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VOL.50 No 37 FREE Saturday SEP 10, 2022 www.thelinkpaper.ca 604.591.5160

# More Money Coming To BC Families Through Climate Action Tax Credit And BC Family Benefit

- Province announces new measures to help families with inflation
- 2% cap on rent increase
- Additional \$164 per adult and \$41 per child under Climate Action Tax Credit payment
- Increase in BC Family Benefit by \$58.33 per child for 3 months in 2023

**Money back in your pocket**

Climate Action Tax Credit	Up to \$410
BC Family Benefit	\$350
Savings from rent cap*	\$816
BC Hydro bill rebate	Coming soon!
<b>TOTAL NEW SAVINGS</b>	<b>\$1,576</b>

\*Savings for a family of four (2 adults, 2 children), paying \$2,000 a month in rent

THANK YOU!




LANGFORD - Millions of British Columbians will benefit from new measures to help people with the high cost of living caused by global inflation. The Province is increasing the next Climate Action Tax Credit payment, boosting the BC Family Benefit and capping rent increases below inflation, a package estimated to be worth

up to \$1,500 for a family of four. "Everyone is feeling the squeeze of global inflation, which is driving up the cost of groceries, gas, and other goods and ser-

vices," said Premier John Horgan. "Our next support measures will help bring down costs for renters,

*Continued on page 08*

# BC Remembers Queen Elizabeth II

- British Columbians are invited to sign a book of condolence in remembrance of the Queen
- In the 2000s the Queen dropped the puck at a Vancouver Canucks game
- In the 1980s, the Queen officially granted BC its Coat of Arms, an important symbol of our independence and sovereignty



VICTORIA - People are invited to sign a book of condolence in remembrance of Queen Elizabeth II.

"I know there are many British Columbians who are feeling a great sense of loss

at this time and would like to share their feelings of sympathy with The Royal Family," said Premier John Horgan.

An online book has been set up at: <https://www2.gov.bc.ca/gov/content/governments/organizational-structure/office-of-the-premier/remembering-queen-elizabeth-ii>

This is the easiest and most convenient way for British Columbians to add their messages. A condolence book is available in the Hall of Honour at the Parliament Buildings from Monday to Friday from 8:30 a.m. until 4:30 p.m. for people to pay tribute to the Queen. Another book is available at Government House at 1401 Rockland Ave. from 9 a.m. until 4 p.m. daily. In Vancouver, a condolence book is available at the Great Hall in the Vancouver Law Courts building during regular working hours.

*Continued on page 03*

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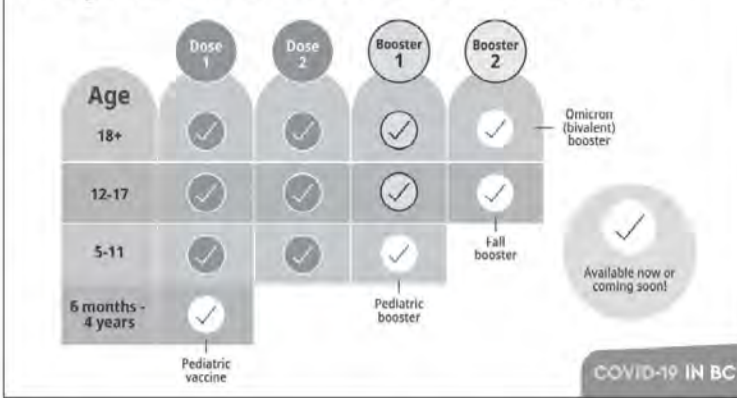


# BC Rolls Out New Combination Bivalent Vaccine Through Fall Booster Program

VICTORIA - People will soon be able to get better protection against COVID-19, as the Province rolls out the new combination bivalent vaccine through its fall booster program.

On Sept. 1, 2022, Health Canada authorized the use of the Moderna bivalent COVID-19 vaccine as a booster dose for adults over the age of 18. The National Advisory Committee on Immunization recommends that adults 18 years of age and older who are recommended to receive a fall booster dose should be offered an authorized dose of a bivalent Omicron-containing mRNA

## Get your next COVID-19 shot this fall



COVID-19. In BC, this new vaccine will be available to all adults over the age of 18 and youth from 12 to 17

years who are at high risk of severe outcomes from COVID-19. Invitations will go out over the coming days and weeks.

This vaccine offers enhanced protection against COVID-19 by targeting the original virus strain and is effective against Omicron subvariants, which continue to be the most common subvariants in B.C. As with the previous doses, the timing of invitations will be based on risk and age, as long as it has been six months since the previous dose. Priority groups will continue to include people over the age of 60, Indigenous Peoples of all ages, people who

are clinically extremely vulnerable and people, such as eligible health-care workers, who work with high-risk and vulnerable individuals.

Children and youth, from five to 17, are also eligible for booster doses.

Parents and guardians will receive invitations to book booster appointments when their children are eligible.

Learn More:

For information about the new COVID-19 vaccine, visit: [http://www.bccdc.ca/Health-Info-Site/Documents/COVID\\_briefings/COVID-19\\_Fall\\_Booster.pdf](http://www.bccdc.ca/Health-Info-Site/Documents/COVID_briefings/COVID-19_Fall_Booster.pdf)

Continued from Page 01

## BC remembers Queen Elizabeth II

The books will remain available for signing until the day after the Queen's funeral.

Messages will be collected and bound into a book. All books of condolence will be kept within national and provincial archives in perpetuity.

The world came to a stand still when the news of Queen Elizabeth II's demise spread. Condolences started pouring in from Canadian mayors, to trade councils, and politicians.

"The Queen held a special place in her heart for British Columbia," said Premier Horgan. "In the 1970s, the Queen joined us as we celebrated B.C.'s 100th anniversary. In the 1980s, the Queen

officially granted the Province its Coat of Arms, an important symbol of our independence and sovereignty. In the 1990s, the Queen honoured us by opening the Commonwealth Games. And in the 2000s, during her Golden Jubilee Year, the Queen dropped the puck at a Vancouver Canucks game, to the delight of hockey fans."

Remembering the Queen as someone who touched Canadians' life, Janet Austin, Lieutenant Governor of BC, said, "Her long and steadfast reign endured for seven decades. Her presence touched many generations of Canadian families, who watched her grow from the teenage Prin-

cess who trained as a mechanic during WWII, to the young Queen who charmed crowds on her many tours throughout the country, and to her family roles as mother, grandmother, and great-grandmother many times over."

Over the course of her 22 visits, she came to British Columbia seven times, visiting communities throughout our province, Austen said.

Recalling his time with the Queen, BC Liberal leader Kevin Falcon said,

"The joy she took in participating in the ceremonial puck drop at GM Place alongside Wayne Gretzky in 2002 made an unfor-



gettable and lasting impression on me."

Surrey's Mayor Doug McCullum, said, "It is with heavy heart to hear the passing of Queen Elizabeth II. Her Majesty has been a constant and steady presence of our Commonwealth."

"As part of our great nation, Can-

ada, the Queen personified our country. She was the personal symbol of allegiance, unity and authority for all Canadians. Legislators, ministers, public services and members of the military and police all swear allegiance to The Queen," said Surrey Board of Trade in a statement.

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# Lawyer Harry Bains is Brenda Locke's team candidate

Surrey, BC: Shakespeare said what's in a name. Sometimes names can create confusions. Same confusion spread around, when mayoral candidate Brenda Locke announced eighth candidate for her Surrey Connect slate. Locke announced that Harry Bains is running for the Surrey Council seat and has joined the Surrey Connect slate. But it is not our local MLA and BC's Labour Minister Harry Bains who has joined Locke. The one running for the Surrey council is Harry Bains, Surrey's realtor. "Harry Bains brings real estate and corporate law experience to

our team and wants to improve the permitting process to address affordability," said Locke. "We are excited to have him join our slate of candidates, all with impressive backgrounds, diversity and commitment to serve the people of Surrey." Brenda Locke added, "We have built an incredible team to represent Surrey residents at city hall; people with integrity and deep knowledge of the issues we face." Harry Bains joins Brenda Locke, Ramona Kaptyn, Sebastian Sajda, Rochelle Prasad, Pardeep Kooner, Wil Kwok, Rob Stutt and Gordon Hepner on the Surrey Connect slate.

# Long time Activist Imtiaz Popat to run for Vancouver's Mayor seat

Imtiaz Popat, a long-time equal rights and social justice activist and a therapeutic counsellor, has announced his bid to run for the mayor of Vancouver as an independent. He is the co-founder of the Coalition Against Bigotry-Pacific and the Community Based Anti-Hate Task Force. Popat says that racism and bigotry are not discussed in this election. According to Popat, political parties don't listen and use minorities as tokens in elections and then they are forgotten. He says that they can't talk about racism or bigotry, until they deal with bigotry in their own parties.



"We have seen the rise of hate in Vancouver but it does not seem to be a priority for our governments," says Popat. "The police are not doing enough to protect us from hate mongering. But they

are quick to arrest protesters and the homeless. There is clearly an inherent bigotry in the police system and we cannot rely on them to protect us. He sees there is need for change and supports police reforms that are proposed by the provincial government, but he says that there is a lack of political leadership in Vancouver." Popat received the BC Anti-Racism Intercultural Trust Award, in recognition of his outstanding work in building intercultural trust and understanding and/or reducing racism and hate between communities earlier this year.

# Police seek public help to locate missing man Rohit Verma



Surrey RCMP is asking for the public's assistance with locating a missing 27-year-old Rohit Verma. Verma was reported missing on September 6, 2022 at 10:44 a.m. by his friend. He was last seen in the area of 11600-block

of 99 Avenue and his vehicle has been located in the area of 11700-block of 130 Street. Verma has not gone missing before and all attempts to contact him has been negative. Police and family are concerned for his well-being. He is described as South Asian male, 5'7" tall, 141 lbs, with a black beard and balding black hair. His last known clothing description is unknown. Anyone with information about the whereabouts of Rohit is asked to contact the Surrey RCMP at 604-599-0502, or Crime Stoppers, if they wish to remain anonymous, at 1-800-222-8477 or www.solvecrime.ca.

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# Back-to-School is Fun - As Long As You And Your Kids Know How To Avoid Risks Like Gang Recruitment And Online Bullying

VANCOUVER, BC - Back-to-school is a time of renewal. Last year's friendships are rebuilt, new ones begin, and entering the next grade means new challenges. Unfortunately, it can also mean the return of some common risks today's students face. Metro Vancouver Crime Stoppers is urging parents and students to become aware of how to avoid these risks, and call Crime Stoppers if you want to report a crime anonymously. This goes for students as well as parents.

**ONLINE**

The recent conviction of Dutch national Aydin Coban for harassing Port Coquitlam teenager Amanda Todd online illustrates just how far cyber risks can go. Todd eventually committed suicide in her own home.

"If your student encounters offensive content or is bullied online, save all available evidence, and know where to report the incident - whether

it's the school, the online service provider, the police, or Crime Stoppers. Reporting a criminal to Crime Stoppers or police can lead to charges and an end to intimidation," says Linda Annis, Executive Director of Metro Vancouver Crime Stoppers. "And to help prevent privacy breaches, show an interest in the apps your kids use, and have the chat that encourages them to make positive choices and avoid revealing personal information online."

**Now's the time for every parent to remind students to:**

- Think twice about posting photos of anything that reveals name, location, phone number or email address
- Encourage youth to use privacy settings that limit who can interact with them
- Post YouTube videos as private if you want only a close circle of followers to see them
- Disable comments or moderate them to control what appears on your channel.

To learn more, consider downloading a resource like the TELUS Wise guide on popular social media and messaging apps.

**GANGS**

Schools are also a favourite spot for gangs to recruit new members. The most common age for students to be recruited is 16. That's when many of them get their driver's licences. At that age, they can get recruited to deliver drugs for gangs - and often take the rap on their own if they get caught.

As in previous years, Metro Vancouver Crime Stoppers' "See Something, Say Something" school program will resume going into Lower Mainland classrooms this fall to provide students in grades eight and 10 with education on safer communities and anonymous reporting around gangs, cyberbullying and other criminal activities.

*Continued on page 30*

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# City of Surrey breaks ground on construction of the new Bear Creek Athletics Centre



Surrey, B.C. – The City of Surrey has begun construction of a new outdoor athletics centre planned at Bear Creek Park in Newton. Once complete, the venue will provide the community with increased access to high-quality outdoor amenities,

accommodate some special events and a variety of high-level football, soccer and track and field sporting activities. “I am really pleased that construction has begun on the new Bear Creek Athletics Centre,” said Surrey Mayor Doug McCall-

lum. “This project will not only serve as a premier destination sports facility for the region, but it will provide Surrey families with increased opportunities to access world-class amenities that support a healthy active lifestyle.”

The Bear Creek Athletics Centre will include a new partially covered grandstand with permanent seating for 2,200 people and the possible expansion of temporary seating for another 1,000 people. It will also include the construction of new changerooms and public washrooms and upgrades to the track, the concession and ticketing spaces. The Bear Creek Athletics Centre will be located at Bear Creek Park at 13750 88 Avenue, Surrey. The sports facility was approved in the 2021 Five-Year (2021-2025) Capital Financial Plan and is among more than 20 projects included in the ‘Surrey Invests’ Capital Plan. Learn more at [surrey.ca/capitalprojects](http://surrey.ca/capitalprojects).

## Surrey Invites All Eligible Voters to Vote in Municipal Election on Oct 15, 2022

SURREY: Surrey’s municipal election will be taking place on Saturday, October 15, 2022, from 8:00am to 8:00pm at 52 voting locations. The City of Surrey will also be offering advance voting opportunities, available to all eligible voters on October 5, 8, 9, and 12 at the following six locations:

- Chuck Bailey Recreation Centre, 13458 107A Avenue
- Guildford Recreation Centre, 15105 105 Avenue
- Fleetwood Community Centre, 15996 84 Avenue
- Princess Margaret Secondary School, 12870 72 Avenue
- Cloverdale Recreation Centre, 6188 176 Street

- Semiahmoo Secondary School, 1785 148 Street

Voters are reminded to bring their voter card and one piece of identification or two pieces of acceptable identification to register and vote.

New for 2022, the City is pleased to offer accessible voting options. Eligible voters can vote by mail or vote by appointment on advance voting dates at select locations. All voting locations are also wheelchair accessible.

For a faster voting experience, voters are encouraged to view the new voting locations interactive map showing current wait times at all locations.

For more information, visit [surrey.ca/election](http://surrey.ca/election).

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# Man charged in collision that took the lives of two UBC students

**T**im Carl Robert Goerner, 22 of Vancouver has been charged in connection with a single-vehicle collision in which two students were struck and killed near the University of British Columbia.

On September 26, 2021, Emily Selwood, 18 and Evan Smith, 18 both UBC students were killed while walking on a sidewalk near North West Marine Drive at approximately 1:46 a.m.

Goerner has been charged with two counts each of impaired driving causing death, dangerous driving causing death and impaired driving.

Emily Selwood's family said in a statement, "Our daughter, Emily Selwood was killed in a preventable tragedy during the ear-



**Evan Smith**



**Emily Selwood**

of your child's death, especially one that was so avoidable."

Evan Smith's family said, "On Sunday morning, September 26, 2021, 2 police officers arrived at our doorstep to give us devastating news that shattered our lives. Our 18 year old son, whom we dropped off to UBC only three weeks earlier, was struck and killed by a vehicle while walking on the sidewalk just steps from his University residence.

In that terrible moment, because of someone's deliberate decision to drive after drinking, our son's lifelong plans, dreams and goals will never be realized. This heinous act of selfishness and stupidity made our worst nightmare come true."

ly morning of September 26th, 2021. Let us tell you that nothing prepares you for the notification

## United Truckers Association Demands Permanent Solution for Rolling Truck Age Program

**S**URREY, BC – The United Truckers Association ("UTA") is treating the recent Port of Vancouver ("PV") Rolling Truck Age Program ("RTAP") deferral as an inflammatory announcement that has the potential to permanently destabilize the Metro Vancouver drayage sector.

UTA feels that instead of meaningful consultation with Independent Operators ("IOs") the Port of Vancouver, under the guidance of Transport Canada, announced a revised April,

2023 start date for the RTAP. While the UTA is happy with the intervention of Minister Omar Alghabra and Members of Parliament Randeep Sarai and Taleeb Noormohamed, there are a number of inflammatory factors with the potential to act as a powder keg, according to UTA spokesperson Gagan Singh.

"This is the second implementation delay announced within the past year, which signals PV's ongoing lack of interest in meaningful dialog with UTA

members," says Singh. "Instead of providing time for compliance as is being claimed, the newer and more punitive standard of truck age is forcing IOs into further cost and marketplace difficulty."

He said that more specifically, the RTAP start date will require replacement trucks to be 2016 or newer. "This is as opposed to the 2014 standard which would have been acceptable with a 2022 program implementation." "The Port's rationale flies in the face of current rules and regula-

tions across British Columbia, where the other 98% of BC's commercially-licensed trucks face no equivalent measures," Singh added.

The UTA continues to appeal intervention by Transport Canada via a binding sectoral steering committee premised on fairness, market viability and supply chain sanctity.

The UTA is demanding equality by being held to the AirCare ON-ROAD Program that currently applies to all commercial trucks operating in BC.

The UTA is extending one last plea for Minister Alghabra to take control of this file before labour action with the potential to cause billions of dollars in negative impact occurs, a media release from UTA mentioned.

"Passive leadership that does not prioritize long-term supply chain stability must be considered gross negligence on behalf of Canada's economy," adds Singh. "Without a change of course, long-term labour instability will be the inevitable future for the PV."

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Continued from Page 01

# More money in cheques coming to BC families through Climate Action Tax Credit and BC Family Benefit

put money back into people's pockets and offer families a cushion during challenging times."

## Increase in Climate Action Tax Credit

In October 2022, the maximum amount for the Climate Action Tax Credit for low- and moderate-income British Columbians will be enhanced by up to an additional \$164 per adult and \$41 per child. This means a family with two children can receive up to an additional \$410. While the Province works toward a net-zero emissions-free future, the B.C. government uses revenue raised by the carbon tax to reduce costs for people with lower incomes through the Climate Action Tax Credit.

About 85% of people in B.C. will benefit from the increase.

The tax-free credit is delivered four times a year, and the amount will depend on family size and income. The October 2022 payment is increased by up to \$164 for an individual and up to \$41 for each child in a family. A single parent will receive \$164 for their first child. Enhancements are fully phased out at an income of around \$148,000 for a family of four. The estimated cost of delivering the temporary increase is \$500 million.

## Increase in BC Family Benefit

The BC Family Benefit provides a tax-free monthly payment to families with children under the age of 18. Formerly

known as the Child Opportunity Benefit, the tax credit was launched in 2020 to help combat child poverty and help low- and moderate-income parents provide opportunities for their children.

About 75% of families with children receive the BC Family Benefit and will receive the enhanced payments 2023. In January, February and March 2023, the BC Family Benefit will rise by as much as \$58.33 per child, for each month. A family with two children will receive up to \$350 from this top-up.

A single parent with one child can receive up to an additional \$58 per month from January to March, or \$175 total. The benefit is fully phased out at an income of \$115,000 for a single parent with one child. The increase will provide a family of four up to an additional \$116 per month from January to March, or up to \$350 total. A family of four earning less than \$117,000 will receive at least \$300 more in bene-

fits from January to March. The estimated cost of delivering the temporary increase is \$100 million.

No one needs to apply for the enhanced Climate Action Tax Credit and BC Family Benefit. The temporary increases will be automatically received if income tax filing is up to date.

## Cap on rents

To support renters amid exceptionally high global inflation rates on housing, the Province is capping allowable rent increases below inflation for 2023.

The maximum allowable rent increase for 2023 is set at 2%, to help keep more money in the pockets of tenants faced with rising cost pressures. Capping the annual allowable rent increase at 2% instead of the rate of inflation will provide renters with significant savings. For example, a renter paying \$2,000 in rent will save up to \$816 next year. Savings will be higher for people with higher existing rent.

If landlords choose to increase rent, they must provide a full three months' notice to tenants using the correct notice-of-rent increase form. This means the earliest tenants could see an increase in rent is Jan. 1, 2023.

The 2023 maximum increase for manufactured home park tenancies will be 2%, plus a

proportional amount for the change in local government levies and regulated utility fees. In 2018, the Province capped annual rent increases to inflation, saving renters hundreds of dollars a year. Prior to that, rent increased at inflation, plus an additional 2%.

The annual allowable rent increase supports repairs and upgrades to maintain safe housing, while ensuring renters do not face excessive or unpredictable rent increases.

Additional supports are available to help renters with the cost of living, including: interest-free loans through the BC Rent Bank. Renters with low to moderate incomes facing a temporary financial crisis and at risk of eviction or essential-utility disconnection, may be eligible for an interest-free loan to help them maintain their housing.

Government is also working with BC Hydro on an additional cost-of-living measure to help B.C. residents reduce expenses during this period of high global inflation.

Learn More:

For information on new and existing support measures for B.C. residents, visit: <https://www2.gov.bc.ca/gov/content/family-social-supports/affordability/family-benefit> (<http://www.gov.bc.ca/savemoney>)



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## COV AIR TIGHTNESS TRAINING

Be Prepared for the New COV Airtightness Standards

Punjabi airtightness training classes are coming to Khalsa Diwan Ross Street Gurdwara

Change is coming! We want to help you be ready to meet the new City of Vancouver (COV) standards with Build It Right and EPro Consultants new airtightness training course in Punjabi. Versions of this course have been offered in English before. A Punjabi course is now being offered to provide better understanding to our Punjabi speaking community.



Thanks to the COV, FortisBC, BC Hydro, BC Housing and the Province of British Columbia we have built mobile training models and are holding classes in Khalsa Diwan Ross Street Gurdwara & Building It Right location in Port Coquitlam. After the success of the first session, the next 4 sessions have been confirmed as given below. We have also been able to reduce the cost of the class to \$200 for all participants.

At the workshop you will:

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Participants will also earn 11 CPD credits upon completion of the course.

Classes will be held over a 2 day period - evening class 2pm - 6pm at Khalsa Diwan Ross Street Gurdwara and full day class from 9:00 am to 5:00 pm at Building It Right location at Port Coquitlam.

Classes are limited to 15 participants, so you won't want to wait.

For more information, please see BC housing QR code & to register contact EPro Consultants at:

Email: [ndhaliwal@eproconsultants.ca](mailto:ndhaliwal@eproconsultants.ca)

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### ABOUT MUNI JI

ACHARYA DR. LOKESH IS A SOCIAL REFORMER, VERSATILE THINKER, WRITER AND POET. FOR THE LAST 30 YEARS, HE HAS BEEN CONTINUOUSLY MAKING EFFORTS FOR ESTABLISHING COMMUNAL HARMONY, NON-VIOLENCE, PEACE, MUTUAL CO-OPERATION IN THE SOCIETY.

ACHARYA DR. LOKESH MUNI WAS HONOURED WITH MANY NATIONAL AND INTERNATIONAL AWARDS LIKE NATIONAL COMMUNAL HARMONY AWARD 2010 BY GOVERNMENT OF INDIA, GULZARILAL NANDA NATIK SAMMAN HONORED BY HER EXCELLENCY MRS. PRATIBHA PATIL, KEY TO CITY BY MILPITAS ASSEMBLY HONORED BY MAYOR OF MILPITAS ETC.



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# GNSG Sikh Youth Sports Tournament



Calgary Kabaddi Club



Richmond Abbotsford Kabaddi Club (Photo submitted)



Hardeep Singh Nijjar With Players



Sikh Youth Committee



Shillu Akhbarpur  
Haryana

GNSG Sikh Youth Surrey Kabaddi Tournament 2022 was organized at Kabaddi Park by the Sikh Youth Sports Committee including Raghbir Singh Nijjar, Ranbir Singh Nijjar, Harnek Singh Aujla, Udham Singh Hundal & all other committee members. The tournament got great support from Surrey's Mayor Doug McCallum, Councillor Mandeep Nagra and all the Safe Surrey Coalition Team and City of Surrey Parks and Bylaw Dept.

Record number of people close to 15000 enjoyed the brilliant Kabaddi Tournament along with wrestling, weightlifting, volleyball and family sports day.

Kabaddi Champions - Calgary Friends/Bhagat Singh Abbotsford Kabaddi Club  
Kabaddi 2nd Place - Richmond/Abbotsford Kabaddi Club

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Best Stopper -

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# Bank of Canada increases key interest rate by 75 basis points

The housing market is one sector where higher rates are felt immediately. But it takes longer for interest rates to bring down price growth on things that aren't directly tied to borrowing

Canadians should expect interest rates will climb even higher, the Bank of Canada said, after announcing another super-sized interest rate hike. The central bank raised its key interest rate by three-quarters of a percentage point and signalled this won't be the last increase as it continues its battle against high inflation.

The Bank of Canada today increased its target for the overnight rate to 3¼%, with the Bank Rate at 3½% and the deposit rate at 3¼%. The Bank is also continuing its policy of quantitative tightening.

The global and Canadian economies are evolving broadly in line with the Bank's July projection. The effects of COVID-19 outbreaks, ongoing supply disruptions, and the war in Ukraine continue to dampen growth and boost prices.

Global inflation remains high and measures of core inflation are moving up in most countries. In response, central banks around the world continue to tighten monetary policy. Economic activity in the United States has moderated, although

the US labour market remains tight. China is facing ongoing challenges from COVID shutdowns. Commodity prices have been volatile: oil, wheat and lumber prices have moderated while natural gas prices have risen.

In Canada, CPI inflation eased in July to 7.6% from 8.1% because of a drop in gasoline prices. However, inflation excluding gasoline increased and data indicate a further broadening of price pressures, particularly in services. The Bank's core measures of inflation continued to move up, ranging from 5% to 5.5% in July. Surveys suggest that short-term inflation expectations remain high. The longer this continues, the greater the risk that elevated inflation be-



Senior Deputy Governor Carolyn Rogers

comes entrenched. The Canadian economy continues to operate in excess demand and labour markets remain tight. Canada's GDP grew by 3.3% in the second quarter. While this was somewhat weaker than the Bank had projected, indicators of domestic demand were very

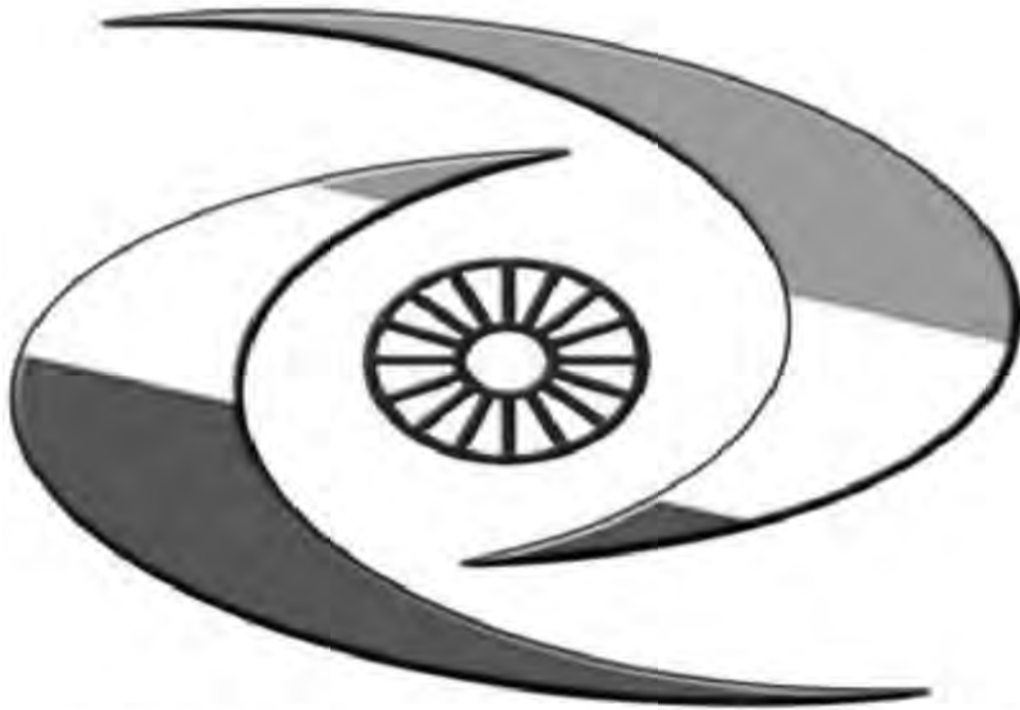
strong – consumption grew by about 9½% and business investment was up by close to 12%. With higher mortgage rates, the housing market is pulling back as anticipated, following unsustainable growth during the pandemic. The Bank continues to expect the economy to moderate in the second half of this year, as global demand weakens and tighter monetary policy here in Canada begins to bring demand more in line with supply.

Given the outlook for inflation, the Governing Council still judges that the policy interest rate will need to rise further. Quantitative tightening is complementing increases in the policy rate. As the effects of tighter monetary policy work through the economy, we will be assessing how much higher interest rates need to go to return inflation to target. The Governing Council remains resolute in its commitment to price stability and will continue to take action as required to achieve the 2% inflation target.

The next scheduled date for announcing the overnight rate target is October 26, 2022. The Bank will publish its next full outlook for the economy and inflation, including risks to the projection, in the MPR at the same time.

Speaking a day after the Bank of Canada raised interest rates, Senior Deputy Governor Carolyn Rogers to Calgary Economic Development by webcast, said, "We decided to raise the policy interest rate by 75 basis points to 3.25% and continue quantitative tightening. We know that, for many Canadians, higher rates add to the burden they already face with high inflation. Still, we need to raise interest rates to bring inflation down.

Inflation won't come down overnight. Monetary policy works like a chain reaction or sequence of events—a sequence that takes time. Changes to the Bank's policy rate affect different households and sectors of the economy differently and at different speeds. The housing market is one sector where higher rates are felt immediately. But it takes longer for interest rates to bring down price growth on things that aren't directly tied to borrowing.



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# Community's Efforts Bring New Lease Of Life For Aryan Deol

Aryan was born with a very rare disease- SMA Type 1. The community, along with our media and places of worship raised more than \$3 million for Aryan's treatment. Deol family was very thankful to every donor who helped save Aryan.

By Balwant Sanghera

Our community is well-known for its generosity. It responds quickly to help people when any natural disaster strikes anywhere in the world. Within days and weeks huge amounts of money are raised to help the needy. Similarly, whenever there is any special need for help by a family, South Asians open their hearts and wallets to help. Same thing happened about three years ago. Surrey residents Gaganpreet and Harpreet found out that their newly born son Aryan was born with a very rare disease- SMA Type 1. At that time there was no medication available to treat this illness. Luckily, around that time researchers in the U.S. were successful in developing a drug to treat this rare disease. However, this drug was extremely expensive and far beyond the Deol family's reach. Consequently, through our media and places of worship, they launched an appeal for fundraising in the community.

Our community, along with our media and places of worship, did an amazing job in raising funds for Aryan's treatment. More than \$3 million was raised within a few weeks. This made it possible for the family to get treatment for Aryan in the U.S. It has given young Aryan a new lease on life. Along with the rest of the community, at India Cultural Centre of Canada Gurdwara Nanak Niwas on Richmond's Highway to Heaven, we prayed for Aryan's well-being. Also, our congregation raised a lot of money to help with Aryan's treatment. The Deol family was very thankful to every donor who helped save Aryan. On Friday, September 2, Gaganpreet, Harpreet and Aryan were at Gurdwara Nanak Niwas to attend a wedding of a friend. They paid obeisance at the Gurdwara and thanked the Gurdwara management for helping them.

The Gurdwara management committee led by President Ubed Singh Sidhu welcomed Deols. We were all very pleased to see Aryan and his family. The enclosed picture shows Aryan with his mom and dad in the chairs in the front and some members of the Gurdwara management standing at the back. All of us prayed for Aryan's good health and happiness. Gaganpreet and Harpreet thanked the Gurdwara management, its congregation



General Secretary, India Cultural Centre of Canada Gurdwara Nanak Niwas

and the community for helping Aryan three years ago. It was great to see Aryan smile. Gaganpreet and Harpreet

expressed their heartfelt gratitude and thanked our community, our media,

Continued on page 14

# In Loving Memory of Anand Kumar Jain



(Aug 2, 1939 – Sept 10, 2019)

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# Students return to new school spaces and seismic upgrades at four Surrey schools

SURREY - Students and families will benefit as hundreds of new school spaces open in Surrey.

New classroom spaces are ready for students at the new, which underwent a major expansion this past year and increased capacity by nearly 60%. As well, seismic upgrades are complete at Queen Elizabeth Secondary and Prince Charles Elementary.

"A great school is at the heart of every strong community, and our government's work to invest in schools is one of the many ways we're making life better for families in B.C.," said Jennifer Whiteside, Minister of Education and Child Care. "The best educational experience possible."

The new Regent Road Elementary will be home to 655 students, serving families in the rapidly growing Clayton neighbourhood. The school is the result of a \$27.5-million investment from the Province and an additional \$5.7 million from the Surrey School District. The \$34.3-million expansion of Sullivan Heights Secondary will provide a better learning experience for 700 students and expand the school's capacity to 1,700. The Surrey School District contributed \$5 million to the project. The expansion was approved for as much as \$40.3 million but came in \$6 million under budget. The savings will be reallocated to other capital priorities.

"We are so pleased to be able to open Regent Road Elementary and for the addition at Sullivan Heights Secondary. These investments are critical in meeting our capacity needs as our enrolment continues to grow with almost 1,000 new students annually," said Laurie Larsen, chair, Surrey Board of Education. Seismic upgrades at both Prince Charles El-



Jennifer Whiteside, BC's Education Minister

ementary and Queen Elizabeth Secondary, a combined \$25.6-million investment from the Province, are providing a safer learning experience for more than 2,000 students. These investments are part of government's commitment to providing B.C. students with safe places to learn.

Bruce Ralston, MLA for Surrey-Whalley, said, "Prince Charles Elementary is a community hub that has benefited students and families in Whalley for decades. With seismic upgrades now complete, we can be sure that thousands more students can develop long-lasting friendships and memories for generations to come in a safer place to learn."

# BCGEU reaches tentative agreement in B.C. public service bargaining

VICTORIA, BC - Following more than seven months of negotiations and a historic job action that lasted almost two weeks, the BC General Employees' Union's (BCGEU) public service bargaining committee has reached a tentative agreement with the provincial government's B.C.'s Public Service Agency (PSA). This agreement covers 33,000 bargaining unit members working in direct government service.

"The members of this bargaining unit have been clear from the day we started preparing for bargaining last fall that their top priorities were wage increases and meaningful wage protections and our committee took that message to the PSA," said Stephanie Smith, president of the BCGEU and chair of the bargaining committee. "The 95% strike vote we got in June and actioned in August was our members' response to an offer that showed their employer had not gotten the message. After almost two weeks of job action and nine consecutive days at the table, enough progress was made that the committee decided it was time to let our members see what's on offer and have their say."

The PSA invited the BCGEU back to the bargaining table in late August - more than five weeks after talks broke down in July - where both parties spent nine straight days at the table to reach a deal. "Bargaining is nev-

er easy and this has been a long and challenging round," said Smith. "I'm proud of the work our committee has done and I'm proud of the solidarity our members have shown over the last eight months-especially the hundreds who walked picket lines at liquor and cannabis locations and the thousands who refused much-needed over-time as part of our job action."

Here are the highlights from the agreement:

Term: A three year agreement - April 1, 2022 - March 31, 2025

General Wage Increases:

Year 1 - Effective April 1, 2022 increase all rates of pay by 25 cents per hour and then increase all rates of pay by 3.24%.

Year 2 - Effective April 1, 2023 increase rates of pay by the annualized average of BC CPI over 12 months starting on March 1, 2022 to a minimum of 5.5% and a maximum of 6.75%.

Year 3 - Effective April 1, 2024 increase rates of pay by the annualized average of BC CPI over 12 months starting on March 1, 2023 to a minimum of 2% and a maximum of 3%.

Timelines for the ratification vote will be confirmed in the coming days.

The BCGEU's 33,000 member public service bargaining unit was the first of many public sector unions to bargain with the government in 2022. In total, more than two-thirds of the BCGEU's 85,000 members will be engaged in public sector bargaining this year.

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# Queen Elizabeth II and The History of The Kohinoor Diamond

The death of Britain's longest-reigning monarch Queen Elizabeth II has rekindled social media chatter demanding the return of the Kohinoor diamond to India, Indian media reported.

With her son Prince Charles succeeding to the throne, the 105-carat diamond, which is steeped in history, will go to his wife Duchess of Cornwall Camilla, who has now become Queen consort. Kohinoor, which means 'Mountain of Light', is a large, colourless diamond that was found in southern India in the early 14th century. The precious gem, which came into British hands during the colonial era, is the subject of a historic ownership dispute and is claimed by at least four countries, including India.

According to PTI, The Kohinoor diamond was "surrendered" by the Maharaja of Lahore to the then Queen of England and "not handed over" to the British nearly 170 years ago, the Archaeological Survey of India replied to an RTI query a few years ago.

However, the Indian government's stand in the Supreme Court was that the diamond, estimated to cost over USD 200 million, was neither stolen nor "forcibly" taken by British rulers but given to East India Company by erstwhile rulers of Punjab.

In the book 'An Era of Darkness', Shashi Tharoor noted that it was once touted to be the world's largest diamond, weighing 793 carats or 158.6 grams. The diamond is believed to have been first

mined near Guntur in Andhra Pradesh by the Kakatiya dynasty in the thirteenth century. From its original glory of 158 carats, the diamond has been whittled down to its present 105 carats form over the centuries. He notes the popular jewel's journey through royal hands as it passed from the Kakatiyas in the Deccan to Delhi Sultan Alauddin Khilji and then to the Mughal empire. It reached Afghanistan with Persian invader Nadir Shah.

Legend has it that it was Nadir Shah who named the diamond the Kohinoor. It passed through different dynasties before landing in the possession of the Sikh Maharaja of Punjab, Ranjit Singh, in 1809, Tharoor noted. Tharoor claims that Ranjit Singh's successor could not hold on to his kingdom and was defeated by the British in two wars.

"That was when the Kohinoor fell into British hands." Tharoor penned a poignant argument in favour of the diamond's return to India and made critical remarks against the UK's colonial history.

"Flaunting the Kohinoor on the Queen Mother's crown in the Tower of London is a powerful reminder of the injustices perpetrated by the former imperial power. Until it is returned — at least as a symbolic gesture of expiation — it will remain evidence of the loot, plunder and misappropriation that colonialism was really all about," he said.

Author and historian William Dalrymple



noted in his book, "Kohinoor" that child Sikh heir Duleep Singh regretted having surrendered the jewel to Queen Victoria. However, he also wished to give it to the Queen as a man.

On his visit to India in July 2010, then-UK Prime Minister David Cameron said, "If you say yes to one you suddenly find the British Museum would be empty. I am afraid to say, it is going to have to stay put."

Those who have been calling for the diamond's return were let down in 2016

when responding to a public interest litigation then-Solicitor General of India Ranjit Kumar told the Supreme Court that the Kohinoor was "given voluntarily by Ranjit Singh to the British compensation for help in the Sikh wars".

"The Kohinoor is not a stolen object," he had said.

Then Culture Minister Mahesh Sharma later ruled out any action by his ministry to bring back the famed diamond, saying that if any call on the matter needs to be taken, it will be at the diplomatic level.

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## 2 Indian-origin ministers in UK Cabinet, Rishi Sunak backers left out



Suella Braverman

Recently elected UK's Prime Minister Liz Truss held her first Cabinet meeting at 10 Downing Street in London after announcing one of

the UK's most diverse Cabinets, with key frontline posts going to ethnic minority members of Parliament, including Indian-origin Suella Braverman as the Home Secretary.

Another Indian-origin minister in the Cabinet, Agra-born Alok Sharma, retains his climate action job as the COP26 President, as does Defence Secretary Ben Wallace in a new top team that is otherwise a complete shake-up of the old guard.

London-born junior minister Ranil Jayawardena, of mixed Sri Lankan and Indian heritage, has been promoted as the Secretary of State for Environment, Food and Rural Affairs.

Many senior Tories, who had backed Truss' rival, British Indian former finance minister Rishi Sunak, find themselves without a job — including former justice secretary Dominic Raab, transport secretary Grant Shapps and health secretary Steve Barclay, said PTI.

The process of appointing the Cabinet and junior ministerial roles began on Tuesday and will continue into Wednesday, when Truss addresses her first Prime Minister's Questions (PMQs) in the House of Commons.

By her side on the frontbenches will be Braverman, whose Tamil mother had her family roots in Mauritius and Goan-origin father migrated

to the UK from Kenya.

Also, by her side will be Ghanaian-origin Kwasi Kwarteng as the UK's first black Chancellor.

Truss, 47, defeated rival Rishi Sunak in the Conservative Party leadership contest, and she follows Margaret Thatcher and Theresa May to become Britain's third female premier.

Throughout her political career, Truss has been compared to Thatcher, who, for many on the right, remains the benchmark for Conservative leaders. Like Thatcher, Truss has come from relatively humble beginnings to dominate a world inhabited largely by men, according to CNN.

## Sanjay Kumar Verma appointed India's High Commissioner to Canada



Seasoned diplomat Sanjay Kumar Verma, presently ambassador of India to Japan, was appointed as India's next High Commissioner to Canada, while Amit Kumar, currently Consulate General

of India in Chicago, has been named as the next ambassador to the Republic of Korea. Verma, a 1988-batch IFS officer and presently India's Ambassador to Japan, is expected to take up the assignment shortly, the MEA said. Verma, 57, succeeds Acting High Commissioner Anshuman Gaur.

Verma, 57, succeeds Acting High Commissioner Anshuman Gaur.

Among his other postings, Verma has served in Indian missions in Hong Kong, China, Vietnam and Turkey. He has also served as the Consul General of India in Milan, Italy.

Verma graduated from Patna University and went to IIT Delhi for Masters in Physics. Amit Kumar, who joined the Indian Foreign Service in 1995, was earlier the Deputy Chief of Mission in the Embassy of India, Washington DC with Ambassador-rank.

His other recent assignments included stints as Joint Secretary for Development Partnership Administration and as Joint Secretary for Human Resources Management in the Ministry of External Affairs, New Delhi.

Kumar holds a Bachelors degree in Mechanical Engineering from the Indian Institute of Technology (IIT), Kanpur.

Continued from Page 11

## Community's Efforts...

the community at-large, all of the places of worship and everyone who donated to the fund and gave Aryan a new lease on life. We pray to God Almighty to give Aryan a healthy and happy life.

In this context, it must be mentioned that three years ago when the Deols launched appeal for donations, the response was overwhelming. As a result of our community's generosity more money was raised than needed for Aryan's treatment. The Deol family was kind enough to pass on the surplus funds to another family for the treatment of their toddler with similar problem. This was a commendable gesture on their part. It is an excellent example of our community's generosity.

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## Fraser Valley Housing Market Signals Further Settling As Sales Continue To Stall In Response To Interest Rate Rises

SURREY: Robust active listings and relative steady sales activity continued to bring balance to the Fraser Valley real estate market in August. The past several months of rising inventory combined with a slowing trend in sales has also seen benchmark prices return to levels not seen since last year. In August, the Fraser Valley Real Estate Board (FVREB) pro-

cessed 1,017 sales on its Multiple Listing Service (MLS), an increase of 2.4 per cent compared to last month and a 51.3 per cent decrease compared to this time last year. The Board received 2,045 new listings in August, a decrease of 14.3 per cent compared to July, and only 2.9 per cent less than August 2021. The month ended with a total active inventory of

5,871, a decrease of 8.5 per cent from last month but up by 44 per cent compared to August 2021. Once again August saw a balanced market in the Fraser Valley with an overall sales-to-active ratio of 17 per cent (the market is considered balanced when the sales-to-active ratio is between 12 per cent and 20 per cent). "For the past three months we've seen the local market return to a

more balanced state," said Board President, Sandra Benz. "With the Fraser Valley continuing to settle after months of record sales and prices, we expect to see more activity this coming fall as buyers look to capitalize on the region's reputation for providing greater value for the real estate dollar." Benchmark prices continued to fall across all property categories, bringing them in relative

line with prices from December 2021 and eating into year-over-year gains. "With possible further hikes in interest rates this fall, homebuyers need to augment their decisions with critical advice and guidance," said Baldev Gill, Board CEO. "Along with other professionals such as mortgage brokers and lawyers,

*Continued on page 30*

# Kristina Eng

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*From Condos to Castles...*

**\$945,000**

MLS# R2695972

### 14037 Marine Drive, White Rock

West White Rock Updated Townhome, Lovely renovated Ocean Ridge townhouse in prestigious West White Rock. On a private park-like complex on 4.5 acres only a couple of blocks from the sea. Lots of updates: kitchen, bathrooms, plumbing, electrical. Walls have been removed to make open layout on main floor. Large renovated kitchen with stainless appliances and island. Beautiful teak features in living room with built in shelves & beams. 2 full updated bathrooms, plus roughed in for powder room on main. Two large bedrooms up, master with peek-a-boo ocean view and spacious balcony. Relax on private south facing patio. Large storage locker. 19+ complex, 2 pets allowed (any size), no rentals. Welcome home. Photos and Floorplan: [www.cotala.com/65528](http://www.cotala.com/65528)

**NEW LISTING**

MLS# R2706879

**54 - 15288 36 Ave**  
**Gorgeous Fully Detached Townhome**  
**\$1,475,000**

Stunning fully detached townhome at Cambria by Parkland. Approx 3,000 sq ft, 4 br, 4 bath. Elegant, comfortable home w quality upgrades: hardwood floors throughout, wainscoting & crown mouldings, plantation shutters, kitchen w custom cabinetry, granite counters, SS appliances, gas stove. Formal dining room is currently home office and music room. Bright open family-friendly layout: kitchen, living room & casual dining area open onto lovely landscaped private patio and backyard. Upstairs: luxurious primary bedroom w walk in closet & spacious ensuite, 2 more bedrooms & large flex space for hobbies or office. Fully finished basement w 4th bedroom, full bathroom, huge rec room, media area, flex room & storage. The perfect family home.

**\$499,000**

MLS# R270367

**307 - 13959 16 Ave, South Surrey**

**SOLD**

Corner Penthouse... Lovely bright end unit with view... Peace of mind: rainscreened building, energy efficient thermal windows. Well respected... complex with solid contingency fund has huge rooftop deck with partial sea view, clubhouse, library, large well-equipped workshop, exercise room, sauna, car wash. 1 underground parking and locker. Age 50+ complex, no rentals, no pets. Strata fees incl hot water. Move in ready. Welcome home. Photos and Floorplan: [www.cotala.com/66009](http://www.cotala.com/66009)

**SOLD**

24555 44 Ave Langley

Ph2002 2959 Glen Drive Coquitlam

308 5377 201A Street Langley

Lot 10 Foxglove Ln, Bowen Island

206-15288 22 Ave South Surrey

62 - 15233 34 Ave South Surrey

**SOLD**

**SOLD**

**SOLD**

**SOLD**

**SOLD**

**SOLD**

**\$599,000**

MLS# R267121

**14834 Beachview Ave, White Rock**

**SOLD**

Live near the beach... completely renovated... tucked away on a quiet street, home from the beach. Spacious 700 sq ft... bath townhouse in respected and fully rainscreened Marine Court. Renovated from top to toe. Bright and airy with large windows. Spacious patio for relaxing and barbecuing. Underground parking and storage. Pet friendly, no size restrictions. All ages welcome. Just move in and enjoy your beach lifestyle.

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**40 6110 138 Street**



**\$899,000**  
Beautiful three-bedroom executive townhome in The Summit, which features 89 homes located in Sullivan Station. Home features a double garage with epoxy paint & side-by-side parking, as well as private rooftop patios set up to hold a hot tub! This entertainer's dream home offers a large gourmet kitchen and island, gas stove, high-end stainless appliances, gas hookup for BBQ, a built-in wine fridge, and much more. Spa-inspired master ensuite with 2 sinks & rain shower. These homes are made for entertaining. All homes have views of the mountains from the rooftop patios and bug screens. Spacious 1707 square feet plan offers 3 Bdrms upstairs + a flex room at ground level. Ultimate luxury and modern finishing throughout.

**11071 Wren Crescent**



**\$1,299,000**  
Mainly Land Value. Plan ready for 2 storey home. Big Rectangular Lot on a quiet street. Great building lot that is 68 x 105 with a west facing backyard. Great family neighbourhood. Perfect as an investment & build new home & perfect place to raise a family. All amenities are in the close vicinity, with nearby Riverdale Elementary, Guildford Park Secondary school. 3 minutes drive to Guildford Mall, T&T Supermarket & Walmart. Easy access to Highway 1.

**13440 78A Avenue**



**\$1,399,900**  
Great home located in West Newton ideal for first time home buyers or as an investment property. This basement entry home comprises of 4 bedrooms and 3 bathrooms with a 2 bedroom mortgage helper suite in the basement. Well maintained and cared for both inside and outside by the current owners makes this home move in ready. Huge covered sun-deck on-looking the fully fenced private back yard making this perfect for entertaining family and friends. Move in today or build your new home on this huge rectangle lot 61' x 119. Close proximity to transportation, walking distance to all amenities makes this the perfect location to call home.

**13079 56 Avenue**



**\$3,599,900**  
**LOCATION! LOCATION! LOCATION! PRESTIGIOUS PANORAMA RIDGE! PRIME 1.3 ACRES IN THE ORIGINAL PANORAMA RIDGE! \*ALERT 1.3 acres\*** Build your DREAM home. Rare to find such prime piece of land in Panorama! Take advantage of this rare opportunity and make your dreams a reality. Call for more info.

**6144 120 Street**



**\$1,449,000**  
Investors, Builders, and Handymen -> Renovated basement entry home in the desirable Boundary Park neighbourhood! This well maintained home features a renovated 3 bedroom 2 bath lower suite, and 3 bedroom 1 bath upper suite. Wood burning fireplaces up and down. New Furnace and Hot Water Tank. Huge, secluded backyard with room for RV or Boat parking, and private lane access off 120 A St. A quick 5 minute walk to beautiful Boundary Park, close to transit, schools & shopping.

**14865 95A AVENUE**



**\$1,499,000**  
This FULLY RENOVATED home has great value! Potential for development! Currently tucked away in a very charming and quiet neighbourhood. Situated on a 7,500+ sqft lot, this property features a BONUS back lane access! Minutes away from the newly proposed skytrain and close to all schools, shopping centres and major bus routes. The main floor boasts a spacious family room, a formal dining room leading to a covered deck, a master bedroom with an ensuite and two additional bedrooms and full bathroom! The basement features a two bedroom mortgage helper with its own laundry. Basement rented month to month for \$1,400. MUST SEE!

**7830 Swanson Drive**



**\$1,548,800**  
WELCOME HOME! Centrally located home in the most desirable neighborhood of Scottsdale offering 5 bedrooms / 4 baths, UPDATED Kitchen with BRAND NEW appliances, NEW flooring, Windows, Laundry, FRESH Paint, and Roof Updated in 2017. Also features 2 Bedroom suite on the main level. HUGE sundeck for all your summer entertainment. Close to both levels of schools, parks, shopping, transit, and other amenities. Easy access to major routes. Book your showing TODAY, before it's TOO LATE!!!

**13068 64 Avenue**



**\$1,645,000**  
PANORAMA RIDGE BEAUTY! Development potential for a duplexes (check/verify with the city of Surrey) 5 bedrooms 3 FULL washrooms WITH a massive 2 bedroom suite & Potential for Bachelor Suite! Perfect home for the growing family. Sitting on a MASSIVE 7718 SQFT Lot. Main floor has open layout with loads of windows to allow for the natural sunlight. 3 Bedrooms and 2 Full washrooms. Below you have the separate 2 bedroom suite- great rental potential in a central location. Loads of parking with lane access. MUST SEE!

**19755 32A Avenue**



**\$2,680,000**  
Luxury semi-custom built home in Langley Brookwood! Home is located in centre of the new subdivision under Brookwood Fernridge OCP, with fully finished large 2 bedroom basement, fenced backyard, and fully landscaped front. Over 5100 sqft of living space! Main floor features beautiful high ceilings and custom designs. Open to below Family room, loads of windows to soak in that natural light. Living/dining + a den which can be used as a bedroom. Beautiful kitchen with a large island+bonus spice kitchen with a walk in pantry. Good size mudroom with bench. Upstairs features 4 bedrooms and 3 washrooms. In the basement you have a large media room + bar + a full washroom, perfect for entertaining and partying! Unique living style surrounded by Parks and Trails is perfect for families. Must see

**19767 33 Avenue**



**\$2,499,000**  
Luxury semi-custom built home in Langley Brookwood! Home features 8 bedrooms and 9 bathrooms with fully finished large 2 suites! (2+1), fenced backyard, and fully landscaped front. Over 5400 sqft of living space! Main floor features beautiful high ceilings and custom designs. Open to below Family room, loads of windows to soak in that natural light. Living/dining + a den and a master bedroom with a full ensuite. Beautiful kitchen with a large island+bonus spice kitchen with a walk in pantry. Upstairs features 4 bedrooms all with their own private 4 washrooms. In the basement you have a large media room + bar for + a full washroom, perfect for entertaining and partying! Unique living style surrounded by Parks and Trails is perfect for families. Must see!

**9122 144A Street**



**\$2,499,000**  
BEAR CREEK CORNER MANSION! This custom built home features over 5000 SqFt of Living Space on a 6000 SqFt CORNER LOT! 9 Bedrooms and 8 Washrooms with 2 basement suites (2+1) and bonus Theatre room + Bar for your enjoyment. Main floor features stunning finishes with loads of oversized windows to allow for maximum natural light. Open Concept design and layout. Master Bedroom on the main with full ensuite and additional bedroom and powder room. Massive family room and chefs kitchen and spice kitchen. Upstairs has 4 bedrooms, library and 3 full washrooms. In the basement you have 2 mortgage helpers and theatre/bar. Loads of parking. Double Garage. Located in a great pocket of Bear creek.

**19775 33 Avenue**



**\$2,499,000**  
Luxury semi-custom built home in Langley Brookwood! Home features 8 bedrooms and 9 bathrooms with fully finished large 2 suites! (2+1), fenced backyard, and fully landscaped front. Over 5400 sqft of living space! Main floor features beautiful high ceilings and custom designs. Open to below Family room, loads of windows to soak in that natural light. Living/dining + a den and a master bedroom with a full ensuite. Beautiful kitchen with a large island+bonus spice kitchen with a walk in pantry. Upstairs features 4 bedrooms all with their own private 4 washrooms. In the basement you have a large media room + bar for + a full washroom, perfect for entertaining and partying! Unique living style surrounded by Parks and Trails is perfect for families. Must see!

**19629 32 Avenue**



**\$2,890,000**  
0.96 ACRES OF DEVELOPMENT LAND IN BROOKSWOOD! Highly desirable acreage adjacent to recently developed 114 lots project. Small home on property is of little value. Currently rented. Development potential of 7000 Sq.Ft Lots! Call for more information. Details: .965 of an acre, flat with few trees, immediately adjacent to Havenwood, Langley's latest upscale community with over 90 high end homes currently under construction. All services have been installed within close proximity to this site. Detention pond and large sanitary pump station have been constructed immediately to the north of this property. This parcel is within the benefitting catchment of this infrastructure. Development Works Agreements are in place allowing for the use of this infrastructure for any future development.

**14019 104 Avenue**



**\$3,499,000**  
LAND FOR SALE! Corner Parcel sitting on OVER 42,000 SQ.FT. C-35 Zoning allows for a variety of uses.

**LT.2 33 Avenue**



**\$4,450,000**  
1.44 ACRES OF DEVELOPMENT LAND IN BROOKSWOOD! Highly desirable acreage close to recently developed 114 lots project. Development potential of 7000 Sq.Ft Lots! Call for more information. All services have been installed within close proximity to this site.

**19671 32 Avenue**



**\$8,550,000**  
2.32 ACRES OF DEVELOPMENT LAND IN BROOKSWOOD! Highly desirable acreage adjacent to recently developed 114 lots project. Small home on property is of little value. Currently rented. Development potential of 7000 Sq.Ft Lots! Call for more information. Next 2 parcels also on MLS R2685870 and R2686702.

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<p><b>45468 WELLINGTON AVE, CHILLIWACK</b></p>  <p style="text-align: center;">ASKING <b>\$1,250,000</b></p>	<p><b>1698 SLATER AVENUE, KAMLOOPS</b></p>  <p style="text-align: center;">ASKING <b>\$750,000</b></p>	<p><b>#34 15030 28 AVENUE, SURREY</b></p>  <p style="text-align: center;">ASKING <b>\$1,159,900</b></p>	<p><b>259 HOLLY AVENUE, KAMLOOPS</b></p>  <p style="text-align: center;">ASKING <b>\$675,000</b></p>
<p><b>LOT 11 CHIEF LAKE ROAD PRINCE GEORGE</b></p>  <p style="text-align: center;">Beautiful 5.48 acre property. <b>\$28,776</b></p>	<p><b>LOT 12 CHIEF LAKE ROAD PRINCE GEORGE</b></p>  <p style="text-align: center;">Beautiful 4.94 acre property <b>\$45,540</b></p>	<p><b>LOT 10 CHIEF LAKE ROAD PRINCE GEORGE</b></p>  <p style="text-align: center;">Beautiful 4.95 acre property. <b>\$45,540</b></p>	<p><b>8134 112A STREET DELTA</b></p>  <p style="text-align: center;">Great investment property</p>
<p><b>56-8168 136A ST, SURREY</b></p>  <p style="text-align: center;">ASKING <b>\$795,000</b></p>	<p><b>5533 CHESTNUT CRE, LADNER</b></p>  <p style="text-align: center;">ASKING <b>\$1,325,000</b></p>	<p><b>16669 31B, SOUTH SURREY</b></p>  <p style="text-align: center;">ASKING <b>\$2,640,000</b></p>	<p><b>5192 MANOR ST, BURNABY</b></p>  <p style="text-align: center;">ASKING <b>\$1,567,000</b></p>

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**103 19835 64 AVE, LANGLEY**



**OPEN HOUSE :  
SAT & SUN 12-2 PM**

**2 BED • 2 BATHS • 1,132 SF**

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**\$599,000**

**104 7349 140 ST, SURREY**



**OPEN HOUSE :  
SAT & SUN 2-4 PM**

**3 BED • 2 BATHS • 1,375 SF**

Welcome to Your Dream Home in the Most Wanted & Centrally located neighbourhood in Newton Park!! This Beautiful & Well Kept 1375 Square Feet 2 Storey Townhouse features with 3 Bedrooms & 2 Bathrooms. Very Spacious layout with Separate Living and Dining Area & Renovated Kitchen, In Suite Laundry and TWO Parking Stalls. Laminate Flooring in Living Area was done in 2021, New Hot water tank was replaced in 2020. Close to Schools, Shopping Centre, Public Library, Restaurants, Newton Wave Pool, Canadian Super Store, Fruiticana, Costco and Public Transit. Amenities include Club House/Tennis court and Playground. Very easy access to All Major Routes.

**\$799,000**

**45804 REECE AVE, CHILLIWACK**



**OPEN HOUSE :  
SAT & SUN 2-4 PM**

**3 BED • 1 BATH • 2,316 SF**

Investor's Alert! SUBDIVIDED LOT WITH BACK LANE ACCESS WITH PLA APPROVED. Two Bedrooms on the main floor with 1 Bedroom upstairs. Already rezoned, ready to tear down the Livable house down & start construction or rent it out now & start construction next year. Currently Tenanted on month to month Bases, Tenant willing to stay. Gardner's delight with amazing arts and crafts all off the large patio.

**\$1,199,000**

**14974 RAVEN PL, N. SURREY**



**3 BED • 1 BATH • 1,155 SF**

Investor's Alert! Updated Home on a 7280 Sq. Feet Lot with a 70 feet wide front with 3 Bedrooms & 1 Washroom in Boliver Heights. Good condition for Living now & Build later. Roof was done in 2016. Full exposure for lot of natural light with a huge backyard. Very close to Guildford Mall, T&T Super Market & Walmart. Easy Access to Highway 1. The Best thing is that this property comes with a Back Lane Access.

**\$1,399,000**

**103 6299 144 ST, SURREY**



**3 BED • 3 BATHS • 1,541 SF**

Welcome to Your Future dream Home in the most desired neighbourhood Sullivan Station! This Beautiful & Well kept 3 Bedroom 3 Washroom Townhome features with a good size Living Room & dining Room with 9' High Ceiling. Living Room directly walks in to fenced backyard. Open Concept Kitchen with Granite Countertops. Generous sized Bedrooms on top floor with Master ensuite. Double tandem Garage with lot of cabinets for storage. Lots of Visitor Parkings Nearby. Amenities include a 7800 sqft club house with OUTDOOR POOL, sauna/hot tub, yoga studio, 2 guest suites & much more. Very Close to shopping, transit, Highway 10, Bell Center.

**\$799,000**



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# Saviour of homeless patients Dr Mangat to visit Surrey

A living example of selfless service to humanity Dr Naurang Singh Mangat will be visiting Surrey from September 16 (evening) to 20 (Noon). During his visit, he will stay at Sri Guru Singh Sabha Gurdwara, Surrey.

For more than a decade he has been looking after and trying to save lives of the destitute, homeless, blind, disabled, mentally challenged and poor sick people lying on the streets of Punjab.

It was in 2005 that Dr. Mangat began cycling around Ludhiana city providing free medical care to homeless and sick people lying on the roadsides and at other places. His untiring efforts to help the homeless sick have now taken the shape of three-sto-

rey building which is located near village Sarabha of Ludhiana district.

"Till today this registered charity called "Guru Amar Das Apahaj Ashram" has admitted about 950 patients. Many were rehabilitated after medical treatment and some expired due to their critical medical condition. However, nearly 200 patients are living in the Ashram permanently. Of these 125 are mentally challenged. About 65 are bedridden and unable to answer the call of nature on their own. Some have total memory loss. These patients are provided food, clothes, medical treatment, nursing care - ALL FREE OF COST. Out of these, 75 patients are living in the three story building. However, the remaining

125 male patients are living in temporary steel sheds," mentioned a release from the Ashram.

Dr Mangat who is a former Professor and Scientist of PAU, Ludhiana, University of Windsor, and Morrison Scientific Calgary said that on completion of the new building being constructed, the Ashram would be able to move these male patients living in the temporary iron sheds to the new multi-story building. Ashram has employed 35 people to look after these patients. These include a doctor, nurses, care takers, security guards and some for preparing food. As the Charity has no source of income, the expenses running into lakhs of rupees per month are supported by the Public.



Dr Mangat helping in giving bath to a disabled patient

For more information, Dr Mangat can be reached at his India cell phone 95018-42506; Canada cell phone 403-401-8787 or at nsmangat14@hotmail.com

## Access to Health Care: Free, but for all? Nearly nine million Canadians report chronic difficulty getting help

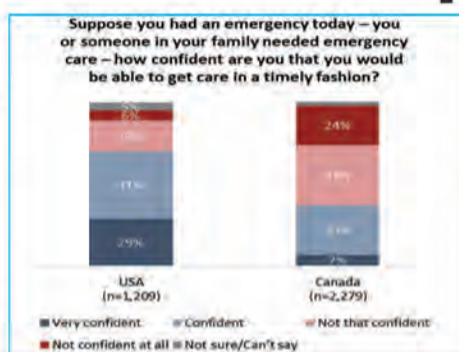
Canadians say they have less confidence and more difficulty accessing health care than Americans

A summer of health care related horror stories – from emergency room closures to doctor shortages to surgery delays – is shaking public faith in what has traditionally been a source of national pride.

A comprehensive new cross-border study of Canadians and Americans from the non-profit Angus Reid Institute finds those north of the border dealing with considerably more difficulty in accessing care. This is the first in a three-part series canvassing opinion on access to, quality of, and policy towards health care in Canada.

It finds that over the last six months, two-in-five Canadians (41%) – approximately 12.8 million adults – say they either had a difficult

### Canadians report chronic difficulty getting help



time accessing or were totally unable to access one of five key health services: non-emergency care, emergency care, surgery, diagnostic testing, and specialist appointments.

Americans are much less likely to say they encountered barriers to accessing those services, despite near-identical levels of the population seeking this type of care – 70 per

cent in the United States and 74 per cent in Canada.

Asked how confident they feel that they could access urgent care in a timely fashion if a household emergency arises, 37 per cent of Canadians are confident while 61 per cent are not. In the United States, 70 per cent are confident, while one-quarter (25%) are not. To better synthesize a significant amount of response data, Angus Reid Institute researchers created a Health Care Access Index, which finds the smallest group – 15 per cent of the population – enjoying Comfortable Access (approximately 4.7 million Canadian adults). The rest of the country is divided into three groups – those facing Some Challenges (31% – 9.7 million), Chronic Difficulty (29% – 9 million), and those not requiring access during this period (26% – 8.1 million).

**More Key Findings:**

- Americans are twice as likely as Canadians to report Comfortable Access to health care – 30 per cent compared to 15 per cent respectively.

- In Canada, young women and young men are most likely to be found in the Chronic Difficulty group, compared to their older peers. British Columbians and Atlantic Canadians are also overrepresented in this most challenged category of health care seekers.

- Among those who had easy or very easy access to surgery, 55 per cent say their health has improved over the past six months. Three-in-ten (28%) say their health has stayed the same, while 17 per cent report it as having worsened. Those who had a difficult or impossible experience accessing this type of care are twice as likely (34%) to say their health has worsened since.

Link to the poll here: [www.angusreid.org/](http://www.angusreid.org/)

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#### UNIT 2808 13615 FRASER HWY



Welcome to King George Hub, built by PCI is one of the most sought-after locations in central Surrey. Move in or Invest in the fastest-growing city in BC. This bright north-facing unit is located in the master-planned community with all of your needs at your doorstep. The unit is finished with laminate flooring, quartz countertops, and wall-to-wall windows for natural light. The unit has one parking, one storage locker, and an already paid-for EV charger.

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<b>FORCLOSURE</b> Langley older home 3 bedrooms 2 baths 7847 SQ, Ft lot <b>\$1,048,000</b>	<b>FORECLOSURE</b> Cloverdale 13 years old 3 storey home, 3328 SQ. Ft. 7 bedrooms 4 baths, 3617 SQ. Ft lot, 3 bedroom suite! <b>\$1,299,000</b>	<b>FORECLOSURE</b> Mission: 12 years old 8 bedrooms, 6 baths 3767 finished SQ, Ft home, 4298 SQ, Ft lot <b>\$1,125,000</b>	<b>FORECLOSURE</b> ACRES: 2.25 Langley 7 years old home, 6 bedrooms, 7 baths, 4152 SQ, Ft, 28X28 garage, custom built close to Campbell valley park. <b>\$3,299,000</b>
<b>FORCLOSURE</b> Town house! Cloverdale 17 years old, 4 bedrooms, 3 baths, 1628 Sq Ft, 3 storey, double garage. <b>\$759,000</b>	<b>FORCLOSURE</b> New westminster: Older home 82 years old 1 bath 3 bedrooms, 7240 SQ Ft lot, built your new home <b>\$1,410,000</b>	<b>FORCLOSURE</b> Town house Richmond 26 years old, 3 bedrooms 3 baths, 1600 SQ, Ft double garage. <b>\$786,000</b>	<b>FORCLOSURE</b> Coquitlam: only 5 years old, 5 bedrooms, 4 baths, 3488 finished area, 5118 SQ, Ft lot. <b>\$2,199,000</b>
<b>BANK FORCLOSURE</b> White Rock, 16 years old, 6 bedrooms, 4 bathrooms, 4092 Sqft lot, 3 storey, 3325 Sq ft home. <b>\$1,550,000</b>	<b>BANK FORCLOSURE</b> Surrey, 11 years old, 8 bedrooms, 7 bathrooms, 6848 .SQ, Ft lot, 4836 Sqft 3 storey home with double garage. <b>\$1,998,000</b>	<b>BANK FORCLOSURE</b> Langley, 36 years old home with, 3 bedrooms, 2 bathrooms, 7847 .SQ, Ft lot, good deal. <b>\$1,098,000</b>	<b>BANK FORCLOSURE</b> Vancouver East, older home, 5 bedrooms, 2 bathrooms, 3366 SQ, Ft lot, 2458 SQ Ft home. <b>\$1,625,000</b>
<b>BANK FORCLOSURE</b> Vancouver West Side! 13 years old, 5 bedrooms, 5 bathrooms, Lot 9475 Sq ft, 3 Story, 4572 Sq ft home <b>\$6,600,000</b>	<b>BANK FORECLOSURE</b> Surrey 12 years old, 9 bedrooms, 7 bathrooms, 6203 SQ, Ft, lot 4522 SQ, 6t home, 3 story home with double garage. <b>\$1,829,000</b>	<b>BANK FORECLOSURE</b> Mission! 61 Acres farm, includes 6 Properties, houses, Lots, good price. <b>\$19,999,000</b>	<b>BANK FORECLOSURE</b> North Surrey! older home 4 bedrooms, 3 bath, 8712 SQ, Ft, lot. <b>\$1,279,000</b>
<b>BANK FORECLOSURE</b> Surrey! 45 years old, 4 bedrooms, 3 bathrooms, 7249 SQ, Ft, lot, 1800 SQ, Ft home good investment. <b>\$1,399,000</b>	<b>BANK FORECLOSURE</b> Burnaby! 4 bedrooms, 2 baths house with 7200 SQ, Ft, lot, land value only. <b>\$1,400,000</b>	<b>BANK FORECLOSURE</b> 100 Acres farm foct St. John BC. Big house 4 beds 3 bath. <b>\$1,349,000</b>	

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2.5 Acres Development Land <b>SOLD</b>	2.5 Acres Development Land <b>SOLD</b>	2.5 Acres Development Land <b>SOLD</b>	3437 264 St, Aldergrove 5.5 Acre Industrial Land \$10,000,000 <b>SOLD</b>	403 20268 54 Avenue Langley <b>SOLD</b>
14512 90 AVE <b>SOLD</b>	#28-6971-122 A ST <b>SOLD</b>	<b>SOLD</b> Lot No 16 20662 76b Langley Land	15847 Russell Ave, White Rock <b>SOLD</b>	#211 9202 Horne St., Burnaby <b>SOLD</b>

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# Are Canadians Drinking Too Much Alcohol?

Report recommends drinking an average of zero to two alcoholic drinks per week to reduce the possibility of suffering adverse health outcomes



By Sylvain Charlebois

Looks like Canadians are drinking way too much alcohol. According to a recent report from the Canadian Centre on Substance Use and Addiction (CCSA) which includes the assessment of over 5,000 different past studies on alcohol consumption from around the world, our country's alcohol drinking guidelines need to be significantly reduced. The report recommends a person drink an average of zero to two alcoholic drinks per week to reduce the possibility of suf-

fering adverse outcomes to their health. It's a stark contrast to the current guidelines, which date back to 2011, and are far more lenient. Low-risk drinking is defined as up to 10 standard drinks per week for women and 15 for men. The report also recommends that we add warning labels to bottles and containers for alcoholic beverages sold in Canada, much like those we have seen on cigarette packages over the years.

The Ottawa-based CCSA, which receives funding from Health Canada, is essentially a non-governmental lobby that advocates for reducing the harm caused by alcohol and drugs. Reports from the group almost read as if alcohol should be outlawed.

In other words, the CCSA's goal is to raise awareness, reduce the amount of alcohol consumed in Canada and influence

policy. Asking them to write the report is like asking People for the Ethical Treatment of Animals to review guidelines for the beef industry. It's simply impossible to overlook potential predispositions and biases.

But the 65-page report is quite comprehensive and sheds some light on new research on alcohol consumption. The new proposed guidelines may make sense to health professionals. After all, according to the World Health Organization, Canadians drink more alcohol than the global average. Based on per capita consumption, Canada ranks about 40th in the world, just above the United States.

During the pandemic, many Canadians did increase their amount of alcohol consumed, according to Statistics Canada. In Ontario, 30 per cent increased their alcohol consumption, followed by the Prairie

provinces at 27 per cent, British Columbia at 22 per cent, Quebec at 17 per cent and the Atlantic provinces at 16 per cent. According to the same survey, one in five Canadians acknowledged that they had increased their alcohol consumption since March 2020. We should all be concerned about this. The CCSA report comes at a time when we are all trying to figure out how our post-COVID life will look.

Along with the report's release, the CCSA launched a four-week consultation process to update Canada's Low-Risk Alcohol Drinking Guidelines (LRDGs). This consultation ends on September 23.

These recommendations are based on improved science, but one can only assume Canadians won't take these recommendations seriously. Notwithstanding the labelling recommendations that the Canadian public will likely receive with great

apprehension, alcohol is very much part of the daily lives of many Canadians. Watching a hockey game, being with family and friends – it's hard to imagine these moments without alcohol. Alcohol abuse and over-consumption are real issues that need to be dealt with, but most Canadians will probably feel that the proposed guidelines are unrealistic.

In addition, governments in Canada rake in millions in tax revenues from alcohol sales every single year. According to Statistics Canada, the net income of liquor authorities in total taxes and other revenue in Canada was well over \$13 billion in 2021. Total tax revenues were over \$6 billion. Provinces and Territories depend on these sales to provide dividends to support public expenditure in various ways. Total revenues from liquor boards across the country are up 13 per cent since 2016, which really should be considered a reasonable rate.

But the balance between strong returns and social benefits for consumers is indeed delicate. The guidelines under study will influence our behaviours around drinking, as well as what health professionals will promote to patients and the community at large.

But what strikes many as strange is the relationship between Health Canada and the CCSA.

For Health Canada, to bring more credibility and perspective to the fore, it would have been more beneficial to either conduct consultation on its own or ask several groups to review the literature and come up with different sets of recommendations. It appears CCSA has a monopoly on scientific thought related to alcoholic consumption in Canada, and it should not. This important issue deserves much more consideration from a multitude of perspectives.

Dr. Sylvain Charlebois is senior director of the agri-food analytics lab and a professor in food distribution and policy at Dalhousie University.

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## Upcoming Program

- 9th September, Friday** at 10:00 in the morning, the AnandKarj ceremony will be performed by the Ratinder Cheema family.
- 9th September, Friday** at 10:00 Akhand Path Sahib will be started by the devoted sangat of Raja Sahib in his memory.
- 10th September, Saturday,** at 10:00 am, Sukhminder Kaur Grewal family will perform the AnandKarj ceremony
- 11th September, Sunday** at 10:00 am, BhogSri Akhand Path Sahib, Diwan, Kirtan and Langar service by the devoted sangat of Raja Sahib.
- 11th September, Sunday** at 6:00 pm, Langar and Kirtan service by Malkit Singh family.
- 15th September, Thursday** at 10:00 am AnandKarj ceremony will be performed by Balbir Mann family.
- 15th September, Thursday** at 6:00 pm Sangrand related kirtan and langar service will be performed by the Sangat.
- 16th September, Friday,** at 10:00 am, Hans Raj Singh Chahal family will perform the AnandKarj ceremony.
- 17th September, Saturday,** at 10:00 am, Bhupinderjit family will perform the AnandKarj ceremony.
- 18th September, Sunday** at 10:00 am AnandKarj ceremony will be performed by Harpal Singh Mangat family.

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## Akshay says Kapil Sharma 'cast an evil eye' on his money and films



Mumbai: As the popular comedy-based reality series 'The Kapil Sharma Show' is back with a new season and many fresh faces, the first episode welcomes Bollywood star Akshay Kumar along with Rakul Preet Singh, Sargun Mehta, producer Jacky Bhagnani and Chandrachur Singh.

It will also be the reunion for Kapil and Sargun on the show as she also appeared on it in a guest role in 2016.

In his hilarious style, the latest promo shows Kapil welcomes the guests and asks Akshay how he is looking young with every passing year to which Khiladi Kumar responds that he keeps an evil eye on everything and because of him his movies are not working at the box office.

"Yeh aadmi itni nazar lagata hai, sab cheezo pe. Dekho, meri filmon pe, paison pe nazar daal di. Ab filmein nahi chal rahi koi." (This man had an evil eye

on everything from my money to films and see now none of my movies are working).

Kapil introduced his family on the show with new contestants including Srishty Rode, Gaurav Dubey, Shrikant Maski and Sid-dharth Sagar.

Later, comedian Kiku Sharda entered as laundry waali Gudiya and asks Akshay to apologise to Bollywood actor Ranveer Singh, saying he took his clothes for washing and got delayed due to which he got himself clicked without them.

Kiku hinted towards Ranveer's recent nude photo shoot.

He said: "Unka kapda bhi hum hi dhote hain. Aur ek din kapda pohochane mein thoda sa late ho gaye, koi aake unka bina kapde ka photo le liye. (I wash his clothes. One day, I got a little late in getting them across to him, and that was when somebody came and took his photos without clothes)."

## Forever with you through everything: Anushka celebrates Virat's 71st century

Mumbai: Proud wife Anushka Sharma has promised her star cricketer husband Virat Kohli, who completed his 71st century in international cricket on Thursday in the Asia Cup 2022, that she is "forever" with him "through any and everything."

Anushka took to Instagram, where she posted a slew of pictures of Virat from the match.

She wrote: "Forever with you through any and everything (heart and infinity emojis)."



Replying to the post, Virat dropped red-heart emojis.

Virat Kohli ended his drought of not scoring a century in international cricket for 1020 days with a sensational career-best 122 off just 61 balls to power India to 212/2 against Afghanistan in a dead-rubber of Super Four stage in Asia Cup 2022 at the Dubai International Stadium on Thursday.

Anushka on the acting front, will next appear in 'Chakda Xpress', directed by Prosit Roy.

## Big B recalls how his father sent home memorabilia during Queen's coronation

Mumbai: Megastar Amitabh Bachchan has paid his tribute to Britain's longest-reigning monarch, Queen Elizabeth II, who passed away on Thursday aged 96.

Amitabh took to his blog and wrote: "... and as we live another day, the life of another has ended .. the Queen, has passed away .. the Queen of England .. and a host of moments and memories go along with her and her presence."

He recalled how his father and legendary poet Harivansh Rai Bachchan was in England when the Queen was crowned.



"Babuji was in England for his PhD, when she was crowned and the Coronation was the huge event of the moment in 1952 .. and the news and the books and the curios designed then were dutifully sent to me in Al-

lahabad."

"Sets of make your own Coronation coach and the various monuments and the finery of a crowning in England were among us at 17, Clive Road, Allahabad and hours spent in building them and getting books and information presented in colourful books were our prized possession ...."

He added: "A private hand shake with her when she was a State Guest during my University days, to India and that exclusive moment at Rashtrapati Bhavan, among the four or five of us."

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# Rahman created the situations for two songs in 'VTK', reveals Gautham Menon

Chennai: Calling the working with A.R. Rahman as a great experience, ace director Gautham Vasudev Menon has disclosed that the situations for two songs in his upcoming film, 'Vendhu Thanindhadu Kaadu' (VTK), featuring Simbu in the lead, was created by none other than the Mozart of Madras himself.



The director, during the audio and trailer launch event of the film, shared his experience of working with Rahman. "I think it is the easiest thing that has ever happened to me - the working process. We discuss only work, only films and only that particular film."

"It could be at 2.30 in the morning. Suddenly, I would get a phone call. I think Rahman sir doesn't check the time. At 2.30 a.m., he'd call me and say, 'Lyricist Thamarai is on line. Can we talk?'" That conversation would go on for about two hours. We'll talk about the mood of the song and its lyrics," he elaborated.

"In this film, in two places, the situations where songs appear are ones that Rahman sir himself created for us.

"It is not a song-heavy film but very beautifully, he looked at the film and said, 'At this place, I see a song Gautham. Why can't there be a song here? It is exactly the movement that you say it should be but I see it as a song. Why don't we treat this musically?'" Rahman sir said and created two such situations for songs," Menon added. "Thamarai wrote beautiful lyrics for these two songs. But because of the lockdown and the pandemic, a lot of discussion happened online. It happened over Skype, Zoom and phone calls. Of course, we went to the studio and got it recorded.

But it was a great experience as always," he said.

# Shehnaaz Gill: 'Main chahti hoon ki Thor iss Kaur pe bhi thoda dhyaan de'

Mumbai: Actress and former 'Bigg Boss 13' sensation Shehnaaz Gill wants Thor, the Norse god, to pay her a little attention.

Upping her work-out ante, Gill, in a video, is seen trying new styles of workout regimes to look like Natalie Portman, who plays Jane Foster, the love interest of Thor in the movie 'Thor: Love And Thunder'.

"Main chahti hoon ki Thor iss Kaur pe bhi thoda dhyaan de! Toh main bhi Natalie Portman jaise koi workout-shurk-out kar hi leti hoon (I want that Thor gives a little attention to this Kaur. So, I shall start working out like Natalie Portman)," Gill said.

Admitting that the film is an all-round entertainer with romance, comedy, and action

soaked into every frame of the movie.



Shehnaaz said: "Thor Superhero hi nahi, woh thunder ka God bhi hai! By god!" "Toofani action karta hai aur bade se bade villain-o ki batti gul kar deta hai! Jitna confident woh apne action mein hai, utna hi shy woh romance mein hai. Bas ek spark ka intezaar hai, bijli toh maine bhi gira deni hai fir! (He really fights well with the villains. The amount of confidence

he has on his action, he is also as much shy. There's just a little spark which is needed. Then I will give the thunder.)"

Shehnaaz also said that Thor is funnier than her.

"Aur uski comedy?? UFF! Mere se bhi zyaada funny hai banda. Hasa hasa ke ne usne paet hi dukha diya hai (And his comedy. He is funnier than me)," added Gill.

The film was released on Disney+ Hotstar on September 8.

It is directed by Taika Waititi from a screenplay by Waititi and Jennifer Kaytin Robinson.

MCU veteran Chris Hemsworth returns to the title role of Thor, God of Thunder, in the movie, along with

Oscar winner Natalie Portman as Jane Foster/the Mighty Thor; Oscar winner Christian Bale as the villainous Gorr the God Butcher; Tessa Thompson as Valkyrie/King of New Asgard; Oscar winner Russell Crowe as Zeus, king of the gods and Vin Diesel as the voice of Groot, and Bradley Cooper as the voice of Rocket.

# Kangana says 'filmmaker is a myth; it's the movie makes a maker'

Mumbai: Actress Kangana Ranaut, who is currently busy with her film 'Emergency', recently shared her thoughts about the craft of filmmaking and how the film has made her understand the nuances of storytelling. In her opinion, "a movie makes a maker" and it's not the other way round.

'Emergency' is Kangana's second directorial after 'Manikarnika: The Queen of Jhansi' and the actress is leaving no stone unturned to make the film a compelling watch.

Taking to her Instagram, Kangana shared a picture of herself briefing someone off the camera about a particular close-up/mid close-up shot. Captioning the picture, she wrote: "Film-making is a fine blend of prep, practice and spontaneity.

That's why it can be the most difficult or the easiest thing to do, depends how efficiently you can be rigid and fluid both at the same time."

She went on to share that despite all the preparation, a story or a sequence may demand to ditch all things that were a part of the prep and start afresh with a different approach, "If you know how to prepare hard to shoot what must be shot yet in the last moment you demolish that mental structure/road map/blue print and be free to find something entirely different based on your instincts then you know how to make a movie .... And if you know how to make a movie you will know in actuality one can't make a movie."

In her opinion, the terms film-maker is nothing but a myth as a story finds its true expression and the maker is merely a vehicle for the story.

"Film-maker is a myth, there is no such thing. If anything, a movie makes a maker because story has its own seed and soul which finds expression and manifests and so-called maker simply watches bewildered, enchanted as she finds herself transform in to a role she must play #setstories #Emergency."

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# Pakistan cricketer Mohammad Amir shares picture with Preity Zinta, says 'my all-time favourite from Bollywood'

Chandigarh; Pakistan ex-pacer Mohammad Amir is currently representing the Jamaica Tallawahs in the ongoing Caribbean Premier League. On Thursday, the 30-year-old shared a picture with Bollywood actor and co-owner of Indian Premier League (IPL) franchise Punjab Kings, Preity Zinta on Twitter and wrote: "My all-time favourite from bollywood @realpreityzinta. Zinta is the co-owner of Saint Lucia Kings and she was in Gros Islet, Saint Lucia, to watch the CPL match between Tallawahs and Kings.



## Katrina Kaif shares a solution to the 'suhaag raat' conundrum

Mumbai: Actress Katrina Kaif, who will be seen on 'Koffee With Karan' with her 'Phone Bhoot' co-stars Ishaan Khatter and Siddharth Chaturvedi, has spoken about the concept of "suhaag raat" in the tenth episode of the chat show. While Alia Bhatt dismissed the concept of suhaag raat as a myth, recently married Katrina, who is the wife of actor Vicky Kushal, shared a smarter solution for tired couples to follow. "It does not always have to be a suhaag raat. It can also be a suhaag din," the actress said. Made under the production of Ritesh Sidhwani and Farhan Akhtar's Excel Entertainment, the upcoming adventure comedy 'Phone Bhoot', is a horror comedy. Stream Hotstar Specials' 'Koffee with Karan Season 7' on Disney+ Hotstar

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# Tom Jones Promises To Perform Live Till He's 100 Years Old



London: Music icon Sir Tom Jones has no intention of slowing down in his twilight years. He has vowed to keep on performing until he hits the grand old age of 100 years. The music legend is 82-years-old -- well over the legal age of retirement in the UK -- but has no intention of hanging up his microphone any time soon, reports Mirror.co.uk. According to Mirror.co.uk, Jones, whose career began way back in 1964, is still living in the limelight and this weekend made his return to The Voice on ITV.

And while the show will be keeping him busy for the next few months as episodes air leading up to a live final, the Welsh wonder said he can't wait to keep on performing himself. He told The Sun: "I'll still be performing when I'm 100, if I can. "When I was young I used to say I'll be doing it until I was 97, but it's not that far away now." Mirror.co.uk further states that Jones is still performing for fans -- and has discovered an unusual new way to help keep motivated and agile as he battles niggling back pain. He told The Mirror earlier: "I have an inversion table in my dressing room, so I lie upside down for a couple of minutes and then you come up and then you can walk."

Continued from Page 15

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- Apartments: At \$542,000 the Benchmark price for an FVREB apartment/condo decreased 2.1 per cent compared to July 2022 and increased 18.4 per cent compared to August 2021.

# Penelope Cruz on domestic violence: There are women around the world trapped in their homes



Los Angeles: In Italian director Emanuele Crialesi's new drama 'L'Immensita', which is set in 1970s Rome, Penelope Cruz plays a mother of three who, while contending with a violent Italian husband, winds up in a psychiatric institution.

"I don't think my character is crazy at all," Cruz said, reports 'Variety'.

"She is trapped in her family. Trapped in her home, in her body. In the situation in which she finds herself living. She doesn't have a plan B. There is no escape," she added.

"She's not crazy at all. She's oppressed in many different ways. And she simply can't take it anymore. There are many women around the world trapped in their homes, who pretend in front of their children. They try to pretend that things aren't that bad. They do this to survive."

Cruz also pointed out that "I have played so many mothers. I've made seven films with Pedro, and in five of them I play a mother. That's not a coincidence. I have a very strong maternal sense. And I am fascinated by what happens in every family."

Domestic violence is just one of several crucial issues tackled by 'L'Immensita', which is based on Crialesi's memory of his difficult family life, with regards to his violent, close-minded father, and his experience transitioning from female to male in those days.

In the movie, the oldest of the children in the family is a 12-year-old girl named Adriana who wants to be a boy.

She rejects her name and gender identity. This obstinacy breaks the fragile family's balance. Though not strictly autobiographical, Adriana is based on Crialesi's memories.



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lb

**Red, Yellow & Orange Peppers**  
ਸ਼ਿਮਲਾ ਮਿਰਚਾਂ (ਲਾਲ, ਪੀਲੀਆਂ ਅਤੇ ਸੰਤਰੀ)



**99¢**  
lb

**Nectarines**  
ਨੈਕਟੇਰੀਨਸ



**\$1.99**  
lb

**Indican Almond Oil** 1 L  
ਇੰਡੀਕੈਨ ਬਦਾਮ ਦਾ ਤੇਲ



**\$12.99**  
bottle

**Green Cabbage**  
ਹਰੀ ਬੰਦ ਗੋਭੀ



**59¢**  
lb

**Green Elaichi (Cardamom) S.G**  
ਹਰੀ ਇਲਾਇਚੀ (ਐੱਸ. ਜੀ)



**\$18.99**  
lb

**Fri Sep 09, 2022 - Wed Sep 14, 2022**

**22 LOCATIONS TO SERVE YOU**

We reserve the right to limit the quantities while they last

Head Office: 7676 Anvil Way, Surrey  
604-502-0005

**Specials valid for Lower Mainland only**

www.fruiticana.com



**BUSINESS HOURS**  
**9 AM - 9 PM**  
7 DAYS A WEEK

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Scott Road ----- 12047 80th Ave. Surrey ----- 604-591-5032	Surrey ----- 12788 76A Ave. Surrey ----- 604-597-1676	Port Coquitlam ----- 2807 Shaughnessy St. ----- 604-464-0822
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Product images may differ from the actual product.