficits to paper over their failure to make life better for British Columbians."

Jody Toor remains a Conservative candidate and will be running for the Conservative Party of British Columbia in Langley Willowbrook, where she plans to open a second holistic wellness clinic this summer.

"I'm excited to welcome yet another MLA into our growing Conservative family, and I wanted to step up to make space for Elenore to join our grassroots, common sense coalition. We're moms in politics — we have to support each other," said Toor. Earlier BC United's caucus chair Lorne Doerkson defected to the B.C. Conservatives.

Doerkson said that he was making a change because he believes this upcoming election is simply too consequential. "I have spent countless hours listening to my constituents in the recent months. The response has been overwhelming. The residents of Cariboo-Chilcotin want to see David Eby defeated and they want to see a common-sense Conservative government in Victoria," he continued.

During a press conference, Falcon said he's "disappointed and shocked" at Sturko's decision.

Falcon said Sturko is joining a party that "she has long disavowed to me and to caucus as being too extremist."

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New Democrats to seek official recognition of the 1984 Sikh Genocide

On the 40-year-anniversary, Jagmeet Singh and the NDP will seek official recognition of the 1984 Sikh Genocide in Canadian Parliament. Singh made the following statement:

“This month marks 40 years since the Indian Government invaded the Darbar Sahib Complex and dozens of other Gurdwaras.

During this state-sanctioned violence and what followed - Sikh civilians faced brutal repression including enforced disappearance, extrajudicial killings, torture and secret and illegal mass state cremations.

This tragic and unthinkable violence has impacted



survivors and families of the victims, around the world for decades - many still live with trauma and intergenerational trauma as a result.

In the aftermath of such state-sanctioned atrocities, we must seek answers, accountability, and justice, which is why New Democrats will be seeking official recognition of the 1984 Sikh Genocide in parliament.

Acknowledging this genocide is the first important step towards community healing - and addressing intergenerational trauma. Never forget 1984.”

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Continued from Page 01

A victory that feels like defeat: Narendra Modi-led coalition to form next government in India

and 370 seats for the BJP itself. BJP however won 240 seats – 32 short of the majority mark in the 543-member Lower House of Parliament, suffered major losses in key states, marking a dramatic shift in a political landscape it has dominated for the past decade.

Modi and his party will still likely to be able to form India's next government – but will be dependent on a clutch of allies whose support they will need to cross the 272-seat mark. The BJP with its allies, in a coalition known as the National Democratic Alliance (NDA), won 293 seats. The election result for BJP is being termed as “a victory that feels like defeat.” By contrast, the opposition INDIA alliance, led by the Congress party, won 232 seats, significantly higher than exit polls had predicted. Despite the setbacks, the BJP is still, by far, the largest party in parliament, and in a position to form the next government along with its NDA allies. Congress, the largest opposition party, won 99 seats, less than half of the tally the BJP is expected to end up with when all votes are counted.

It is a point Modi emphasised in his public address. “All our opponents, put together, did not win as many seats as the BJP alone,” he said.

Still, two regional parties now hold the key to the office of the prime minister of India: Janata Dal-United, led by Nitish Kumar in the state of Bihar, and the Telugu Desam Party, led by Chandrababu Naidu in the southern state of Andhra Pradesh. The TDP won 16 seats and the JD(U) 12. Both the parties have also previously been in alliance with the Congress party.

BJP's loss in Uttar Pradesh came as the biggest shock. It is India's biggest state and a key determinant of who rules nationally. The further shock was BJP's lost in the Faizabad parliamentary district, home to the Ram Temple. Ram Mandir was at



the forefront of the BJP's campaign to mobilise Hindu voters.

The party also lost the key seat of Amethi, where Minister Smriti Irani was defeated. Irani had pulled off a spectacular win over Rahul Gandhi, the scion of the Gandhi family, by 55,000 votes in 2019.

This year, Gandhi contested from neighbouring Rae Bareilly constituency and won the seat by a margin more than twice the size by which Modi won his seat, Varanasi, also in Uttar Pradesh.

Overall, the BJP won just 33 seats out of Uttar Pradesh's 80, a significant drop from the 62 it won in 2019 and its tally of 71 from 2014. The regional Samajwadi Party, a part of the opposition

INDIA alliance, won 37 seats, while the Congress won six others.

The BJP also suffered losses in Maharashtra, India's second-most politically critical state. With most votes counted, the INDIA alliance won 30 of the state's 48 seats. Only Uttar Pradesh has more seats – 80. In 2019, the BJP alone had won 23 seats in Maharashtra, with its allies winning another 18.

Along with Maharashtra, three other states that have been epicentres of India's agrarian crisis, with major farm protests, also saw losses for the BJP compared with 2019: Haryana, Rajasthan and Punjab.

With a coalition government, there will

be a changed composition of India's parliament. Beyond parliament, analysts said a weakened mandate could affect the functioning of India's other democratic institutions.

Modi's swearing in will make him the first leader since India's founding prime minister Jawaharlal Nehru to secure a third five-year term. President Droupadi Murmu on June 7 formally invited Prime Minister Narendra Modi to form the next government, and begin his third successive term as Prime Minister, after NDA's Parliamentary Party elected him as its leader. The new government will be sworn in on Sunday, June 9, the Rashtrapati Bhavan announced.



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Trudeau congratulates Modi re-election, raises rule of law in India relationship

Following the Bharatiya Janata Party (BJP)-led National Democratic Alliance (NDA) win in the 2024 Lok Sabha election, Canada's Prime Minister Justin Trudeau sent a congratulatory message to Indian Prime Minister Narendra Modi. But as tensions remain high in the Canada-India relationship, he used the opportunity to reinforce the importance of the rule of law. He said his government was ready to advance the relationship between the people of the two countries.

In the message, Trudeau underlined his government's commitment to "peoples — anchored to human rights, diversity, and the rule of law", in bilateral relations. "Congratulations to Indian Prime Minister Narendra Modi on his electoral victory. Canada stands ready to work with his government to advance the relationship between our nations' peoples — anchored to human rights, diversity, and the rule of law," Prime Minister Justin Trudeau was quoted as saying by the Canadian PM's office handle on X.



Also noteworthy was the fact that Trudeau's congratulatory message came

from his official, not personal, X account. Modi said that he received a call from his friend US President Joe Biden, adding he genuinely valued his words and his appreciation for the Indian democracy. "Happy to receive a call from my friend President @JoeBiden. Deeply value his warm words of felicitations and his appreciation for the Indian democracy," PM Modi replied on X. Meanwhile, leaders from US, France, Egypt, Israel, Ukraine, Russia, Argentina, and many more have congratulated PM Modi.

From Joe Biden To Rishi Sunak - World Leaders Congratulate PM Modi For Historic Win

US President Joe Biden, British Prime Minister Rishi Sunak and French President Emmanuel Macron were among dozens of world leaders who congratulated Prime Minister Narendra Modi on Wednesday on the victory of the BJP-led NDA coalition in the general elections and expressed their desire to work closely with him.

"Congratulations to Prime Minister Narendra Modi and the National Democratic Alliance on their victory, and the nearly 650 million voters in this historic election. The friendship between our nations is only growing as we unlock a shared future of unlimited potential," Mr Biden said in his congratulatory message.

British Prime Minister Sunak said he spoke to Prime Minister Modi and congratulated him on his election victory. "The UK and India share the closest of friendships, and together that friendship



will continue to thrive," the Indian-origin leader wrote in a post on X.

Noting that India has concluded the world's largest elections, Mr Macron said, "Congratulations Narendra Modi, my dear friend. Together we will continue strengthening the strategic partnership that unites India and France."

Congratulating PM Modi, Israeli Prime Minister Benjamin Netanyahu hoped that India and Israel would "continue to



surge towards new heights". "I extend my warmest congratulations to Prime Minister Narendra Modi on being reelected for a third consecutive term. May the friendship between India and Israel continue to surge towards new heights. Badhaai Ho!" Netanyahu tweeted.

Italian Prime Minister Giorgia Meloni congratulated PM Modi and said that both countries would continue to work together to "strengthen the friendship that

unites" Italy and India. "Congratulations to @narendramodi on the new electoral victory and my warmest wishes for good work. Certain that we will continue to work together to strengthen the friendship that unites Italy and India and consolidate cooperation on the various issues that bind us, for the well-being of our nations and our people," she tweeted.

Ukrainian President Volodymyr Zelenskyy welcomed the successful holding of the world's largest democratic elections in India.

"Congratulations to Prime Minister Narendra Modi, the BJP, and BJP-led NDA on the third consecutive victory in India's parliamentary elections. I wish the people of India peace and prosperity, and I hope for continued cooperation between our countries. India and Ukraine share common values and rich history.

Continued on page 24

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Kangana Ranaut slapped by woman CISF constable at Chandigarh airport

CHANDIGARH/NEW DELHI: Actor and BJP MP-elect Kangana Ranaut said she was hit in the face and abused by a woman CISF constable during security check at the Chandigarh airport on Thursday, the ugly fracas breaking out two days after she was won from the Mandi Lok Sabha seat in Himachal Pradesh. Constable Kulwinder Kaur, who appeared to be upset with Ranaut over her stance on the farmers' protests, was suspended and an FIR lodged against her, officials said.

The constable, Kulwinder Kaur, who has been on duty at the airport for the past two-and-a-half years, in fact, was seen on television channels after the incident, stating that she was upset because of the kind of



statements made by Kangana during the farmers' agitation. "My mother was also among the protesters when she (Kangana) made these remarks," Kaur could be heard saying.

"She gave a statement that the farmers are sitting there for Rs 100. Will she go and sit there? My mother was sitting there and protesting when she gave this statement," Kaur added.

It is learnt the constable was also unhappy because Kangana referred to the protesting farmers as 'Khalistanis'.

The Central Industrial Security Force (CISF), tasked with providing security at airports, has also ordered a court of inquiry into the incident.

The Shiromani Gurdwara Parbandhak Committee (SGPC) President Advocate Harjinder Singh Dhami said that Kangana Ranaut's continuous targeting of Punjab and Punjabis is extremely unfortunate and painful.

The SGPC President said that Kangana Ranaut's saying that terrorism is increasing in Punjab is an expression of her sick mentality, while the truth is that the terrorism being spread through her own tongue is

polluting the atmosphere of the country.

Dhami said that Kangana Ranaut should never forget that if the multi-ethnic and multi-lingual culture of the country is alive today, it is because of the sacrifices made by Punjabis for the country.

Dhami appealed to the leading leaders of the Bharatiya Janata Party to teach Kangana Ranaut a lesson of self-control and moral values. He also demanded that there should be an in-depth investigation into the causes of the incident at the Chandigarh airport to see if Kangana Ranaut made any mischievous arguments to create an atmosphere of hatred against Punjab.

He said that the investigation conducted by the CISF should be done without any political or personal influence so that injustice is not done.

ADVERTORIAL

Pandit Vijay Shastri's blessing saved Hema's Married Life

USA: Hema migrated from Guyana to Canada in 1990 with her parents. After completing her studies, Hema ventured into the business and after a period of initial struggle could streamline it. Her parents insisted her to get married, so in 1994 her parents found a suitable match for Hema and got her married in America.

Their married life was going smoothly for the initial period, but gradually they started having some rifts amongst them. The verbal confrontations converted into fights and that too more frequently. They started thinking about Divorce. Hema was heartbroken and went back to Canada.

Though she was in Canada, back of her mind she used to think

about her Husband and what all happened. She was disheartened, and her tears won't stop. She had nobody to vent her heart out, as she didn't want her parents to suffer with her. One day she heard about Pandit Vijay Shastri and she decided to go and see him.

Hema told Pandit Vijay Shastri about her grief and Pandit Vijay Shastri performed some Rituals and Puja and told Hema to do them as well for a few days. Through this ongoing Puja and Upaay Hema was astonished at the results.

Her husband called her in Canada and asked her to come back and her is extremely sorry for what has happened. Hema couldn't believe her ears, but she was little skeptical as well. So, she called Pandit

Vijay Shastri and asked if she should go. Pandit Vijay Shastri told Hema that this is result of the Puja and Upaay's what she has performed, and she is good to go back and live her married life.

Hema wrote a letter to Pandit Vijay Shastri after a few years that her married life is doing good and she is blessed with a baby boy and would like to get Pandit Vijay Shastri's blessings. She talks about Pandit Vijay Shastri to her friends and says, "just give Pandit Vijay Shastri a call if you feel you are in trouble- I am certain He will be able to help you out

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Farmers stand by CISF jawan who 'slapped' Kangana Ranaut

The Samyukt Kisan Morcha (Non-political) and Kisan Majdoor Morcha warned the government against taking strict action against the woman CISF constable Kulwinder Kaur. The constable belongs to Mahiwal village in Kapurthala.

Farm leaders said, "She seemed to be upset with BJP MP-elect Kangana Ranaut over her stance on the farm protests." They demanded a dope test on Ranaut and warned of an agitation if the accused constable's family was harmed or adverse action taken against the cop.

Punjab Kisan Mazdoor Sangharsh Committee general secretary Sarwan Singh Pandher, who has been camping at the Shambhu border, said he had spoken to accused CISF Constable Kulwinder Kaur's brother. He had confirmed that she was arrested. "We warn the government that if her family members are harassed, we will start a protest", Pandher said.

Pandher said Kangna Ranaut alleged that she was slapped by the CISF constable. "I want to bring it to everyone's notice that in the recent past, Ranaut spoke against farmers and Punjabi women, who were protesting with farmers," he said.

The union members said they would take up the issue at a meeting tomorrow and announce their strategy.

Meanwhile, family members of Kulwinder Kaur, said they were caught unawares by the incident, but stood by her.

Canada to give caregivers PR on arrival

TORONTO: Canada has announced new pilot programs for caregivers that will provide home care workers with permanent residence (PR) on arrival in Canada. The current program requires caregivers to have a certain amount of work experience in Canada before applying for permanent residence.

The new pilot programs will replace the Home Child Care Provider Pilot Program and the Home Support Worker Pilot Program, which are closing on June 19, 2024.

Under the new pilot, caregivers will also be allowed to work for organizations that provide temporary or part-time care for people who are semi-independent or recovering from an injury or illness. This new pathway means that caregivers can more easily find proper work with reliable employers and have clear, straightforward



access to permanent resident status as soon as they arrive in Canada.

As part of the 2024–2026 Immigration Levels Plan, Canada will admit over 15,000 caregivers as permanent residents.

Through these new pilot programs, candidates interested in working in Canada's home care sector will be eligible to apply if they meet the following criteria:

- attain a minimum of level 4 based on the

- Canadian Language Benchmarks (CLB)
- hold the equivalent of a Canadian high school diploma
 - have recent and relevant work experience
 - receive an offer for a full-time home care job

“These new PR on arrival pilot programs mark an important step forward in Canada’s efforts to meet the evolving home care needs of its diverse population. More information will be available before the full launch of the pilots, including full eligibility criteria and details on how to apply. Caregivers play a critical role in supporting Canadian families, and our programs need to reflect their invaluable contributions. As we work to implement a permanent caregivers program, these two new pilots will not only improve support for caregivers, but also provide families with the quality care they deserve,” said Marc Miller, Minister of Immigration, Refugees and Citizenship.

“After hearing stories and feedback from caregivers across Canada, I am proud that we are taking concrete action to create policies to support the caregiver community. Generations of women and men have advocated for this important pathway and have cared for our families and loved ones here in Canada. Now is



the time to return the care they deserve,” said Rechie Valdez, Minister of Small Business.

Migrant Care Workers across Canada welcome changes to the caregiver program. “Education requirements will be lowered from Canadian equivalency of 1 year post-secondary education in current pilots to high school equivalency. This is critical as thousands of care workers have been left in limbo due to these barriers under the old program. But many care workers are still left out.

Tsawwassen sees an increase in theft from parked cars

DELTA, BC: Over the past week, the community of Tsawwassen has experienced an increase in theft from parked cars. Many of these thefts have included garage door openers being taken from the cars and then used to enter the garages.

Delta police informed, that on June 3 morning, at approximately 4:20 am, an alert citizen reported suspicious activity at a neighbour’s residence where an unknown man and woman were removing property from a residential garage and putting the property into a minivan. Officers attended but the van fled from officers.

Just before 6 am, officers relocated the van and conducted a vehicle stop. The driver, a 36-year-old woman from White Rock, was arrested for break and enter, theft, possession of stolen property, possession of break-in instruments, breach of Conditional Sentence Order, breach of release conditions, possession of a weapon for a dangerous purpose, and flight from police.

Charge recommendations are being forwarded to Crown counsel and the woman remains in custody. The male was not in the van and has not yet been located.

It is apparent from the property located in the van, that more than one residence and/or vehicle had been targeted in this overnight



crime spree. The Delta Police Department (DPD) is asking Tsawwassen residents to check their cars and garages for any missing property that may have been stolen during the overnight period. There is a likelihood the DPD has recovered your property.

“We are also investigating a vehicle stolen from the same area during the same timeframe. Stolen was a white Ford Escape. This stolen vehicle is likely the way the male was able to leave the area undetected by officers,” A/Insp. James Sandberg, Delta Police.

If you have been the victim of theft in relation to this spree, please contact the Delta police at (604)940-7321 or by email at tips@deltapolice.ca Officers will work to properly identify the recovered property and return it to the rightful owners.

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Surrey student wins bronze at national science fair

A student from Surrey's Academy of Innovative Learning (SAIL) is back home following a bronze medal win at the 2024 Canada-Wide Science Fair (CWSF) in Ottawa last week.

Grade 10 student Visisht Kadali was awarded a bronze Excellence Award at the CWSF for his development of an app called WoundSense, which uses artificial intelligence to diagnose wounds and provide treatment advice to users.

Held at Carleton University, the CWSF is the largest annual youth science fair in Canada. With 400 finalists presenting 330 projects, the event drew more than 7,000 visitors this year.

Kadali was also joined in Ottawa by fellow Grade 10 student Sreya Kurup from Frank Hurt Secondary. The pair earned a spot at nationals following gold medal wins at the South Fraser Regional Science Fair earlier this spring.

While she didn't medal at the CWSF, Kurup impressed with her project exploring the impact of natural antibiotics on bacteria, particularly the effectiveness of vitamin C and ginger on bacterial growth.



Grade 10 SAIL student Visisht Kadali, centre, placed third at this year's Canada-Wide Science Fair, held last week in Ottawa.

(Photo submitted)

Mental Health advocate Tanpreet Parmar Crowned Miss Canada 2024



Lower Mainland based Tanpreet Parmar created history this week when she was crowned Miss Canada 2024.

She became the first ever Punjabi Origin woman to win the prestigious title.

The Miss Canada pageant, held in Montreal since 1946, is renowned for its celebration of personality, diversity, and the empowerment of women. The pageant is unique in its focus on inner beauty, values, and purpose, elements that particularly resonated with Tanpreet.

"As a South Asian Sikh woman, I'm incredibly proud to represent Canada on this platform. I wanted to break the stereotype of pageantry and promote self-love, individuality, and advocacy - all qualities that Miss Canada champions," said Tanpreet.

On her Instagram page, she posted, "Words can't express how grateful I am to be Miss Canada 2024! This has been a dream I've worked really hard for, and it means the world to me. One thing I have learned in life is that perseverance is key! This was my fourth time at Miss Canada, and instead of being discouraged, I grew from each experience. It fueled me to keep going. Always remember, you can achieve anything as long as you put your heart and mind to it. What you truly believe in, can and will be yours, so never give up."

She said that as Miss Canada, I want to inspire everyone to chase their dreams and embrace self-love. "Mental health is a cause I deeply care about. I hope my journey inspires you to persevere and never give up, no matter the obstacles you face! Remember, be gentle with yourselves, love yourselves fiercely, and cultivate a positive mindset."

Miss Canada 2024 website describes Tanpreet as a passionate mental health advocate, focusing on promoting self-love and acceptance. "Her diverse background encompasses modeling, acting, public speaking, and hosting, alongside her career as a Human Resources professional. Tanpreet is deeply passionate about her career in Human Resources, advocating for diversity and inclusivity while supporting individuals' professional growth and development. She finds this work incredibly humbling, as it allows her to make a meaningful difference in people's lives."



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Indian Ex-Servicemen Society of BC Celebrates 29th Raising Day



BC loses more than 14,500 lives due to unregulated toxic drugs in eight years

VICTORIA, BC: Unregulated toxic drugs claimed the lives of 182 people in April 2024

according to preliminary data from the BC Coroners Service.

While this represents a 24% decrease from the number of deaths in April 2023 (239), the risk posed by unregulated drug supply remains very high.

April 2024 marks eight years since the public-health emergency was first declared. At least 14,582 people in the province have lost their lives to toxic drugs in that time, including 763 in the first four months of 2024. Unregulated drug toxicity is the leading cause of death for people in British Columbia age 10 to 59, and accounts for more deaths than homicides, suicides, accidents and natural disease combined.

Fentanyl continues to be the primary driver of unregulated toxic-drug deaths in 2024, detected in 82% of toxicological test results. Coroner investigations confirm that substances were consumed through smoking in nearly three-quarters of the deaths in April.

Nearly 50% of decedents in April were between the age of 30 and 49 and seven in 10 were males. Toxic drugs continue to claim the lives of about six people in British Columbia per day.

Additional notable findings from the latest report include:

* The death rate for females has nearly doubled since 2020, from about 13 to 23 per 100,000 in 2024.

* Vancouver, Surrey and Greater Victoria experienced the most loss of life in April from unregulated toxic drugs, followed closely by Prince George and Nanaimo.

* By health authority, the highest number of lives lost to toxic drugs in April were in Vancouver Coastal and Fraser Health (56 and 51 respectively), making up nearly 60% of all such deaths.

* Eighty-three per cent of unregulated drug deaths in 2024 occurred inside (48% in private homes and 35% inside social and supportive housing, single-room occupancies, shelters, hostels and other indoor locations).

The data shared by the BC Coroners Service is subject to change as additional toxicology results are received.

On Friday, May 31, 2024, the Indian Ex-Servicemen Society of BC celebrated its 29th Raising Day at Riverside Signature Banquet Hall in Surrey with great fanfare where all its members, their wives, and heroic men and women gathered to celebrate the function.

Since its raising in Sep 1995,

the Society has been serving Indian military service/family pensioners, residing in Surrey and its surrounding areas by solving their pension-related problems.

Captain Mohinder Singh Jaswal, president of the Society welcomed the guests and its members and enlightened them about the functions of the Society. Lt.

(IN) Harpal Singh Brar and his colleagues performed by reciting poems and songs.

The event ended with the poem of Colonel Baldev Singh Sangha with good wishes for next year. The President of the Society thanked all those who were present at the occasion. Everyone enjoyed the food.

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Illicit Cannabis sale leads to forfeiture order related to two Surrey properties

Surrey RCMP conducted multiple investigations into the sale and distribution of illicit Cannabis by a company operating in Surrey, BC. The investigations took place from April 2020 to February 2022.

These investigations were conducted under the Cannabis Act and Cannabis Control and Licensing Act (CCLA). During the investigations, illicit Cannabis was seized along with cash and vehicles being used to facilitate sales and distribution. At the conclusion of the investigations, a referral was made to the BC Civil Forfeiture Office (CFO). The investigators also learned the suspected operators of the illicit cannabis distribution company owned two properties located in Mission, BC and Maple Ridge, BC. The CFO was made aware of the



properties as they were suspected proceeds of unlawful activity. The Director of the CFO commenced civil forfeiture proceedings against both properties shortly after receiving the referral and in December 2023 the CFO successfully obtained a forfeiture order from the Supreme Court of British Columbia. Pursuant to the Order the registered owners of the properties were ordered to

pay \$410,000 to the CFO or forfeit both properties. The court order listed the conditions of the payment and stated that if the conditions are not met by December 1, 2024, the Director will dispose of both properties. "Our Frontline, Proactive Enforcement and Asset Forfeiture teams continue to address illicit cannabis sales in our City with the tools available under the Cannabis Act, Cannabis Control and Licensing Act and BC Civil Forfeiture Act. As this case demonstrates, forfeiture of property identified as the proceeds of unlawful activity or used in committing offences under these acts is a real and expensive consequence for operators of illicit cannabis operations," said S/Sgt Glenn Leeson NCO i/c of the Surrey RCMP Drug Unit.

Canucks Hire Manny Malhotra As Head Coach Of The Abbotsford Canucks

Vancouver Canucks announced that Manny Malhotra has been hired as the new head coach of the Abbotsford Canucks. Malhotra replaces Jeremy Colliton who was named the second head coach in Abbotsford franchise history in July of 2022.



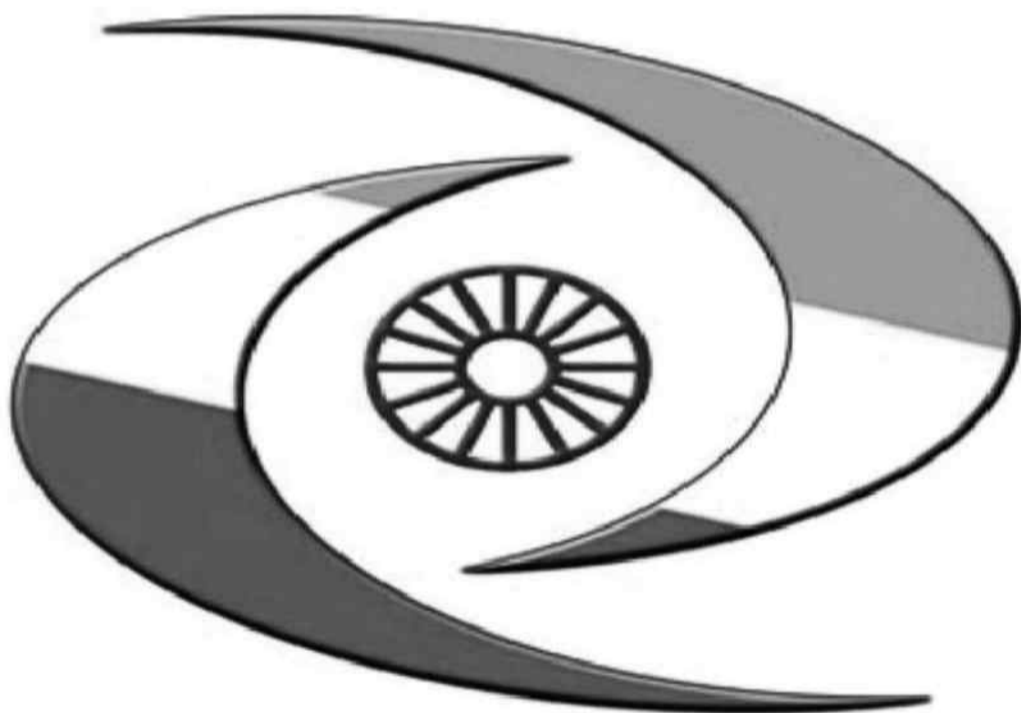
"Bringing in someone who is familiar with the organization is a big win for us," said Allvin. "Manny's experience in hockey development and coaching has prepared him really well for this head coaching opportunity. We look forward to working with him and providing our staff in Abbotsford all the support they need to continue to develop our players."

Malhotra has spent the past four seasons working as an assistant coach for the Toronto Maple Leafs after joining Toronto at the start of the 2020 NHL Season. Before that, the Mississauga Ontario native also spent time on the Canucks coaching staff working as a development coach in 2016-17 and as an assistant coach from 2017 to 2020.

"First of all, I would like to thank Jeremy Colliton and Gary Agnew for the work they did for us in Abbotsford," said Abbotsford GM and Canucks Assistant GM Ryan Johnson. "Having played against Manny in the NHL, I know firsthand many of the great qualities he possesses and the competitiveness in his DNA. He is a teacher first and his skillset and mindset will fit in perfectly with our vision for the team in Abbotsford."

A 7th overall first round draft pick of the New York Rangers in 1998, Malhotra played for seven NHL teams over 16 seasons. In 991 NHL games he racked up 116 goals, 179 assists for 295 points. Known for his prowess in the face off circle, Malhotra spent three seasons playing for the Canucks, appearing in 159 games with Vancouver.

"Being able to return to the Vancouver Canucks organization is an incredible opportunity for both me and my family," said Malhotra. "Getting the chance to help develop the next wave of young talent is an honour and a privilege. We have a lot of good prospects in the group, and I can't wait to get started on the ice. I would like to thank the Toronto Maple Leafs as well for providing me the opportunity to work with them the past four years."



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After a temporary absence, Dr. Koonar is back at Cedar Dental Centre, ready to serve the Surrey community with top-notch dental care. Located at Unit 201, 8434 120 Street, Surrey, BC, Cedar Dental Centre is once again buzzing with activity as Dr. Koonar reopens his practice doors to both old and new patients alike.

Dr. Koonar, known for his commitment to excellence and personalized care, is eager to reconnect with familiar faces and extend a warm welcome to those seeking a trusted dental professional. Whether you're due for a routine check-up, interested in cosmetic treatments, or simply want to say hello, Dr. Koonar invites you to book an appointment today by calling 604-581-4060.

New patients are also encouraged to experience the difference at Cedar Dental Centre. Dr. Koonar welcomes individuals and families seeking comprehensive dental solutions tailored to their unique needs. From preventive care to restorative treatments, Cedar Dental Centre is your one-stop destination for all things dental.

In a special note, Dr. Koonar expresses his gratitude to the community for their continued support and loyalty. He emphasizes his commitment to providing the highest standard of care and looks forward to serving the Surrey community for years to come.

Don't miss your chance to reconnect with Dr. Koonar or experience Cedar Dental Centre for the first time. Call 604-581-4060 to schedule your appointment today and embark on your journey to optimal dental health.



Services Offered:

All General dental services including

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- Wisdom teeth Extractions
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- Orthodontic Consultations.

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1837 COQUITLAM AVE



FOR SALE \$1,949,900

Brand New Beautiful house in very popular area of Port Coquitlam. 6 Bedroom house with 2 bedroom legal suite has great potential. Main Floor features open plan with lovely Kitchen and spice kitchen which is every Chef's dream. Family room and Dining Room with nicely finished ceilings. Upstairs features 4 Bedrooms and 3 Bathrooms. Huge Master bedroom with Ensuite and WIC is amazing. Downstairs 2 Bedroom legal suite is perfect for in-laws or for those ones looking for mortgage helper. Close to all levels of schools, transportation and Shopping.

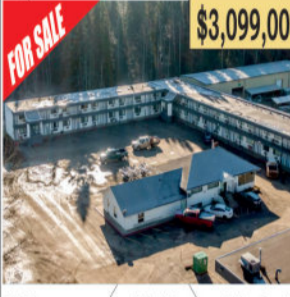
12364 53 AVENUE



FOR SALE \$6,199,000

This Property is located in the prestigious Panorama Ridge neighbourhood with development potential. 2.92 Acres of LAND! Property is free of creeks, right of ways and easements. Rectangular parcel. Please call for additional information.

3030 16 HIGHWAY



FOR SALE \$3,099,000

"Pleasant Valley Motel" located at 3030 Highway 16 in Houston, B.C. This property consists of a 51 unit motel plus a full service restaurant and living quarters for the owner/manager.

13130 69 AVENUE



FOR SALE \$2,329,900

Modern executive family home situated in the highly sought-after area of West Newton. This beautifully maintained residence features 10 bedrooms and 6 bathrooms. The home showcases elegant millwork, fresh paint, high-end finishes, and renovations throughout, including two mortgage-helper basement suites (2-bedroom and 1-bedroom). The foyer's high ceilings set a sophisticated tone, leading to a double-height living room and an adjacent dining room.

13422 60 AVENUE



FOR SALE \$1,779,000

Concealed Gem! Pristine, impeccably kept, 4-bedroom home with a 1 bedroom suite! Located in a fantastic family-oriented community. Stunning craftsmanship evident throughout. Laminate flooring complements the aesthetic. Upgraded windows installed in 2017. Spacious garage boasting 8' high doors. Includes covered RV parking and two garden sheds. The backyard is a distinctive highlight, fully fenced and landscaped with charming park-like attributes facing south. Perfect for outdoor gatherings and leisure. Conveniently situated near Aspen Park, transportation, shopping centers, and schools. A delight to present!

205 395 ELLESMERE AVENUE



FOR SALE \$1,170,400

Brand new and impeccably constructed, this Live & Work space spanning 830 square feet is now available for immediate occupancy! Situated in the esteemed Capitol Hill neighborhood of Burnaby, this development stands out with its four-story structure gracefully perched above two levels of parking. Boasting a total of 20 luxurious residential units, 10 versatile Live-Work office spaces, and 4 upscale commercial retail units, this project sets a new standard for sophistication. The residential units, ranging from studios to three-bedroom layouts, offer generous floor plans ranging from 828 to 1,170 square feet, promising ample space and refined aesthetics.

22442 125 AVENUE



FOR SALE \$1,149,000

A fantastic opportunity awaits with this updated four-bedroom residence, ideally positioned at the cul-de-sac's end on a pie-shaped lot, just a short stroll from downtown Maple Ridge! The kitchen boasts quartz counters, stainless steel appliances (including a built-in microwave), and hardwood floors. Flowing seamlessly from the kitchen, the generous dining and living spaces feature a natural wood fireplace framed by a built-in entertainment unit. The master bedroom includes a 3-piece ensuite and a walk-in closet. The fully finished basement is perfect for guests or in-laws. Noteworthy features include a 2-year-old high-efficiency furnace and an 11-year-old roof. Commuters will value the proximity to Golden Ears Way! Book your showing today!

14753 62 AVE



FOR SALE \$1,999,000

SULLIVAN STATION BRAND NEW HOUSE. Features 8 BEDROOMS & 7 WASHROOMS! You are welcomed into this custom built beauty with beautiful finishes. Bright and spacious living and dining rooms. Custom built kitchen along with a spice kitchen! Huge family room with big windows to soak in that natural light. There is also a den/bedroom on the main with a FULL washroom. Glass railings throughout. Modern design and finishes. Upstairs there are 4 bedrooms, 3 with their private ensuites and good size closets! Also a large patio in the basement there is a large media room perfect for entertaining with a 2 piece washroom. There are also 2 MORTGAGE HELPERS! Fully finished 2+1 suites with their own separate entrances. This home truly has it ALL! Perfect for the growing family.

13422 60 AVENUE



FOR SALE \$1,779,900

Concealed Gem! Pristine, impeccably kept, 4-bedroom home with a 1 bedroom suite! Located in a fantastic family-oriented community. Stunning craftsmanship evident throughout. Laminate flooring complements the aesthetic. Upgraded windows installed in 2017. Spacious garage boasting 8' high doors. Includes covered RV parking and two garden sheds. The backyard is a distinctive highlight, fully fenced and landscaped with charming park-like attributes facing south. Perfect for outdoor gatherings and leisure. Conveniently situated near Aspen Park, transportation, shopping centers, and schools. A delight to present!

5579 124 STREET



FOR SALE \$2,499,000

PRESTIGIOUS PANORAMA RIDGE! BUILD YOUR DREAM HOME. This 24,000+ SQ.FT Lot is located on one of the most sought after neighbourhoods in all of Surrey - PANORAMA RIDGE! Surrounded by multi-million dollar homes this is your chance to build your dream home. Please call for more details.

15451 KILMORE PLACE



FOR SALE \$1,949,900

Arguably the best neighbourhood in all of Surrey! Located in what is known as the "K subdivision in Sullivan Station! RENOVATED 2 level executive home with over 2,500 sq.ft. of living space on a MASSIVE & CORNER lot 13,585 sq.ft. lot WITH 151 FT FRONT! The home is RENOVATED and features 3 bedrooms and 3 bathrooms. Renovations include new oak flooring, kitchen mouldings, lights, railings, bathrooms, 5 y/o hot water tank, new windows and gutters. Main floor features living room, dining room, kitchen and eating area. Good size family room which leads into the backyard. Upstairs you have 3 good size bedrooms and 2 bathrooms. Located in an excellent neighbourhood.

13075 74 AVENUE



FOR SALE \$1,689,900

This stunning residence in West Newton partially renovated with new paint, flooring, updated washrooms, kitchen/appliances and more! It's nestled on a tranquil street close to a park and elementary school, is sure to captivate you! Situated adjacent to the BC Bio Lab, it boasts added privacy. Sitting on a MASSIVE 6000+ Sq.Ft Lot! Impeccably kept, this 5-bedroom home features a fantastic layout, generously sized bedrooms, and the potential to add another above the family room. With its soaring ceilings, abundant windows, hot water heating, crawl space, security system with surveillance, smoked mirrors, mirrored closets, coffered ceilings, and marble fixtures, every detail exudes elegance. Additionally, there's a one-bedroom unauthorized suite.

12491 57A AVENUE



FOR SALE \$2,349,900

PRESTIGIOUS PANORAMA RIDGE! Corner Lot! BUILD YOUR DREAM HOME. This 20,000+ SQ.FT Lot is located on one of the most sought after neighbourhoods in all of Surrey - PANORAMA RIDGE! Surrounded by multi-million dollar homes this is your chance to build your dream home. Corner lot location allows for easy design and loads of windows and ultimate privacy. Please call for more details. Seller can provide Vendor Take Back Mortgage (28863376)

2940 16 HIGHWAY



FOR SALE \$3,099,000

"Pleasant Valley Motel" located at 3030 Highway 16 in Houston, B.C. This property consists of a 57 unit motel plus a full service restaurant and living quarters for the owner/manager. 18 RV

12686 56 Avenue



FOR SALE \$2,325,000

Experience luxury living in this exquisite 1 bedroom, 1 bathroom apartment located in the The Holland. Enjoy an abundance of amenities spread across 13,000 square feet, including a concierge service, gym, yoga studio, music studio, guest suite, indoor/outdoor social and dining lounge, and more. Located in the heart of the city, this apartment offers convenient access to nearby walkways, cafes, shopping malls, and two Skytrain stations. Enjoy a park-side living experience with an amenity-rich lifestyle, including easy access to all of the City Centre's retailers, as well as SFU/future UBC campus.

7688 115A STREET



FOR SALE \$2,149,000

Situated on an expansive 4600+ square foot lot within the highly desirable Scottsdale community, this newly constructed, custom-designed contemporary residence epitomizes opulent living. Boasting over 3500 square feet of living space, this home is tailor-made for a growing family. The main level greets you with an impressive foyer leading to commodious living and dining areas. A seamless integration of the family room and kitchen establishes a central gathering point for daily activities. Upstairs, four bedrooms await, including two lavish master suites featuring walk-in closets and en-suite bathrooms, alongside two additional bedrooms connected by a Jack and Jill bathroom.

12978 61 AVENUE



FOR SALE \$1,410,000

PANORAMA RIDGE partially RENOVATED HOME! This home has 3 bedrooms and 2 full washrooms. BUILD YOUR DREAM HOME and RENT WHILE YOU WAIT! This home is perfect opportunity for a builder or an investor. Sitting on a MASSIVE 7100 sq ft lot that is rectangular! Located in the prestigious Panorama neighbourhood. Updates include New flooring, new paint, new pot lights and more! Loads of parking- Double car garage and large driveway. Centrally located and close proximity to both levels of schools, hwy 10 & hwy 99. Please call for more information. EASY TO SHOW!

304 5535 HASTINGS ST.



FOR SALE \$1,299,000

Alto, a project by Vivid Green Architecture, is set to be erected on Capitol Hill in Burnaby, precisely located at the intersection of Hastings Street and Ellesmere Avenue. This development will consist of a 4-storey wood-frame low-rise structure sitting atop two levels of parking. It will offer a total of 20 luxury condominiums, along with 11 live-work units and 5 commercial retail spaces. The residential units will come in various configurations, ranging from studios to 1, 2, and 3-bedroom layouts, spanning between 828 and 1,170 square feet. Residents will have access to shared amenities including a meeting room and a landscaped rooftop deck furnished with lounge seating.

12686 56 AVENUE



FOR SALE \$2,325,000

PANORAMA RIDGE 3 bedroom rancher on beautiful half acre (19994 sq ft) lot. This is a once in a lifetime opportunity to own one of the best on highly sought after 56 avenue. Surrounded by multi million dollar homes. Ultra clean home with open layout, enclosed sunroom, newer roof, detached garage & RV parking. Plan to build your 3 level dream home. Rectangular Large Lot 154' frontage x 129' deep. Sewer connected. Walking distance to Colebrook elementary & bus stop. Easy access to hwy 10 & hwy 99. Easy to show North Facing South Facing sunny backyard. The residence offers a total of 7 bedrooms and 11 washrooms- 5 master bedrooms with 6 ensuites for unparalleled luxury and convenience.

13418 71A AVENUE



FOR SALE \$1,949,000

Fantastic Development Opportunity. Situated in the highly sought-after Newton Area, this property boasts remarkable potential for development. Spanning over 8000sqft, its generous lot size combined with advantageous zoning regulations for a low-rise structure make it an enticing prospect for savvy investors and developers keen on maximizing future gains. Its strategic location promises growth, with easy access to utilities, roads, and essential amenities, streamlining the development process. Moreover, its proximity to key attractions such as the Wave Pool, library, grocery stores.

8316 Government Rd



FOR SALE \$2,799,000

Prime Government Street address, in proximity to schools, shopping, public transportation, and nestled in privacy on a spacious quarter-acre lot. Home has 10 bedrooms 11 washrooms, under construction. Sold as is where is.

279C 8635 120 ST.



FOR SALE \$419,000

Fresh, well-lit, and spacious Unit. Hassle-free establishment. A single-bedroom apartment located off Scott Road and 86 Avenue. Remarkably roomy second-floor condominium set amidst a tranquil environment, surrounded by a sprawling Cherry Blossom tree about to blossom. Recently renovated with meticulous attention to detail. Comes equipped with brand new appliances. Enjoy amenities such as a pool, sauna, and more. Conveniently close to bus stops, shops, and various services, with the seniors center and Scott Road SkyTrain.

7784 DUNSMUIR STREET



FOR SALE \$6,880,000

Sale by Court Order: 3.27 acres development opportunity situated in Mission's prime location. The property boasts Urban Residential zoning (R558) and is earmarked for Attached Multi-Unit Residential development. Land value only.

17351 80 AVENUE



FOR SALE \$5,499,000

Experience tranquil living on a spacious 10-acre property in Surrey, offering a perfect blend of rural serenity and urban convenience. Nestled within a peaceful farm environment, this flat, square parcel of land is just a short drive away from all essential amenities. The charming 4-bedroom, 2-bathroom Rancher boasts approximately 1700 sq ft of living space, providing a comfortable and inviting retreat. Ideal for multi-generational families, this acreage presents limitless possibilities.

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**FOR
SALE**

CD zoned property in Red Fm plaza for Sale or Lease \$1,999,000. Total Sq ft. 1,925sq ft.

**PUB FOR SALE
IN COQUITLAM**

Primery Liquor
SOLD
priced to sell. Seller will finance if needed.

2 Unit Warehouse

total 2625 Sq ft, prime location 123st and 84 ave area, \$2,900,000 for both.

COMMERCIAL BUILDING

Prime Scott road location with lots of potential. 4 storey with elevator 6 units rented month to month and balance owner using a business but can be vacant possession. Great Future potential.

Price 7,900,000

HOUSE IN FLEETWOOD

3 separate suites, 3 separate laundry, 3 Potential Home House in Fleetwood 10,000sq ft. with subdividable potential. Great investment property \$1,500,000.

HOUSE FOR SALE

A house for sale on \$2,250,000, rancher with loft on 25,000sq ft. lot.

FOR LEASE

4.363 acres of prime land in the heart of Surrey. Near 152st and 68ave. ALR is designated as an industrial business park. (Truck parking only not allowed)

**SURREY TRUCK
BODY SHOP**

Extremely busy location.

SOLD
option can buy building alone, business alone or together.

Call for details

**WAREHOUSE
FOR LEASE**

124st and 84ave.

Total 5,146, **LEASED**
on 2 levels.

Call for details

**Warehouse
for Lease**

2637sq ft, Newton area 124st and 82ave., end of January. \$17 sq ft. plus \$6 additional rent.

WAREHOUSE

3000sq ft. warehouse, 1500sq. ft. up and down, near payal business center
Call for details

**WAREHOUSE
FOR SALE**

2817 Sqft in Newmarket, near Hwy 7, 16 foot ceiling. auto etc.
LEASED
Only \$1,199,000.

FOR LEASE

Space Scott Road and 84th ave area, 983 Sq FT, Available March 2024, Great Exposure 5 SQ ft plus \$11 additional rent, ideal for Physiotherapy clinic
LEASED

Kwantlen Polytechnic University's Suhana Gill garners two prestigious awards

Surrey, B.C. – Kwantlen Polytechnic University (KPU) 2 science student Suhana Gill has been named one of Surrey's Top 25 Under 25 and listed among the most influential women in Surrey.

Gill is passionate about politics and advocates for agriculture, climate justice, women's representation in society and youth engagement in politics. She is a marketing strategist at a family's farm business, uses Instagram to educate people about climate change, serves as a Women's Representative for the Kwantlen Student Association (KSA) and is an ambassador for One Tree Planted and 350 Canada climate initiatives.

Seems overwhelming? Not for 18-year-old Gill.

"It's chaotic, but I love it," smiles Gill. "I love being busy all the time. When at the end of the day, I know that I got it all done, that's a satisfaction that keeps me motivated to grow."

Gill is incredibly proud to have received Surrey's Top 25 under 25 award, presented by the Surrey Board of Trade, and to have been named one of the Top 15 Women of Influence Breaking Barriers by Drishti Magazine. The pandemic hit just as she entered high school, pausing her sports of soccer and swimming, and giving her time to complete additional school courses.

"By Grade 9, I was doing Grade 11 work, and by Grade 10, I was doing Grade 12 work. I thought I might as well push further and see if I can make it," says Gill about graduating high school two years early.

At age 10, Gill began engaging with governmental organizations and volunteering for



political campaigns, learning the importance of youth involvement in politics.

"Canada has a big deficit of youth engagement in voting. It's important that young people know what the government does, its policies and how the parties work," says Gill. "Everything they do now will affect us in 10 or 20 years, so young people must get more involved in politics."

At 15, Gill applied to KPU to pursue business studies and started her first semester when she was just 16. Later, she decided to follow her true passion and switched her field of study to political science.

Gill took her interest further and ran for a seat at the KSA table. As the Women's Representative, she ensures that female KPU students are informed and heard and their issues are addressed, providing them with the best university experience possible.

"I'm always welcoming and open to having women come in and discuss what they want to discuss and initiatives that they like to see implemented," says Gill. "It's very powerful when women come together to support each other."

VIPAN SHARMA
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15611 ROPER AVENUE, WHITE ROCK
\$1,649,000 Listing ID: R2577672

NEW LISTING

Well cared 4 bed/2 bath 2185sf House . Large FLAT LOT, Great Location to walk to Uptown or Beach. Open floor plan is perfect for family living. New Paint Bright Kitchen & dining with walk-out to oversized side deck. Hardwood floors throughout. Living upstairs boasts a feature Fireplace. Spacious Kitchen Lower level has 2-Bedroom Suite with separate entry. Large Double garage with storage. Earl Marriot French Immersion Sec & WR Elementary +(Peace Arch) French Immersion Catchment. Large deck 578sqft nice patio 105sqft with double garage. Buyer agent to verify with city for duplex option. VIEWING SATURDAY 6:00pm to 8:00pm AND SUNDAY 1:00PM TO 5:00PM.

2880 169 ST., SURREY
\$3,599,000 Listing ID: R2584077

NEW LISTING

Welcome to North Grandview Estate! Immaculate Mansion on quiet serene street on very private one acre lot. All custom designed and extremely high quality construction. Lots of updates made recently inside the house, Garage and in backyard landscaping. Breathtaking garden of Eden. Enter through the 8' high double solid oak doors into the grand foyer, 4 tier "Wiltshire" Gold plated chandelier. 8 zone radiant hot water in all three floor heating. 2 by 6 construction with Truss Joist "silent floor" 12 on centre. The formal living room offers a 20' double trayed ceiling featuring intricate mouldings and woodwork. There is a butler's pantry. Two staircases. Fully finished basement triple garage, plus much more! South ridge School nearby. Showing Saturday and Sunday 2:00Pm to 4:00Pm.

**THREE TOWNHOUSE SITE AVAILABLE
IN LANGLEY FOR MORE DETAIL
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6922 202B ST., LANGLEY
\$3,678,400 Listing ID: \$3,678,400

This offering represents an opportunity to secure 1.6 acres of prime townhome development land in the Central Area of Langley in the Township of Langley. **SOLD** designated for 12-40 units. Investment Potential. Close to all shopping and amenities. An exclusive opportunity to invest in one of Canada's fastest developing communities. *

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<p>62 15175 62A AVENUE NEW LISTING OPEN HOUSE JUNE 9 FROM 2-4 \$919,000</p> <p>FULLY RENOVATED! Beautiful 3 bed townhouse with TWO entrances 1st entry from 62a ave through backyard with no stairs . All new kitchen high end appl., granite waterfall countertop, backsplash, country sink and faucets. Elegant wide plank vinyl flooring resists kids, pets and spills! New electric fireplace and custom built walnut wall unit perfect for entertainment and storage. Upstairs features 3 good size beds, lush bedroom, and updated washer/dryer.</p>	<p>19913 72 AVE LANGLEY NEW LISTING \$1,849,000</p> <p>House with basement suite and a coach home Potential rent \$5000 or more per month (3 separate rental units)</p>	<p>UNIT 34 - 1010 EWEN AVE NEW WEST NEW LISTING OPEN HOUSE JUNE 8 FROM 2-4 \$849,000</p> <p>Hot location in New Westminster! Just minutes from Walmart shopping outlet and restaurants, 10 min to Richmond, 10 min to Metrotown. Walking distance to Queen Elizabeth School. Corner unit townhouse w/spacious layout. Spacious 3 bedroom and 2.5 bathroom. Shows beautifully! Living and dining room faces inside of complex and the other side has kitchen, family room and a den With large balcony for family entertainment.</p>
<p>217 20696 EASTLEIGH CRESCENT NEW LISTING \$699,000</p> <p>Welcome to The Georgia. . . Langley's newest collection of homes centrally located in Langley City close to shops, restaurants, parks, schools and walking distance to the future Skytrain. Modern open concept designs, featuring inviting 9ft ceilings, high-quality laminate flooring, air conditioning in the master bedrooms, and granite stone kitchen countertops. Contact sales for more information! Don't miss out, only a handful of homes remaining!</p>	<p>19917 72 AVE LANGLEY NEW LISTING \$1,599,998</p> <p>House with basement suite All rent approx \$3000 per month SOLD Open house Sunday 1-4</p>	<p>11516 PARKWOOD PLACE DELTA NEW LISTING \$1,499,000</p> <p>Check out this well maintained, beautifully updated basement entry home in the Heart of North Delta. Main floor boasts 3 bedrooms, 2 bath, spacious living room/dining room, beautiful kitchen, sundeck. Downstairs features 2 bedroom legal suite with separate entry. Single garage and driveway can fit up to 4 cars. Steps away from Chalmers Elementary and Burnside Secondary, Sun God Rec Centre, transit, shopping and parks.</p>
<p>5105 ABERDEEN ST., VAN \$1,495,000</p> <p>Beautiful Corner House in the most desired area of Collingwood. Upstairs features three bedrooms and two bathrooms with a good size family room with a fireplace and a walk-out to the back deck. Downstairs features a large suite, it comes with a full laundry, lots of parking and very close to all amenities, walking distance to Joyce Collingwood sky train and Gaston Park.</p> <p>SOLD</p>	<p>#37-8358 121A ST., SURREY \$699,000</p> <p>Welcome to Kennedy Trails. This house checks all the boxes. Cost effective & environmentally friendly. GEOTHERMAL Heating & Cooling system, E-star windows, Three in the heart of Surrey Main St. Large dining area, Granite kitchen, bath and DEN/DOR. Master Bed with walk in closet. 4th bed and comes with a full bath room. Backyard approx 360 SQ FT Double side by side car garage, additional 1 car parking New Paint. Professionally Cleaned Carpet. Close to all amenities; superstore, restaurants and very easy access to the highway as well. This is a must see.</p> <p>SOLD</p>	<p>9750 128 ST., SURREY \$999,900</p> <p>Solid 6 bed and 2 bath home in the heart of Surrey. A perfect home for home buyers, investors. Upstairs features 3 bedrooms, kitchen with granite laundry, Massive deck. Freshly painted. Downstairs comes with 3 bed, 1 den, 1 bath and kitchen. Lots of parking at the front and back. Detached garage. Some recent renos include roof, windows, paint.</p> <p>SOLD</p>
<p>#51-7090 180 ST., SURREY \$185,000 over asking</p> <p>SOLD</p>		

14379 66A AVENUE

OPEN HOUSE ON SATURDAY & SUNDAY 2-4 PM



6 BED - 4 BATHS - 10,318 SF

This Beautiful House sits over a 10318 Sq. Feet Lot in prime neighbourhood of East Newton & features with Three Bedrooms & Two Washrooms including extra large master bedroom with ensuite and a Balcony, Huge Living Room, Dining Room & a separate Family Room UPSTAIRS. Downstairs comes with two mortgage helpers (2+1), Fully Renovated with lot of updates like both new Kitchens, Bathrooms, flooring, Lighting, Hot Water tank & Furnace. Enjoy the tranquility & quietness of Cul-de-sac with your morning tea sitting on the Front Patio. Close to all Amenities.

ASKING 1,599,000

5758 131 A STREET SURREY



11BED - 11 BATHS - 20,255 SF LOT

BEAUTIFUL HOUSE UNDER CONSTRUCTION IN PRIME NEIGHBOURHOOD OF PANORAMA

ASKING 4,000,000

9097 BROADWAY STREET



3 BED - 1 BATH - 10,019 SF LOT

Builder's Alert! The Property is sub dividable and has been rezoned R1-C. PLA Application has been submitted to City & is in process. Excellent Heritage style home with three bedrooms and one bathroom . Large Private backyard.

ASKING 924,000

11956 98 AVENUE, SURREY



7 BED - 5 BATHS - 6,600 SF

Welcome to Your Dream Home! This beautiful renovated home at a prime location in a quiet neighbourhood of Royal Heights features with 7 Bedrooms & 5 Washrooms, very spacious open concept kitchen with quartz countertops & stainless steel appliances, Huge Living Room & Family Room, tons of Natural Light, Stone front, Glass Railing, Air Conditioning Upstairs. 2+1 Bedroom Suites as great mortgage helpers. Enjoy your morning tea in the open front deck or the covered sundeck in the backyard. Easy Access to Hwy 17, Scott Rd Skytrain station, Schools and Shopping.

ASKING 1,699,000

7028 142 STREET, SURREY



5 BED - 5 BATHS - 7,107 SF

Welcome to this well-maintained and updated home in the heart of Newton with over 7100 sqft lot with 77 feet front just steps away from school and Bus Stops. Upstairs there are 3 bedrooms and 2 full bathrooms with a living room, dining room and kitchen along with a bonus Family room. There are 2 separate balconies off the Family & Living Room. 2 Mortgage helpers (1 bedroom each) currently rented to Nice tenants. There is one full extra bath Downstairs. This home has lots of options to rent. The home features an updated kitchen (2015) updated washrooms (2017) and has been freshly painted. The roof has been updated as well in 2017. Walking distance to George Vanier Elementary school, daycare and to public transportation. THIS IS A MUST SEE!! Please book your private Showings.

ASKING 1,699,000

10095 FAIRVIEW DRIVE, CHILLIWACK



4 BED - 2 BATHS - 9,750 SF LOT

Welcome to Your Dream Home! This is a well kept home in one of the best & prime neighbourhood of Fairfield Island in Chilliwack. This Beautiful Rancher with Basement house sits on a huge 9750 Sq. Feet Lot with a wide frontage of 75 feet & a Subdivision Potential (Please confirm with City) features with 3 Bedrooms & 1.5 Washroom on the main floor with a spacious kitchen equipped with Stainless Steel appliances. Downstairs you got a very spacious space, complete with two large Recreation/family rooms plus a bedroom and storage area. Roof was replaced 2-3 years back. Close to all shopping amenities, plenty of schools nearby and more parks within walking distance than any other neighbourhood.

ASKING 929,000

1001 14881 103A AVENUE



2 BED - 2 BATHS

Best Opportunity for the first time home buyers & nature lovers to enjoy the scenic beauty, spectacular north shore & panoramic coastal mountain views. This amazing Corner unit features with 2 Bedrooms & 2 Bathrooms with a Huge Master Bedroom Ensuite, A Good Size Living Room, Dining Room with fully renovated kitchen with quartz countertops & new kitchen cabinets, New stainless steel appliances & pot lights. All these appliances & renovations were done two years ago. Carpet in the whole unit is one year old. You are minutes walk to Guildford Town Centre, TNT Supermarket, dining, public library and highways. The maintenance fees include gas & hot water, One Storage locker & One Parking. There is also a bike room and lots of outdoor Visitor Parking.

ASKING 589,000

5748 123 Street Surrey



7 BED - 8 BATHS - 20,211 SF

Welcome to Your Dream Home! This Beautiful & Luxurious Architectural Masterpiece on a CORNER HALF ACRE LOT in the most prestigious neighbourhood of Panorama Ridge Features with Elegant Porte- Coucher Hotel Like Entrance with circular driveway, Italian Bricks Exterior, Open Concept Kitchen with Custom Italian Cabinets & Italian Black Marble, High Ceiling, Gorgeous sunken Living Room with oversized windows, which provide excellent Lighting, Circular Cherrywood Staircases, Huge Family Room & Dining Room with Master Ensuite on the Main Floor, High End Wool Carpet, 5 Bed rooms with 3 Washrooms upstairs. Downstairs Open & Bright Basement with Separate entrance with Wet Bar, which could be converted into a suite. Triple Car Garage with Ample Parking, Private Sports Court & Lot more. Must Visit

ASKING 2,999,000

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Location! Location Location! Great opportunity to own a well established & profitable MASSAGE CENTRE in the prime neighborhood of East Newton. The seller is running this centre for last eight years & wish to retire. This unit has three massage chambers with one chamber for tradition Indian Ayurvedic Shirodhara Table & a separate kitchen area & washroom. Lease is expiring in March 2024 but has two renewal options of 5 years each but the seller is getting it renewed by himself. Please contact for more info.

ASKING 249,999

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2024 Alfa Romeo Giulia Quadrifoglio (Q4): Superb in every way!

Auto Review
By Veeno Dewan

There are some cars that come my way that the whole family get excited about. Cue the 2024 Alfa Romeo Giulia Quadrifoglio sedan that recently ended up on my driveway. Its an Alfa ,so right away, it is beautiful, a gorgeous car, sensuous with an aggressive lilt. It exudes speed, grace, and power under those beautiful body curves. It has four- doors, but still has that slinky coupe like aura. Inside there is a new configurable touchscreen 12.3-inch digital gauge display. I just those cool four-leaf clover badges on the front fenders!The Giulia arrives in a choice of models, Sprint, Ti, and Ti Sport, Veloce, and Competizione (280 horsepower) from \$558,395 - \$96,94540. In Rear wheel and All-Wheel Drive versions. We tested the top tier Quadrifoglio (Q4) edition at \$96,945 with 505 horsepower. optional carbon fibre package with various exterior and inside elements in carbon fiber along with dark alloy wheels. Other upgrades to the Q4 include A sport suspension, selectable driving modes, a torque-vectoring differential, larger Brembo brakes. leather-trimmed seats, aluminum interior trim, unique sport front and rear fascia's, bigger 19-inch wheels, and additional driver-assist technology. . Special options include black finish touches to the grille, exhaust tips, side mirror housings, and window surrounds, an exposed carbon-fiber roof and Sparco carbon fiber front racing seats. Best of all, the 2024 Giulia Quadrifoglio has a 505-horsepower twin-turbocharged 2.9-liter V6 engineered by Ferrari. This is upgraded from a base turbocharged 4-cylinder engine making 280 Horsepower. Transmission is via a quick acting 8-speed-

automatic with those huge Ferrari style paddle shifters on the steering wheel. The Quadrifoglio is rear-wheel-drive only. directing up to 60 percent of available torque to the front wheels and can sprint from standstill to 96 kph in only 3.8 seconds and hit a top speed of 307 kph. Interior wise, the Quadrifoglio Italian flair continues, with a rich, lavish looking leather trimmed cabin. The engine start button is set into the 2024 Giulia's steering wheel another Ferrari-style touch! There are the big paddle shifters and on the other side of the wheel is a retro look analogue twin-cowl instrument cluster, housing a 7-inch digital driver information display. The standard front seats are well-cushioned and bolstered and covered with leather and Alcantara. The front cabin is roomy, although storage is not a high point. The heated back seat offers good legroom, but the raked rear roofline means headroom is tight. The trunk space is rated at 13.4 cubic feet with folding seatbacks, tie-downs, grocery hooks, and a cargo net. Features include dual-zone automatic climate control and an infotainment system based around an 8.8-inch touchscreen and features four USB ports Apple CarPlay/Android Auto smartphone integration, and satellite radio. navigation system wireless charging, a 14-speaker/900-watt Harman Kardon audio system. The Giulia is high on safety , with a slew of driver-assist technologies as standard across the range. This includes blind-spot monitoring, lane-departure warning, forward collision warning with automatic emergency braking, and adaptive cruise control. Ti models and above also get semi-autonomous driver technology with lane-keeping assist, traffic sign recognition, and traffic jam assist. On the road, the Quadrifoglio Guilias' Fer-



rari derived V6 engine delivers a glorious cacophony of exhaust sounds and proves its pedigree, giving the Q4 impressive acceleration and traction. You get the peak 505 horsepower @ 6,500 rpm, with 443 lb-ft of torque @ 2,500-5,500 rpm. The eight-speed automatic offers delicate, discreet shifts holding gears a tad and rev matching while decelerating for corners. The driver selectable driving modes known as Dynamic, Natural, and Advanced Efficiency —referred to as Alfa DNA add flair and an edge to the Q4, tightening up suspension,

gear shift and engine performance parameters. Race mode is for those track days and empty roads. The supple chassis of the Q4 also makes the car tighter with a lower center of gravity. With its uprated suspension the Q4 can be made to attack, enter, and dispatch corners in a methodical, predictable way. Rated fuel consumption for the Giulia is 10.5 / 7.7 / 9.2 L/100 km city / highway / combined.

To sum up the Alfa Romeo Quadrifoglio is a compelling purchase if you are looking for a premium sports sedan with stellar performance chops. With its vice free road manners, creamy smooth engine, transmission, and agile handling It is superbly refined. Its Ferrari developed engine gives it the edge against the mostly German competition. Highly recommended.

2024 Alfa Romeo Giulia Quadrifoglio 4 priced from \$96,945.

More info at www.alfaromeo.ca



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NEW LISTING


Architectural elegance at it's finest; this West Vancouver-inspired property is located within the prestigious Elgin Park Estates neighborhood in South Surrey. This extravagant home portrays the unique blend of timeless sophistication and secluded park-style living. Sitting on approximately 14,000 sqft of land, this property offers 6488 sqft of luxurious living space; meticulous by design, it features four opulent bedrooms upstairs and similarly one spacious bedroom on the main floor. The kitchen is equipped with Miele appliances throughout and features a beautiful transparent wine cabinet. Furthermore, the property possesses an abundance of outdoor entertainment space in conjunction with a designated theatre room, gymnasium, games room, and bar. Call now to book your private showing!

#92 15111 EDMUND DRIVE



Welcome to Townsend! This beautiful unit is one of the largest in the entire complex, boasting 1,976 sq ft. of living space. Built in 2019 by award-winning builder, Polygon, this beautiful townhome features 4 spacious bedrooms - 3 on the top floor, and 1 on the ground floor as guest quarters, 3.5 bathrooms, as well as a grand main floor which includes a large family room and separate dining area. The guest quarters on the ground floor feature a spacious bedroom and a full bathroom, and a double side-by-side garage. In addition to the double garage, there are an additional two parking spots outside. The home has been exceptionally maintained by its current owners. Call to book your private showing today.


UNIT 2808 13615 FRASER HWY



NEW LISTING

Welcome to King George Hub, built by PCI is one of the most sought-after locations in central Surrey. Move in or Invest in the fastest-growing city in BC. This bright north-facing unit is located in the master-planned community with all of your needs at your doorstep. The unit is finished with laminate flooring, quartz countertops, and wall-to-wall windows for natural light. The unit has one parking, one storage locker, and an already paid-for EV charger.

LOT B 20444 46A AVENUE, LANGLEY



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**16669 31B,
SOUTH SURREY**



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B.C. seeks anti-racism advocates for provincial committee

VICTORIA, BC: People from diverse backgrounds with an interest in dismantling systemic racism and advancing racial equity are encouraged to apply to be members of the Provincial Committee on Anti-Racism. The Province is accepting expressions of interest from throughout the province to fill 11 positions on the new committee, which will advise government about the implementation of the newly passed Anti-Racism Act and on developing a whole-of-government Anti-Racism Action Plan. The committee will also be responsible, in collaboration with racialized communities, to develop a framework for public bodies to do anti-racism assessments and establish anti-racism training standards they will follow. Requirements for consideration

include being a B.C. resident, having lived experience as a racialized person and experience with anti-racism work. While the committee will focus on non-Indigenous-specific racism, given the unique colonial history of B.C., government will also consult and collaborate with Indigenous Peoples in relation to dismantling Indigenous-specific racism. Expressions of interest will be accepted until June 15, 2024. The Anti-Racism Act is an important part of the Province's commitment to dismantle systemic racism and build a better, more inclusive province for everyone. Learn More: For more information about the committee and to apply, visit: <https://www.bcpublicsectorboardapplications.gov.bc.ca/s/noticeofoppositionDetail?nop=J-0379>

BC drivers required to follow new minimum distances from people walking and riding on roads

Starting Monday, June 3, 2024, drivers must keep new minimum distances from people walking and riding on roads in British Columbia. New rules will protect vulnerable road users, requiring drivers to keep at least one metre away when passing. Vulnerable road users include pedestrians, cyclists, motorcyclists, individuals on animals or in vehicles pulled by animals, and people who use electric wheelchairs, mobility scooters and electric kick scooters. When passing these road users, drivers must keep a minimum of distance of: * one metre on highways with speeds of 50 km/h or less; and * one-and-a-half metres on highways with speeds of 51



km/h or more. Drivers passing vulnerable road users who are in separated and protected cycling lanes and on sidewalks must allow a minimum of half a metre. The distances are measured from the furthest protruding part of a passing motor vehicle, such as a mirror, to the furthest protruding part of a vulnerable road user or their equipment, such as a handlebar. Police may issue tickets for violations under the new Motor Vehicle Act

regulations. Penalties include: * \$109 and three driver penalty points for failing to take proper precautions with vulnerable road users. * \$368 and three driver penalty points for failing to maintain prescribed minimum passing distances. * The maximum fine is \$2,000 and six months of imprisonment. Learn More: For additional information about the new regulations, visit: <https://gov.bc.ca/sharetheroad>

It's Time for a Complete Overhaul of the Governance at Metro Vancouver, Say Group Of City Councillors

Massive Cost Overruns and Lack of Transparency Key Factors in Call for Reforms at Metro Vancouver

VANCOUVER< BC: A group of city councillors from across the lower mainland is calling on Premier David Eby to carry out a governance review of Metro Vancouver with an eye to having voters elect local representatives on the

board, replacing the current model of municipal appointments. Councillors Linda Annis of Surrey, Daniel Fontaine of New Westminster, Kash Heed of Richmond, and Ahmed Yousef of Maple Ridge, say Metro's current governance model with 41 appointed

board members from 23 local governments is not working, and voters should have the final say on who represents them. "Whether it's the financial fiasco around wastewater treatment plants in North Vancouver or on Iona Island, or their

unchecked international travel policy that has cost taxpayers thousands of dollars, Metro Vancouver's board is unaccountable, and taxpayers have had enough of being ignored,

Continued on page 30

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Asking-\$1,079,000

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Asking-\$589,000

Foreclosure Surrey BC

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Asking-\$1,299,000

FORECLOSURE HOPE BC

9000, SQ.Ft lot. 2 bedroom, 1 bathroom house rented \$2,400 Per month

Asking-\$458,000

FORECLOSURE ABBOTSFORD BC

One Acre! 3 bedrooms, 3 bathroom, good rental house!

Asking-\$1,549,000

FORECLOSURE CHILLIWACK BC

9583, SQ.Ft lot, 3 bedroom 1 bath house long term rented good investment.

Asking-\$699,000

FORECLOSURE CLOVERDALE BC

12 years old, 6 bedrooms, 5 bathrooms, 2 bedrooms suite, 4279 SQ, Ft lot, 3 Storey home, double garage

Asking-\$1,499,000

FORECLOSURE MISSION BC

9,800 SQ.Ft lot, 5 bedroom, 3 bathrooms, 2 bedroom suite, 28 years old

Asking-\$850,000

FORECLOSURE PANORAMA SURREY

35,719 SQ.Ft lot, 45 years old, 6 bedrooms, 8 bathrooms, 3 Storey, 5400 Sq.Ft home.

Asking-\$1,699,000

FORECLOSURE SURREY BC

12 Years old, 4,042 Sq Ft lot, 8 bedrooms, 6 bathrooms, 3 Storey, double garage, 2 bed each- 2+2 rental suites.

Asking-\$1,725,000

FORECLOSURE SURREY BC

12 years old, 8 bedrooms, 6 bathroom, 7300 SQ.Ft lot, 2 Storey, 4033 SQ.Ft home, 2 rental suites, double garage, taxes \$6,884

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3 Acres Lot! older home, 3 bedroom, 3 bathrooms!

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7 Acres lot, 4 bedroom, 2 bathrooms older Home!

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FORECLOSURE LANGLEY BC

34 Acres lot, 10,000 home, 9 bedrooms, 11 bathrooms, guest home, more buildings.

Asking-\$6,880,000

The Crucial Role of Mental Health in Our Lives



By Zile Singh

“An enlightened mind is like heaven; a mind in darkness is like hell.” – a Chinese proverb.

The mind is the man. Man is a combination of body, mind, and soul. In the absence or even a minor imbalance of one of these three attributes, man is described as incapable, disable, and unhealthy. Mind, being in the centre, directly affects the body and the soul. A healthy mind is important for overall health. It is said, “A man is well or woe as he thinks himself so.”

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood to adolescence through adulthood.

A number of factors can contribute to the risk for mental illness. Such as adverse childhood experiences like trauma or a history of abuse (child abuse, sexual assault, witnessing violence, etc.). Experiences

related to other ongoing chronic medical conditions, such as traumatic brain injury, cancer, or diabetes. Biological factors include chemical imbalances in the brain, use of alcohol or drugs and having feelings of loneliness or isolation.

An estimated 1.2 million children and youth in Canada are affected by mental illness. Unfortunately, less than 20 per cent are receiving appropriate treatment. According to an estimate, by age 25, approximately 20 % of Canadians will have developed a mental illness. The situation in British Columbia also is quite alarming. About 17% of British Columbians – somewhere around 800,000 people are experiencing a mental illness or substance use issue today. An estimated 84,000 children and youth in BC have a diagnosed mental disorder. Less than one-third of those children who need help are receiving mental health services.

In such a circumstance, what can we do? According to government guidelines the following needs to be done.

Parents: You know your child best. Talk to your child’s healthcare professional if you have concerns about the way your child behaves at home, in school, or with friends.

Youth: It is just as important to take care of your mental health as it is to take care of your physical health. If you are angry, worried, or sad, don’t be afraid to talk



about your feelings and reach out to a trusted friend or adult.

Healthcare professionals: Early diagnosis and appropriate treatment based on updated guidelines are particularly important. There are resources available to help diagnose and treat children’s mental disorders.

Teachers/school administrators: Early identification is important so that children can get the help they need. Work with families and healthcare professionals if you have concerns about the mental health of a child in your school.

Prevention is better than cure. An ounce of prevention is worth a pound of cure. It is the primary duty of parents and the society around. Parents should not leave their teenage children at their own in loneliness and isolation. Earning

dollars are less important than to make the lives of your children mentally healthy. Child abuse by family friends and relatives is a matter of shame. Anger, worry and cut-throat competition also are some causes of mental illness. Too much expectation by parents from their wards is not fair. This is quite apparent in South-Asian families. Parents and youth should not think too much about the future but should concentrate at what lies clearly at hand. Some children are victims of social taboos. Under peer pressure they feel strangulated. In this matter, company or friendship plays a significant role. A man is known by the company he keeps. Better be alone than in a bad company. About the criminal and drugs gangs company, it is better to be beaten than be in bad company.

Self-help books, spiritual teachings and physical exercises play a key role in negating the mental health issues. One can take help from volunteer organisations like KidsPlay Foundation in metro Vancouver which is actively engaged in preventing and curbing mental health problems in young generation, especially students. A self-help book “Truths of Life – Life Enlightened” by Zile Singh which is available on amazon.com can be useful to everyone irrespective of his/her age to stay happy, healthy and be successful in life.

Continued from Page 01

After China, India emerges as second-most significant foreign

May our partnership continue to thrive, bringing progress and mutual understanding for our nations,” he said.

“Everyone in the world recognises the significance and weight of India’s role in global affairs. It is critical that we all work together to ensure a just peace for all

nations. In this regard, we also look forward to seeing India attend the Peace Summit,” he said.

“We noted the results of India’s general election and extend congratulations on the victory of BJP led by Prime Minister Narendra Modi and NDA,” Chinese Foreign

Ministry spokesperson Mao Ning said. A sound and stable India relationship is conducive to the interests of both the countries and conducive to the peace and development in the region and beyond, she told a media briefing here answering questions on the outcome of India’s

elections. China stands ready to work with India to act in the fundamental interests of the two countries and two peoples bearing in mind the overall interests of our ties and look to the future and advance the bilateral ties on a steady track, Mao said.



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Continued from Page 01

After China, India emerges as second-most significant foreign interference threat to Canada: New report

the Committee observed that Russia did not engage in foreign interference activities within the more narrow context of Canadian democratic institutions and processes,” said the report. Instead, India emerged as the second-most significant foreign interference threat to Canada’s democratic institutions and processes. “While India’s foreign interference efforts have slowly increased it became clear during the period of this review that its efforts had extended beyond countering what it perceived as pro-Khalistani efforts in Canada to include interfering in Canadian democratic processes and institutions, including through the targeting of Canadian politicians, ethnic media and Indo-Canadian ethnocultural communities. The Committee notes that Pakistan also targeted democratic institutions and processes in the early

phase of the period under review.” Unnamed parliamentarians also provided foreign diplomatic officials with “privileged information on the work or opinions of fellow parliamentarians,” knowing that the information could be used to manipulate some other MPs and senators, the report said. Certain parliamentarians also responded to requests from foreign actors to “improperly influence parliamentary colleagues” to benefit another country, and disclosed confidential government information to “a known intelligence officer or foreign state,” the committee said in its report, which was heavily redacted. The names of the alleged parliamentary conspirators are blanked out in the report. They’ve been replaced with the words, “This paragraph was revised to remove injurious or privileged

information.” According to CBC, “The committee wrote in its report that, after submitting the initial draft version of this study to Prime Minister Justin Trudeau in March, some information “which the prime minister believed would be injurious” was stripped out of the report released to the public. It’s not clear what information was left out at the prime minister’s request.” Deputy Prime Minister Chrystia Freeland told reporters Tuesday the government takes the threat of foreign political interference “very seriously” and said the country can’t be “naive” about authoritarian governments seeking to undermine our democracy. When asked if she could guarantee that the Liberals will eject from their caucus any parliamentarian found to have engaged in the activities cited in the

report, Freeland would not make that commitment. Ever since there has been a demand to disclose the names of those MPs. The World Sikh Organization of Canada (WSO) has also called on the Canadian government to disclose the names of federal politicians. CBC mentioned that Freeland wouldn’t say if the government is prepared to release the names of parliamentarians who are alleged to have conspired with foreign governments and to have consciously shared sensitive information with their agents — conduct that one expert says could amount to treason. This comes amid escalating tensions between the countries after Trudeau last year alleged last year that Indian government agents were involved in the killing of Khalistani activist Hardeep Singh Nijjar.

New guide for Surrey seniors to prepare for emergencies, extreme heat

The City of Surrey has developed an Emergency Preparedness Guide for Older Adults to help seniors stay safe during emergencies, including extreme heat. The guide provides safety tips and resources including how to communicate during emergencies, important phone numbers and checklists, tools for creating personal emergency plans, and information about the Alertable Emergency Notification Program. It aims to empower seniors to take proactive steps for their safety during uncertain times. “As we navigate the changing climate and extreme weather, it’s essential that we prioritize the safety and well-being of our seniors,” said Surrey Mayor Brenda Locke. “Collaborating with the



Age-Friendly Strategy for Seniors team, we have developed this guide to provide older adults with crucial information and tools for better preparedness during emergencies. I’m proud to be unveiling

this initiative and encourage all of our seniors to take advantage of this valuable resource.” Seniors often face unique challenges during emergencies due to factors such as limited mobility, chronic health conditions, and a higher likelihood of living alone. These vulnerabilities make it essential for older adults to be well-prepared and have a clear plan in place. “In light of intense heatwaves and increasing wildfires affecting Surrey with wildfire smoke, our focus is on safeguarding our vulnerable seniors,” said Surrey Fire Chief Larry Thomas. “The new Emergency Preparedness Guide for Older Adults is a valuable resource to empower older

adults to take control of their emergency preparedness and stay safe during times of uncertainty.” Residents can download a digital version of the guide at surrey.ca/sep or pick up a copy at a Surrey recreation centre, library, or at City Hall starting next week. The Surrey Emergency Program focuses on preparing homes and businesses in Surrey for various emergencies, including earthquakes, floods, severe storms, and major fires. The program provides resources and information to help residents and businesses prepare for emergencies in their neighbourhoods, emphasizing proactive measures to enhance overall community resilience and safety.

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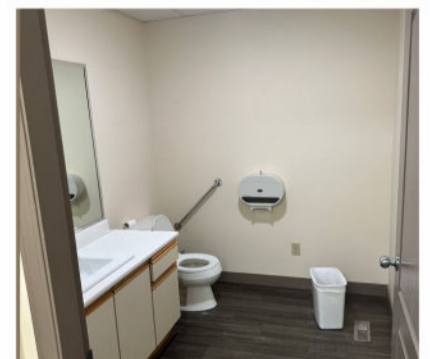
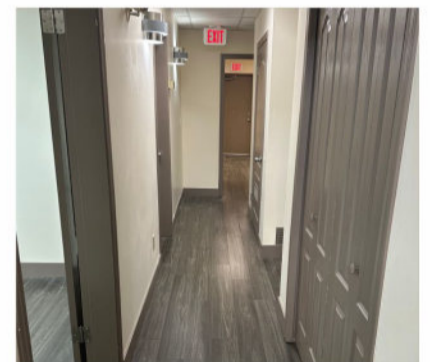
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Upcoming Program

WEEKLY PROGRAMS

- 6th June, Thursday** at 10:00 am, Anand Karj ceremony will be performed by Jasmen Gill family.
- 7th June, Friday** at 10:00 am, Anand Karj ceremony will be performed by Arshpreet Atwal family.
- 8th June, Saturday** at 10:00 am, Anand Karj ceremony will be performed by Devinder Singh Sidhu family.
- 9th June, Sunday** at 10:15 – 11.00 am, Weekly kirtan diwan. Than prominent Sikh scholar Bhai Hari Naam Singh Khalsa will talks about Sikh religion and Gurbani from 11.00 -11.30 am.
- 9th June, Sunday** Gurdwara Nanak Niwas welcomed all the public under the 'Khule Darwaje' community program.
- 9th June, Sunday** at 5:00 pm, Sri Sukhmani Sahib path and langer sewa by Jasvir Sidhu family.
- 13th June, Thursday** at 10:00 am, Anand Karj ceremony will be performed by Charanjit Rana family.
- 14th June, Friday** at 10:00 am, Anand Karj ceremony will be performed by Paramjit Kaur Dhaliwal family.
- 14th June, Friday** at 10:00 am, Parkash of Sri Akhand Path sahib by the sangat of Talhan Sahib.
- 15th June, Saturday** at 10:00 am, Anand Karj ceremony will be performed by Rani Hayer family.
- 15th June, Saturday** at 5:00 pm, Nishan Sahib sewa by the sangat of Talhan Sahib.
- 15th June, Saturday** at 6:00 pm, Kirtan Diwan regarding sangrand of Harh month.
- 16th June, Sunday** at 10:00 am, Bhog Sri Akhand Path sahib by the sangat of Talhan, kirtan diwan and Prominent Sikh scholar Bhai Hari Naam Singh Khalsa talks about Sikh religion and Gurbani from 11.00 am to 11.45 am.
- 19th June, Wednesday** at 10:00 am, Anand Karj ceremony will be performed by Satnam Singh Gidda family.
- 20th June, Thursday** at 10:00 am, Anand Karj ceremony will be performed by Gurjit Singh Johal family.
- 22nd June, Saturday** at 10:00 am, Anand Karj ceremony will be performed by Hardeep Kang family.
- 23th June, Sunday** 10:15 to 11.00 am, Weekly kirtan diwan and Than Prominent Sikh scholar Bhai Hari Naam Singh Khalsa talks about Sikh religion and Gurbani from 11.00 am to 11.45 am.

Special Program :

Shri Akhand Path Sahib 14th June, Friday..... at 10:00 am,
Sri Akhand Path Sahib will be started by Baba Nihal Singh and
Baba Harnam Singh, Talhan Sahib Sangat.

15th June, Saturday..... at 5:00 p.m., Nishan Sahib's Chaula will be
changed, after which the Kirtan Diwan will be lit.

16th June, Sunday, ...at 10:00 am, Bhog Sri Akhand Path Sahib by the Sangat
of Talshan Sahib.

On all three days, the Langer service will be done by Talhan Sahib Sangat.

We are pleased to announce that prominent Sikh scholar Bhai Hari Naam Singh Khalsa will be starting a series of talks about Sikh religion and Gurbani at Gurdwara Nanak Niwas, 5 Road Richmond every Sunday from 11:00 am to 11:30 am. Starting June 2, 2024 and every Sunday after that. Special Program :- 9th June, Sunday.....Gurdwara Nanak Niwas welcomed all the congregation at Richmond City under the 'Khule Darwaje' program. For this work we need help from young people and students attending high schools, colleges and universities. For more information please contact Secretary Balwant Singh Sanghera.

Daily Program: 5:00 am Prakash Guru Granth Sahib, 6:00 am to 6:45 am Nitnem, 7:00 am to 7:30 am Kirtan Dewan, 7:30 am to 1:45 am Katha, 7:45 am to 8:00 am Ardaas
Evening Diwan: 6:00 pm to 6:25 pm Rahras Sahib, 6:25 pm to 6:45 pm Kirtan, 8:00 pm Sukhaasan Seva!

For more information, log in to the Gurdwara Sahib website! www.nanakniwas.ca

Phone number of Gurdwara Sahib is (604) 274-7479

Kartik Aaryan reveals why he refused 'supari, pan-masala brands': 'This doesn't fit my plans'



Kartik Aaryan has achieved stardom in a span of 15 years in the Hindi film industry. The actor who is also the face of many popular brands recently spoke about his discomfort when it comes to endorsing fairness creams or pan-masala brands. In an interview with The Lallantop, Kartik spoke about rejecting 'supari' and other endorsements as he felt it was 'wrong'. (Also read: Chandu Champion: Kartik Aaryan surprises with athletic transformation in Tu Hai Champion song).

Kartik recalled how he did not renew his contract for a fairness brand after endorsing it for a brief period. He told, "I did an ad for a face cream a long time ago but then I stopped it. I was not convinced with it. I did not renew it because then I understood that it could be wrong." The actor further said, "I have been offered a lot of brands that I have refused. Like those supari, pan masala brands. I don't relate to those things. And I try that as long as I can, I refuse these things. I can't say who is right or wrong, everyone has their own way of thinking. But this doesn't fit my plans."

Kartik will be next seen in Kabir Khan's Chandu Champion. He plays the character of former Indian paralympic gold-medalist Murlikant Petkar in the sports biopic. The actor has undergone physical transformation for portraying an athlete in the epic saga. The film also features Bhuvan Arora, Yashpal Sharma, Vijay Raaz, Aniruddh Dave, Palak Lalwani and others in pivotal characters. Chandu Champion has been shot in London, Wai and Jammu and Kashmir. The movie is co-produced by Sajid Nadiadwala and Kabir Khan and backed by production companies - Nadiadwala Grandson Entertainment and Kabir Khan Films and will release on June 14.

Kartik Aaryan's upcoming project Kartik will be next seen in Anees Bazmee's Bhool Bhulaiyaa 3. The film also stars Tripti Dimri and Vidya Balan in pivotal roles. The horror-comedy is slated to release on October 31, 2024.

John Abraham's Vedaa to clash with Allu Arjun's Pushpa 2 The Rule at the box office on Independence Day

Nikkil Advani's John Abraham, Sharvari Wagh, Tamannaah Bhatia-starrer Vedaa will clash with Sukumar's Allu Arjun, Rashmika Mandanna, Fahadh Faasil-starrer Pushpa 2 The Rule at the box office. Both the films are slated to release on August 15 for Independence Day. (Also Read: Nikkil Advani admits 'Hindi film industry has no unity': We don't celebrate each other)

On Friday, John announced on X (formerly Twitter) that his upcoming film Vedaa will be released in August. Sharing a new poster, he wrote, "This Independence Day, woh aa rahe hain... Insaaf ki jung ladne! (They are coming to fight for justice) #Vedaa releasing in cinemas on 15th August." Sukumar's Telugu film Pushpa 2 The Rule, which will also be released in Hindi and other south Indian languages is also



lined up for release the same day. Rohit Shetty has yet to announce the release date of the Ajay Devgn, Deepika Padukone, and Ranveer Singh-starrer Singham Again. The film was also sup-

posed to be released on Independence Day. However, while recently posting about shooting the film in Kashmir, Rohit only announced that the film would be released 'soon'.

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Varun Dhawan and Natasha Dalal's Baby No.1 gets christened by the internet; Varsha, Vaidahi and other popular picks

Varun Dhawan and Natasha Dalal officially announced their pregnancy to the world on February 18. The couple welcomed their newborn on June 3. Actor Varun Dhawan and designer Natasha Dalal commenced a new chapter in their lives as they welcomed their first born, a daughter, on Monday. After the mother-daughter duo's brief stay at Mumbai's Hinduja Hospital, videos of Varun bringing his 'baby no.1' home have been going viral. While there may be some time to Varun and Natasha formally announcing their little one's name, the internet appears to have already gotten down to business, christening the new born. Multiple videos of Varun and Natasha exit-



ing the hospital with their newborn daughter have been doing the rounds of the internet. Soon enough, the comments section of these videos stood flooded with suggestions from fans with regards to what Baby Dhawan

should be named— some playful, some genuine. The name 'Varsha', stands out from the lot as it makes for the most obvious derivation when it comes to joining Varun and Natasha's names. Incidentally, this is also something which Shahid Kapoor and Mira Kapoor had done for their daughter Misha.

Coming back to the new parents, one fan in particular broke down the analogy well, also explaining how

'Varsha' means 'rain' in Telugu. The comment read, "VARun and NataSHA : VARSHA (means rain in Telugu)." Not just this, 'Vaidahi' too came up as a suggestion, presumably a reference to the actor's co-star Alia Bhatt's character in their super-hit 2017 release *Badrinath Ki Dulhania*. Interestingly, another comment pointed out how 2 of the 3 Student of the Year alums, Varun and Alia, have both welcomed daughters as their first borns. Is Sidharth Malhotra next?

The couple began dating since 2012 and announced their marriage in October 2018. They tied the knot in the same month in traditional Konkani Hindu and Sikh Anand Karaj ceremonies at Lake Como, Italy. In February 2024, the duo shared a joint Instagram post where they confirmed about expecting their first child.

Deepika-Ranveer's upcoming projects On the work front, Deepika will be next seen in Nag Ashwin's sci-fi action-thriller *Kalki 2898 AD*. It is a bilingual film made in Hindi and Telugu and is set in the backdrop of ancient spirituality and a dystopian society. The film also features Prabhas, Amitabh Bachchan, Kamal Haasan, Disha Patani, Saswata Chatterjee and Keerthy Suresh in crucial roles.

Deepika is also apart of Rohit Shetty's action-thriller *Singham Again*. The movie is a part of Rohit's cop universe and stars Ajay Devgn in the titular role. Ranveer also has a special appearance in *Singham Again* as his Sangram Bhalerao from *Simmba* one again teams up with Bajirao Singham.

Deepika Padukone

Dedicates Romantic Post To Ranveer Singh: 'Most Handsomest Man I Have Ever Seen'

Mumbai: Deepika Padukone and Ranveer Singh have reasons to rejoice as they look forward to a new chapter in their lives. The soon-to-be parents are often seen looking adorable together at public events. Deepika recently took to her Instagram stories and penned an adorable appreciation post for her husband. (Also read: Prabhas-Deepika Padukone's *Kalki 2898 AD* trailer to be out on June 10) Deepika Padukone complements Ranveer Singh. Deepika took to her Instagram stories to share a reel of an adorable dog staring at the camera. The text over the reel reads, "Me looking at my man every 5 seconds because he's the cutest...most handsomest man I have ever

seen." The actor tagged Ranveer in the stories, apart from adding pink heart emojis. Deepika and Ranveer are vocal about their love for each other on Instagram, with Ranveer recently shutting down trolls commenting on Deepika's baby bump. **About Deepika-Ranveer's love story** Deepika and Ranveer starred opposite each other in Sanjay Leela Bhansali's *Goliyon Ki Rasleela - Ram-Leela*, *Bajirao Mastani* and *Kabir Khan's 83*. The



Continued from Page 08

It's Time for a Complete Overhaul of the Governance at Metro Vancouver..

except when it comes time to pay the bills," said Annis. "The current governance model is clearly not working and the provincial government should undertake a full review that includes giving taxpayers the chance to elect board members and hold them accountable, the same way they hold mayors, councillors, and MLAs accountable."

Fontaine said Metro Vancouver is responsible for the biggest infrastructure projects in the region, and the lack of accountability is evident in the two wastewater treatment projects, with costs spiraling out of control on both.

"The North Vancouver project is five times more expensive than originally budgeted and years behind schedule," added Fontaine. "The proposed Iona plant now has a budget of \$12 billion and it's

climbing by a billion dollars every six months, according to Metro Chair George Harvie. The current Metro governance model made it too easy for those projects to become financial problems because no one is held accountable, and taxpayers are left sitting on the sideline, except when it comes to paying for the cost overruns. Taxpayers are now stuck paying for the North Vancouver overruns, and not a single person has resigned or been fired." Heed added that electing the board of Metro Vancouver would give voters their say and ensure more accountability.

"I've been an MLA and I'm now a city councillor, and I know how important it is for voters to pick the people they want to represent them," noted Heed. "Metro Vancouver is an obscure organization to the vast majority of people in the region,

and an elected board will better connect the organization to the people they serve, particularly when you look at the size and scope of Metro projects and the tax implications for the people of our region. We need to take Metro out of the shadows and make it more transparent, starting with electing its board."

Yousef said Metro, which was created more than 50 years ago and has grown over time, needs a full review to reset its governance model, and tighten up its mandate and responsibilities.

"Over the years there has been a lot of scope creep at Metro, with the organization and its growing bureaucracy quietly taking on more and more authority across the region, but with no direct connection to taxpayers and voters," explained Yousef. "Any organization that's more than 50

years old needs a check-up to make sure it's ready for the next 50 years. So, a full review by the province makes good sense, and would ensure we have a right-sized organization that is more transparent and accountable to our taxpayers."

Indigenous Peoples in relation to dismantling Indigenous-specific racism. Expressions of interest will be accepted until June 15, 2024. The Anti-Racism Act is an important part of the Province's commitment to dismantle systemic racism and build a better, more inclusive province for everyone.

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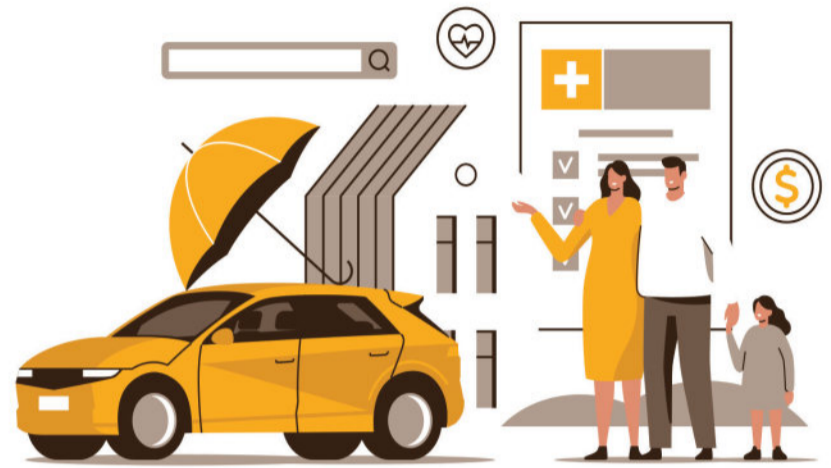
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 lb

Large Seedless Oranges
 ਵੱਡੇ ਸੰਤਰੇ (ਬਿਨਾਂ ਬੀਜ ਤੋਂ)

99¢
 lb

Red Lentil Whole, Red Lentil Split & Black Chana 4 lbs (Indican)
 ਧੋਤੀ ਮਸਰਾਂ ਦੀ ਦਾਲ
 ਮਸਰਾਂ ਦੀ ਸਾਬਤ ਦਾਲ, ਕਾਲੇ ਛੋਲੇ (ਇੰਡੀਕੈਨ)

\$3.98
 bag

Swarna Atta Whole Wheat 10 lbs from India
 ਸਵਰਨਾ ਚੱਕੀ ਅੱਟਾ

\$9.98
 bag

Rapini (Sarson da Saag)
 ਸਰਸੋਂ ਦਾ ਸਾਗ

\$2.79
 bunch

Daikon (Moli)
 ਮੂਲੀ

99¢
 lb

Russet Potatoes Snoboy 10 lbs
 ਆਲੂ ਰਸਟ ਸਨੋਬੁਆਏ

\$3.99
 bag

Almond Oil 1 L (Indican)
 ਇੰਡੀਕੈਨ ਬਦਾਮ ਦਾ ਤੇਲ

\$12.99
 bottle

Rooh Afza Indian 750 ml
 ਰੂਹ ਅਫਜ਼ਾ

\$3.99
 bottle

Gala Apples US #1
 ਗਾਲਾ ਸੇਬ ਯੂ.ਐਸ. #੧

\$1.39
 lb

Fresh Ginger
 ਤਾਜ਼ਾ ਅਦਰਕ

\$1.68
 lb

Red Delicious Apples USA #1
 ਲਾਲ ਸਵਾਦ ਸੇਬ ਯੂ.ਐਸ. #੧

88¢
 lb

Fresh Methi
 ਤਾਜ਼ਾ ਮੇਥੀ

\$1.49
 bunch

KTC Chick Peas 398 ml
 ਕੇ ਟੀ ਸੀ ਚਿੱਟੇ ਛੋਲੇ

99¢
 can

Fri June 07, 2024 - Wed June 12, 2024
 We reserve the right to limit the quantities while they last
Specials valid for Lower Mainland only

24 LOCATIONS TO SERVE YOU IN BC & ALBERTA
 Head Office: 7676 Anvil Way, Surrey
 604-502-0005



BUSINESS HOURS
9 AM - 9 PM
 7 DAYS A WEEK

Newton	13783 72nd Ave. Surrey	604-590-2080	Fleetwood	15230 84 Ave.	236-317-6272	New Westminster	101-331 6th St.	604-395-3595
Newton	13174 64th Ave. Surrey	604-598-9220	Surrey	12990 72nd Ave.	604-503-5510	Abbotsford	2785 Bourquin Crescent W.	604-744-0328
Scott Road	12047 80th Ave. Surrey	604-591-5032	Surrey	12788 76A Ave. Surrey	604-597-1676	Abbotsford	31205 Maclure Rd.	604-504-5877
Scott Road	104-7028 120th St.	604-590-8864	Surrey	16788 64 Ave.	604-372-2023	Port Coquitlam	2807 Shaughnessy St.	604-464-0822
Cedar Hills	12867 96th Ave. Surrey	604-588-6620	Surrey	101-7228 192St.	604-575-3750	Vancouver	6257 Fraser St.	604-321-9931
Fleetwood	101-15933 Fraser Hwy	604-593-5163	Surrey	101-1812 152St.	604-539-5736	Richmond	4101 No.5 Rd.	604-244-9520