

Saturday APRIL 23, 2022

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US SEC Names BC's David Sidoo With 14 Others in One of "Most Complex Stock Fraud Schemes Ever"

In 3 separate complaints filed by US Securities and Exchange Commission (SEC) in US court, 15 individuals including other Canadians were allegedly involved in a multi-million dollar penny stock schemes that generated more than \$194 million in illicit proceeds. However, these are initial complaints, and nothing has been proven in court yet.

A press release issued by US' Securities and Exchange Commission on April 18, 2022, announced that it has filed complaint in a US court against 15 individuals and one company, located in various countries for participating in multi-year fraudulent penny stock schemes in which the defendants allegedly bought stocks in various companies, artificially inflated their stock prices, and then sold the assets to unsus-



pecting investors, making millions of dol-

lars in the process. Penny stock schemes, or 'pump and dump' plots, are a form of securities fraud. The perpetrators spread false information on certain stock, thereby creating a buying frenzy which 'pumps' up its value. They can then 'dump' their own shares at an overinflated price.

"We allege that the defendants in these actions orchestrated some of the most complex microcap stock fraud schemes ever charged by the SEC," said Gurbir S. Grewal, Director of the SEC's Division of Enforcement.

The defendants—spread out across the Bahamas, the British Virgin Islands, Bulgaria, Canada, the Cayman Islands, Spain, Turkey, and the U.K. — have been charged for their alleged involvement in a penny stock scheme spanning multiple years.

BC's businessman David Sidoo's name was mentioned in one of the 3 complaints filed in the United States District Court for the Southern District of New York.

Continued on page 09

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Punjabi Girl Rocking Speedskating in Canada



Prabhnoor Grewal, born and brought up in Surrey, has done the Indo-Canadian community proud recently by winning bronze and gold

of youth national "2022 Canadian Youth Short Track Championships (West)" that was hosted by Speedskating Manitoba in Selkirk.

UBC Star Sukhman Sandhu Chosen by BC's **Professional Basketball**

Sandhu was chosen by the Bandits with the fourth pick in the second round. He formerly attended Tamanawis Secondary in Surrey, B.C., and is coming off the best season of his U SPORTS career after playing his previous three years at the University of the Fraser Valley (2016-19). The 6-foot-10 rebounds on 30-



of-60 shooting from three-point territory in just 23.3 minutes played per game. Sandhu's deadeye shooting from long range placed him forward averaged first in three-point percentage in all of Cana-16.2 points and 7.1 da among players with a minimum of 50 attempts. (Read full story on Page 08)







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BC Cuts Down Costly, Lengthy Process For Internationally Educated Nurses To Be Part Of Bc Health System

VANCOUVER: The BC government is introducing a series of measures to speed up the process of accommodating those nurses who have been trained outside Canada.

Currently, registering as a health care assistant or nurse in B.C. as an internationally educated nurses is a complicated, costly and lengthy process. It requires multiple assessments and document submissions to numerous organizations. Internationally educated nurses wanting to be assessed along multiple tracks must go through separate assessment processes for different designations, which costs the applicants more money and time.

The Province is providing more than \$12 million to consolidate the assessment processes, provide bursaries for internationally educated nurses, launch the new marketing campaign and provide nurse navigator supports to new IENs and those who are currently on the assessment pathway.

Together with the Brit-

ish Columbia College of Nurses and Midwives (BCCNM), the Nursing Community Assessment Service (NCAS) and Health Match BC (HMBC), the Province is supporting IENs who want to work in B.C. by:

* consolidating the provincially based assessment processes for IEN candidates;

* offering approximately \$9 million in bursaries to help with assessment fees, which is expected to benefit approximately 1,500 IENs in the first year; and

* creating new nurse navigator positions to help IENs navigate the assessment and licensing process.

HMBC is also launching a refreshed marketing campaign and targeted website to promote B.C. as a desirable destination for IENs.

Adrian Dix, Minister of Health. "We are very pleased to be supporting BCCNM in developing the triple-track assessment process and to work with HMBC to provide financial and logistical support for in-

Continued on page 25

Are You Eligible For Early COVID Treatment With Antiviral Pills?

COVID treatments are available for

some people with a COVID infection

hospitalized because they haven't had

If you have a COVID infection and think you are at a risk for disease progression to hospitalization, you can now be offered

3 doses of vaccine or because of their

who are at higher risk of being

If you have COVID infection and think you are at a risk from disease progression to hospitalization, you can now be offered COVID treatments with medications like Paxlovid (a prescription antiviral pill that can be taken at home) or Remdesivir (an intravenous infusion given once daily over 3 days in a clinic or hospital setting). According to Dr Navdeep Grewal, "Paxlovid is preferred, but there are many prescription drugs that cannot be mixed with it so you may be offered Rem-

desivir instead." These treatments must be started within 5-7 days of developing symptoms and can only be prescribed by a health care provider (doctor or pharmacist or nurse practitioner). Dr Grewal is emergency room physician, practicing in Vancouver Coastal and Fraser Health Authorities. She is among the co-founders of the BC South Asian Covid Task Force. She answers some of the frequently asked questions about antiviral pills and early COVID treatment.

How will I know if I am eligible for these treatments?

1) You must have mild or

moderate symptoms that started in the past 5 days (you can't already be sick enough to be admitted to

hospital)

immune status.

COVID treatments

you must have a confirmed positive rapid antigen test (you can do this test at home) or PCR test.
 you must fit into one of the following categories of people who are at higher risk for becoming very sick from Covid infection:

A. You are any of the following:

Immunocompromised (for example, some organ transplants, bone marrow transplant, cancer treatment, HIV, on kidney dialysis, on immunosuppressive treatment like high-dose steroids, biologics, and other immune-suppressing agents)

Clinically Extremely Vulnerable (this is a long list, and you will have already been contacted by letter from Ministry of Health stating that you fit this category, and would have already been eligible for an extra dose of vaccine)

COVID

Age 70 or older with 3 or more chronic conditions, such as obesity, heart failure, diabetes, emphysema, asthma, kidney disease, previous stroke.

B. You have had 1 or 2 doses of vaccine (no booster) and are either:
-age 50-69 with 3 or more chronic conditions
-age 70 or older with 1 or more chronic conditions

more chronic conditions
C. You are unvaccinated
and are either:
-age 50 or older

-age 30 or older -have 3 or more chronic conditions

How can I request these medications if I think I am eligible?

1. If you have a family doctor, speak to them or your specialist as soon as possible after you develop symptoms of covid infection

2. Request treatment through Service BC by filling in an online self-assessment or calling 1-888-268-4319 (between 7:30am to 8pm) so they can have a physician call you back to assess whether you can get this treatment.

What if I am not eligible for this treatment?

Remember to continue to self-isolate:

1. for 5 days (or longer, until symptoms improve and fever is no longer present), if you have had 2 or more doses of vaccine 2. for 10 days (or longer, until symptoms improve and you no longer have a fever), if you have had 0 or 1 dose of vaccine and

3. For 5 days (or longer, until symptoms improve and fever is no longer present), if you have had 0 or 1 dose of vaccine and are under age 18

are age 18 yrs or older

You can still manage your symptoms at home most of the time: drink fluids, rest, take acetaminophen or ibuprofen.

Seek medical attention if your symptoms get worse.

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Imtiaz Popat Of Vancouver And Other Leaders Recognized In Fight Against Racism

By Aman Singh, MLA for Richmond-Queensborough

Recently, we announced the recipients of the Multiculturalism and Anti-Racism Awards.

The Multiculturalism and Anti-Racism Awards celebrate B.C.'s anti-racism champions - the people and organizations whose achievements strengthen multiculturalism and anti-racism efforts in our communities.

Too often, their efforts go unrecognized. That's why we need to honour and give appreciation to those who are working to make B.C. a safer, more equitable and inclusive province for everyone.

By sharing their stories, we hope to inspire others to stand against hate and inequity and let people who are facing discrimination know that they're not alone. The Breaking Barriers Award recognizes outstanding work in tackling systemic or

institutional racism and reducing barriers for marginalized communities. This year's winners are Aimee Chalifoux from Nanaimo and the Kamloops African So-

Aimee Chalifoux champions and supports the Indigenous community through language revitalization, and support with housing, employment, and literacy. The Kamloops African Society is a black women-owned society focused on supporting and including people of color through culture promotion, mentorship, and community engagement.

The Intercultural Trust Award recognizes outstanding work in building intercultural trust and understanding and reducing racism and hate between communities. The recipients of this award include Imtiaz Popat of Vancouver, and the Stand With Asians Coalition (SWAC) based in BurnImtiaz has organized peaceful rallies against Islamophobia and hate crimes against the 2SLGBTQIA community, and advocates for anti-racism education. SWAC unites Canadians to raise awareness of anti-Asian racism and hate crimes and give a voice to victims.

The final award this year was the Emerging Leader Award, which recognizes a young person aged 15-30 for outstanding work in building intercultural trust, tackling racism, or reducing barriers for marginalized communities. This year's winner is Dr. Rahel Zewude of Vancouver, founder and president of Black Physicians of B.C., a grassroots not-for-profit society. Rahel has made strides in combatting institutionalized racism and establishing a community of support for Black physicians.

As government, it is our responsibility to fight against discrimination, make our services more equitable and accessible, and address the policy gaps that are disproportionately impacting people of colour and Indigenous peoples.

One of the ways we will continue to do this is by introducing anti-racism data legislation later this spring. This legislation will make it possible for government to identify where systemic racism is taking place, so



we can better address it and create more inclusive and equitable public services.

This builds on other steps we have taken as a government, including reinstating the BC Human Rights Commissioner; providing funding to support anti-racism initiatives like our provincewide anti-racism awareness campaign; working to draft B.C.'s first anti-racism act in consultation with Indigenous, Black and other racialized communities; modernizing the Police Act, as well as tackling anti-Indigenous racism in healthcare.

We know we have much more work to do, and we remain committed to addressing racism in all its forms. We will continue to work alongside Indigenous Peoples and racialized communities to make B.C. a safer, more inclusive and equitable province for everyone

Thank you to the over 100 award nominees for all of your efforts, and thank you to all of the organizations, individuals and volunteers throughout B.C. who are strengthening our communities, supporting those who are victims of hate, and fighting racism.

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City of Surrey Named One of Canada's **Greenest Employers**

SURREY: The City of Surrey has gained national recognition as one of Canada's Greenest Employers for 2022. This is the third year in a row that the City has received this award.

"I want to commend City staff for making the protection and betterment of the environment a top priority," said Mayor Doug McCallum. "Surrey City Council made a commitment to find ways to lead, expand and make it easier for residents to go green. This award is proof that the direction and actions we have taken are making a difference in the sustainability of our City."

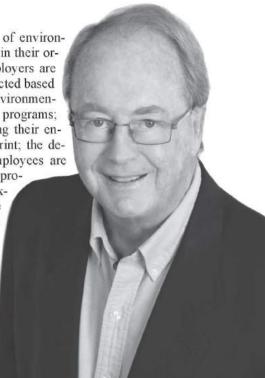
Guided by its Sustainability Charter 2.0, an ambition 40year vision for sustainability in Surrey, the City of Surrey continues to deliver innovative and effective initiatives to ensure that Surrey remains sustainable far into the future. These initiatives include:

A new Climate Action Strategy that aims to meet the ambitious goals of net zero community wide and absolute zero corporate emissions before 2050.

Surrey's Rethink Waste program and Biofuel facility, which is designed to process 115,000 tonnes of organic waste a year. The City's successful tree sales, which sold 4069 trees to Surrey residents in 2021 as part of its efforts to increase tree canopy coverage across the city.

Now in its 15th year, Canada's Greenest Employers is an editorial competition that recognizes employers that lead the nation in

creating a culture of environ-





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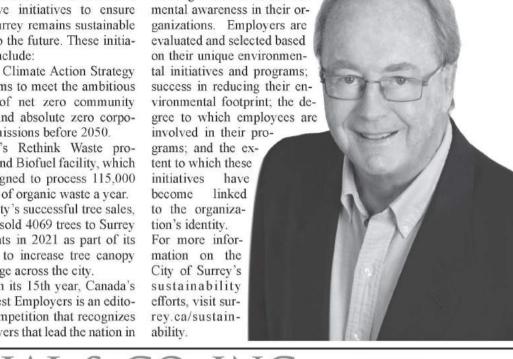
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Dr. B.R. Ambedkar Day of Equality celebrated at SFU

As a part of Azadi Ka Amrit Mahotsav and Dr. Ambedkar's 131st birth anniversary celebrations, Chetna Association of Canada partnered with the Consulate General of India (Vancouver) and observed Equality Day on April 14, 2022 at Simon Fraser University (SFU) library, in Burnaby, Canada. Chetna's treasurer, Surjit Bains, acknowledged the unceded territories where the event was being hosted and expressed his gratitude to the First Nations. Harsh Thakore of the Thakore Charitable Foundation, Surinder Sandhu (General Secretary of Shri Guru Ravidass Sabha), and Rakesh Kumar from Calgary (a trustee of Sant Sarwan Dass Charitable Trust of Western Canada) graced the occasion.







Vaisakhi Celebration at Gurdwara Nanak Niwas



This year's Vaisakhi and Khalsa's Sirjana Divas celebrations have been quite different in the Metro Vancouver area. The India Cultural Centre of Canada Gurdwara Nanak Niwas in Richmond celebrated both of these special events on the evening of April 14. The Gurdwara Management Committee honoured outstanding VPD police officers including Deputy Chief Steve Rai. Rai was presented with a plaque by Chairperson of India Cultural Centre of Canada Gurdwara Nanak Niwas Society, Mrs. Kashmir Kaur Johal. Also Mr. Rahul Negi, Consul/First Secretary of Consulate General of India, Vancouver was present at the occasion. Prominent scholar Dr. Kamal Neel explained the significance of Vaisakhi and the Sirjana of the Khalsa Panth.



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Rupinder Sooch, 4 others charged for work vans auto theft

Surrey RCMP informed that five thieves were arrested inside two separate stolen work vans.

On March 17, 2022, at 11:15 a.m., Surrey RCMP received a report that a 1999 Ford work van was stolen from the 12600-block of 112A Avenue. The vehicle had approximately \$8000 of contents inside when it was taken.

At 5:37 p.m., a frontline officer observed the stolen van in a parking lot near 152 Street and 84 Avenue with two occupants. Police arrested a 41-year old man and a 26-year old woman. The driver of the vehicle was released on conditions with a future court date.

On March 31, 2022, Surrey RCMP Auto Theft Target Team located a work van that was reported stolen from Langley. The van was located in the 14500-block of 105A Avenue and three occupants were taken into police custody. Police located other stolen property inside the van, including Toyota Tacoma tailgates.

Devin Wilkinson, 25-years-old, has been charged with Possession of a Break-in instrument, two counts of Fail to Comply with Release Order, two counts of Possession of Property Obtained by a crime under \$5000 and two counts of Theft Under \$5000.

Rupinder Sooch, 38-years-old, has been charged with Take/ Occupy a vehicle without consent, Possession of a Weapon for a Dangerous Purpose and Possession of Ammunition.

The Surrey RCMP Auto Crime Target Team has prioritized work van thefts as they recognize the lasting impact these thefts can have on a person's livelihood, says Surrey RCMP Media Relations Officer, Corporal Vanessa Munn. These two examples are unrelated, but demonstrate our commitment to quickly locating stolen vehicles and bringing those responsible before the courts.

April is Auto Crime Enforcement Month the Team is encouraging owners to 'be car smart' by taking extra steps and necessary precautions to lock your vehicles and make them unattractive to

thieves. Visit website for more information on how to protect your-self from falling victim to Auto

Partial Human Remains Located In Whalley

Surrey RCMP is investigating two separate reports of partial human remains located in Whalley and asking for anyone with any information to contact police. On April 17, 2022, just before 9:00 a.m., Surrey RCMP responded to the report of possible partial human remains located in the 13400-block of Hilton Road. Frontline officers attended the location and learned that a person located the possible remains in some bushes.

On April 19, 2022, at approximately 1:00 p.m., Surrey RCMP received a report that possible partial human remains were located in the 10600-block of 135A Street. Frontline officers attended and upon initial visual inspection believed the remains to be

human

The area surrounding where the remains were located was immediately secured and later processed by the Lower Mainland Integrated Forensic Identification Service.

Surrey RCMP Serious Crime Unit has conduct the investigations and is working in partnership with BC Coroners Service. Although the remains have not yet been identified, they are believed to be from the same origin

Anyone with information about this incident is asked to contact the Surrey RCMP at 604-599-0502, or Crime Stoppers, if they wish to remain anonymous, at 1-800-222-8477 or www.solve-crime.ca.

Annual general Body meeting of Indian Ex-Servicemen Society of BC, Canada

The annual general body meeting of India Ex-Servicemen Society of BC, Canada, will be held at 1100 hours on April 25, 2022, Monday, at Indo-Canadian Senior Citizen Centre #200, 7050, 122 Street, Surrey, BC. All members of the Society are requested to make it conve-

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nient to reach to the venue well in time to attend meeting. The Ex-Servicemen who are not presently members of the Society may also attend meeting and obtain membership at the venue of the meeting. For more information, call- 604-501-3939.

Tel: 204-962-8984

1-866-790-8984







Continued from Page 01

UBC star Sukhman Sandhu chosen by BC's...

LANGLEY, BC: The Fraser Valley Bandits announced this week that the club has selected Thomas Kennedy from the University of Windsor and Sukhman Sandhu from the University of British Columbia (UBC) at the 2022 Canadian Elite Basketball League (CEBL) U SPORTS Draft.

"I am pleased to welcome Thomas and Sukhman to the Bandits organization. Both have proven that they are two of Canada's most skilled college or university players and I am looking forward to watching them develop and showcase their talents this summer," Bandits president Dylan Kular said.

Sandhu set career highs across

the board in 2021-22; including points, rebounds, as well as field goals, free throws, and three-pointers attempted and made. On Nov. 12, 2021, Sandhu scored a career-high 30 points on 11-for-18 shooting in a 99-65 victory against UBC Okanagan, thanks largely in part to a career-best 6-of-8 from three-point distance. Fraser Valley opens its fourth CEBL season on the road on Wednesday, May 25 at 4:30 p.m. PT against the Ottawa BlackJacks. Following a three-game road swing to start the year, the Bandits will make their debut at LEC against the Saskatchewan Rattlers on Saturday, June 4 at 2 p.m. PT.

PICS Gets Funding To Train Agriculture Workers Transition To Greenhouse Sector

VICTORIA – Immigrants and agricultural workers whose employment was affected by flooding in the Fraser Valley in the fall, will now have an opportunity to get skills training to retrain them for jobs in the greenhouse sector as landscape and horticulture technicians.

The Province is providing more than \$500,000 to Progressive Intercultural Community Services Society (PICS) in Surrey to deliver skills and certification courses in two intakes of its Agricultural Workforce Transition Greenhouse Technician Training project.

This is a new Community and Employer Partnerships (CEP) project from the Government of British Columbia. "This new CEP project delivers skills training and certificate courses to ensure participants can become qualified for other agri-related employment," said Nicholas Simons, Minister of Social Development and Poverty Reduction.

Participants will receive 16 weeks of occupational and employability skills training, four weeks of local work experience and two weeks of followup support to help their job search.

"This project creatively addresses community and labour market needs in a sector that has been experiencing chronic workforce shortages," said Raj Hundal, director of employment programs and planning, Progressive Intercultural Community Services Society. "It also provides displaced mink-farm workers, immigrants and agricultural workers an opportunity to build and gain new skills so they can remain in the agriculture and horticulture industry. It's a win-win situation."

Occupational training includes introduction to B.C.'s agriculture and horticulture industry, greenhouse crop production, hydroponics environmental control and monitoring, irrigation systems for greenhouses, agri-business principles, pest management and pesticide application, and occupational health and safety.

"From vegetables and flowers to trees and shrubs, local greenhouse growers produce many of the vibrant plants enjoyed by people, pollinators and animals in our province." said Lana Popham, Minister of Agriculture and Food. "I'm excited to welcome program participants, including those transitioning from fur farming, into their new careers in the greenhouse sector and wish them success in their new careers in agri-

culture."

Participants will also receive certification training in Emergency First Aid Level 1, Workplace Hazardous Materials Information System, forklift operating, ladder safety and fall protection, and Foodsafe.

Full-time, group-based classroom learning for this project starts on Monday, April 25, 2022. Project activities run until Feb. 3, 2023. Anyone interested in finding out more about this or other CEP projects can contact their local WorkBC centre.

"This new CEP project is an example of what we're doing to ensure that eligible individuals who require retraining are supported to access the skills, courses and work experience they need to succeed," said Rachna Singh, MLA for Surrey-Green Timbers. "I wish everyone enrolled in this exciting project all the best in their studies."



Punjabi Girl Rocking Speedskating..

Prabhnoor represented Alberta. In January 2022, she got accepted as Alberta Skater and had to transfer provincial status from BC to Alberta in February 2022. Through two qualifiers, and overall performance of the season, Prabhnoor qualified for youth Team Alberta by ranking overall #2 in her category. "There are a few athletes in Speedakating from Punjabi origin in various age groups but rarely seen less at elite youth level. I wish there is more awareness, motivation and engagement from Canadian Punjabi communities into Canada's rich culture of Winter sports as Canada is home of many of world's best winter athletes," says Prabhnoor father Bimal Grewal.





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US SEC names **BC**'s David Sidoo with 14 others in One of "most...

The release mentions, "The charges, contained in three separate complaints, allege that several defendants played a variety of roles to accumulate the majority of shares in penny stocks via difficult to unveil, offshore nominee companies. It is also alleged that some of the defendants frequently used encrypted text and phone applications to avoid detection by regulators, and arranged to buy and sell penny stocks from multiple offshore accounts, in furtherance of the fraud."

According to the complaints, once some of the defendants had amassed a significant majority of the shares of the stocks, certain defendants secretly funded promotional campaigns to promote the stocks to unsuspecting investors in the United States and elsewhere. As alleged, when those campaigns triggered increases in the demand for and price of the stocks, some of the defendants sold the stocks via trading platforms in Asia, Europe and the Caribbean for significant profits."

Sidoo's name was mentioned with Ronald Bauer, Craig James Auringer, Alon Friedlander, Massimilano Pozzoni, Daniel Mark Ferris, Petar Dmitrov Mihaylov and Adam Christopher Kambeitz.

According to the complaint, "This case concerns a fraudulent scheme comprising a series of highly profitable "pump-and-dumps" of the stock of at least seventeen publicly-traded companies quoted on U.S. markets."

The complaint mentions, "David Sidoo, age 62, is a Canadian citizen believed to be residing in Canada. For at least eight years during the 1990s, Sidoo worked as a stockbroker in Vancouver, British Columbia, Canada. As detailed below, he joined in perpetrating at least two Sidoo & Bauer Ring Coalition frauds (North American Oil & Gas Corp. and American Helium Inc.). Like others, Sidoo used offshore omnibus vehicles and front companies to conceal the fact that he was the beneficiary of stock sales, and failed both to disclose beneficial ownership and trading and to register his stock sales as legally required."

Investigators also determined that the defendants sent one another encrypted text messages in order to avoid detection from regulators.

"By locating their operations overseas, using encrypted messaging and operating through a convoluted network of offshore accounts, the defendants hoped to avoid detection of the massive frauds we allege they perpetrated on US markets and investors. However, investigative teams from three SEC offices doggedly kept on their trail, working across borders, and ended this alleged global scheme," said Grewal.

The SEC investigations leading to these charges involved assistance from securities regulators and other law en-



forcement authorities in more than 20 countries. Canadian securities regulators and other government authorities mentioned in the release were: the Alberta Securities Commission, t Québec

Autorité des Marchés Financiers, the Royal Canadian Mounted Police,he British Columbia Securities Commission.

Various media outlets reported that Si-

doo has denied these allegations. Global BC reported, "Through his lawyer, he has denied all allegations related to the SEC complaint. None of the claims have been proven in court."

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Can You Sue Over Emotional Distress After An Accident?



By Mel Chaudhary Partner mchaudhary@simpsonthomas.com Phone: 604 697 3251

Simpson, Thomas & Associates

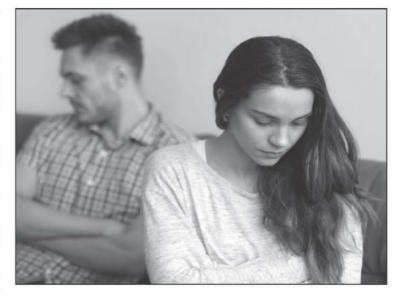
ccidents do not only leave Aphysical scars; emotional distress after an accident or other harmful or neglectful incidents can also leave their mark and take a toll on the accident victim. Good news is that, if you have been injured by someone else's wrongdoing, you can sue to recover compensation for both, the physical injuries you sustained and for the psychological harm you suffered.

When Can You Make An Emotional Distress Claim?

You can make an emotional distress claim against the person responsible for your injuries in many types of situations. Car accidents, slip and falls, dog bites, physical assaults, defective products, and medical malpractice, are common examples of claims that have an emotional distress component.

In A Lawsuit, What Qualifies As Emotional Distress?

Simply being upset about an incident does not allow for a claim for damages. The emotional distress must reach a certain level. To establish mental injury, claimants must show that the disturbance is serious and prolonged and rises above the ordinary annoyances, anxieties and fears that come with living in civil society (Saadati v. Moorhead, Supreme Court of Cana-



Emotional distress can take many forms, including anxiety, depression, nervous shock, post-traumatic stress disorder, phobias (e.g., fear of driving af-

ter a serious car accident, or fear of dogs after an attack), and sleep disorders such as insomnia or nightmares. Psychological harm can be caused by the way the accident occurred-for example, a

very traumatic vehicle accident, or major health complications caused by surgery gone wrong. It can also arise from the physical injuries themselves, and the impact those injuries have on your life (e.g. impairment to your ability to work, care for your family, or engage in social activities or hobbies; living with chronic pain).

Providing Evidence of Emotional Distress

Emotional distress is more difficult to prove than a physical injury that is plain to see. For that reason, it is extremely important that you talk to your doctor about any emotional symptoms or psychological issues you are experiencing. Medical documentation from your doctor and other professionals such as a psychologist or counsellor is essential to proving your claim. You should also consider keeping a journal or making notes of your own to record how you are feeling,

the symptoms you are experiencing, and how your life is impacted by mental or emotional issues on a day-to-day basis. The more documentation you have, the stronger your emotional distress claim will be.

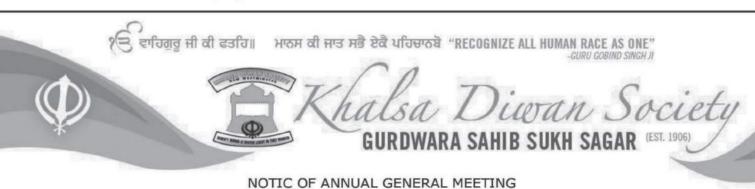
How Is Compensation For **Emotional Distress Calculat**ed?

Compensation for emotional distress (also known as "damages") will depend on the specific facts in your case and the strength of your evidence. The nature and severity of all injuries including emotional distress are taken into consideration in calculating financial recovery. Generally speaking, damage awards are larger for more debilitating psychological injuries and long-lasting emotional distress. An experienced personal injury lawyer can review the strength of your claim and provide you with an estimate of the range of compensation you can expect to receive.

What Can You Expect?

You can expect that the wrongdoer, their insurance company, and their lawyer will push back against a claim for emotional distress. They will insist on proof that the emotional distress was caused by the accident or wrongful incident. They will also demand proof of how the mental and emotional difficulties are impacting your life, how long the issues are expected to last, and whether you are following medical advice (seeking counselling or other treatment, taking medication, etc.). If you had a pre-existing psychological condition, your injury claim will be even more complex.

Legal advice from a lawyer who knows how to handle claims for emotional distress is highly recommended. If you have been injured, please do not hesitate to reach out to our team of experienced personal injury lawyers. Call us today at 604-229-6448 or visit www. simpsonthomas.com to request your free legal consultation.



April 20, 2022

Notice is hereby given to members of Khalsa Diwan Society – New Westminster (the "Society") of an Annual General Meeting of members, to be held as follows:

> Date: May 8, 2022 Time: 11:30am

Location: Darbar Hall, Sukh Sagar Gurdwara

347 Wood Street

New Westminster, BC

V3M 5K6

Business of Annual General Meeting:

- a) Review of the Annual Financial Statements for the Society's fiscal year ended December 31st, 2021
- b) The annual report of directors to the members

A copy of the Society's Annual Financial Statement is available at the Gurdwara, upon request.

This notice is being given by publications and postings in accordance with Society's VII-3 By-Law.

By order of the Executive Committee.

info@sukhsagar.ca www.sukhsagar.ca f /gurdwarasahibsukhsagar

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University of Fraser Valley launches new initiatives to showcase South Asian Canadian contributions to British Columbia

Six new resources aimed at reducing racism through education are now available across British Columbia. Launched by the South Asian Studies Institute at the University of the Fraser Valley, the South Asian Canadian Legacy Project aims to raise awareness and knowledge of the valuable contributions of South Asian Canadians to British Columbia's diverse cultures, history, heritage, economy, and society.

"The South Asian Canadian Legacy Project empowers British Columbians to discover, learn, research, and share the rich and robust histories of South Asian Canadians who helped build this beautiful province," said Dr. Satwinder Kaur Bains, Director at the UFV South Asian Studies Institute.

Propelled by a \$1.14 million grant from the Province of British Columbia and with support from the Abbotsford Community Foundation, the project is part of the government's response to community consultations on racism and hate conducted in 2019. The initiative includes Saffron Threads — a new learning resource for BC K-12 teachers exploring South Asian Canadian history, culture, and heritage. Saffron Threads includes detailed activity plans and resources, developed in partnership with Open School BC, that will help teachers bring important topics



Dr. Satwinder Bains, Director of the South Asian Studies Institute, welcomes the audience at the launch of the South Asian Canadian Legacy Project.

for all students into the classroom including migration and settlement, discrimination, identity, and culture.

Teachers and parents can find Saffron Threads resources available via digital download for free at www.saffronthreads.ca.

"The South Asian Canadian communities in B.C. have been calling on government to share the rich history of South Asian Canadians, both the challenges and contributions. It is a key piece of my mandate to start work establishing Canada's firstof-its-kind museum to document the history, art and contributions of South Asian people in B.C.," says Melanie Mark, Minister of Tourism, Arts, Culture and Sport. Rich archives that tell the stories of South Asian migration and contributions to Canada have found a new life as part of the Legacy Project. The UFV South

will provide valuable resources for learning and reflecting on the many contributions made by B.C.'s South Asian community." The South Asian Canadian Legacy Project also includes a physical travelling exhibit that will be visiting allregions of B.C. over the next four years. The bilingual exhibit titled Haq and History - "haq" meaning "rights" in Punjabi, Hindi and Urdu- was developed in collaboration between UFV and the Royal BC Museum.

The exhibit explores themes of

can use to teach content from Haq and History. B.C. schools and organizations can equest an outreach kit through the Royal BC Museum.

Haq and History can be viewed in the atrium of the Surrey Centre Library until June 30, 2022 before it makes its way across B.C and into its communities.

Ground-breaking research is captured in Union Zindabad! which chronicles the history of South Asian Canadians' involvement in the BC labour movement in partnership with the BC Labour





Asian Studies Institute has methodically digitized thousands of photos, documents, and videos from privately held collections to create the South Asian Canadian Digital Archive (SACDA). Find it at: www.sacda.ca.

"In order for students to become engaged global citizens, education must include the stories and voices of our multicultural society", noted UFV President and Vice-Chancellor Dr. Joanne MacLean. "I am pleased the South Asian Canadian Legacy Project trans-pacific journeys, families and homes, community celebrations and commemorations, sawmill experiences, and community activism for rights and justice. As the exhibit travels, it will partner with local GLAM sector institutions and South Asian Canadian communities to add relevant local content with a goal to expand he historic record.

The exhibit is also paired with an outreach kit that educators, schools, and community centres Heritage Centre.

The Project also undertook documentation and further engagement of historic sites of significance across BC.

Nineteen authors came together to write chapters in A Social History of South Asians in British Columbia - a book that threads South Asian Canadian stories from 1897 to the present moment. You can engage with these resources at www.threadingourstories.ca.



Two Indo-Canadians wanted in Attempt Murder Investigation

Region of Peel – Investigators from the 21 Division Criminal Investigation Bureau have obtained warrants for the arrest of two men, after a vicious attack on two men in the City of Brampton. On Saturday, April 16, 2022, at approximately 12:45 a.m., the two victims were at a business in the area of Bramtree Court and Chrysler Drive, Brampton. Upon leaving the business, the two victims were attacked by a group of four men who were armed with weapons ranging from sticks to bats. After causing injury to the victims, all of the suspects fled the area in a white, 2015 Volkswagen Jetta with Ontario license plate CFEB 295.

One of the victims was transported to a trauma centre, and has sustained life altering injuries. The second victim was transported to a local hospital with non-life-threatening injuries.

Two of the suspects have been



Gurkirat Singh

identified by investigators, and a warrant for their arrest has been issued.

Manjot Singh, a 25-year-old man from Brampton, is currently wanted for the following offenc-

- Attempt Murder
- Assault With a Weapon
- Assault Cause Bodily Harm Gurkirat Singh, a 24-year-old man from Markham, is currently



Manjot SIngh

wanted for the

- Attempt Mur-

- Assault With a

- Assault Cause

The other two

suspects remain

unidentified at

Bodily Harm

following

fences:

Weapon

der

are working diligently to obtain their identity and bring them before the courts. All of the involved suspects are encouraged to speak with legal counsel, and make arrangements to surrender

this time, however investigators

To view photos of Manjot Singh and Gurkirat Singh, visit PRPnews.ca.

Anyone with information on this investigation, or information on the whereabouts of the suspects, is asked to call investigators at the 21 Division Criminal Investigation Bureau at 905-453-2121, extension 2133. Information may also be left anonymously by calling Peel Crime Stoppers at 1-800-222-TIPS (8477).

SATURDAY APRIL 23, 2022 A13

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Mississauga Gurdwara staff help police in arresting Indo-Canadian male guilty of robbery, assault

REGION OF PEEL, ON: Peel region police informed public about the arrest of a Mississauga man responsible for an alleged assault with a weapon and an alleged carjacking in Brampton who then hid himself in a Gurdwara located in Mis-

"I would like to thank the Peel Regional Police for their quick action to bring this

potentially dangerous situation to a safe conclusion this morning, with the safety of our community and our congregation in mind. The relationship we have established with the police allowed us to work together to apprehend the individual without incident," said President Daljit Singh Sekhon of the Sri Guru Singh Sabha Malton.

Continued on page 30

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AWARD WINNING PHOTOGRAPHY BY Kulbir Mahi

Indian PM Modi celebrates 400th birth anniversary of Sikh Guru Tegh Bahadur at New Delhi's Red Fort

India has never posed a threat to any country or society and it thinks for the welfare of the entire world even today amid global conflicts, Prime Minister Narendra Modi said, asserting that the country is following the ideals of Sikh gurus.

Addressing an event from the Red Fort to celebrate the 400th birth anniversary of Sikh Guru Tegh Bahadur, Modi said the Gurdwara Sis Ganj Sahib near the Red Fort stands a symbol of the immortal sacrifice of Guru Tegh Bahadur.

"This holy Gurdwara reminds us how great was the sacrifice of Guru Tegh Bahadur ji to protect our great culture. At that time there was a storm of religious fanaticism in the country. India, which considered religion as a matter of philosophy, science and self-reflection, was fac-



ing people who had committed violence and atrocities in the name of religion," he said.

At that time, there was a great hope for India to save its identity in the form of Guru Tegh Bahadur, he noted.

"In front of Aurangzeb's tyrannical thinking, Guru Tegh Bahadur ji, becoming 'Hind di Chadar', stood like a rock," Modi said.

The programme was focused on highlighting the teachings of the ninth Sikh guru who sacrificed his life to protect religion and human values, ideals and principles in world history. Guru Tegh Bahadur's death anniversary is commemorated as 'Shaheedi Divas' every year on November 24.

Gurdwara Sis Ganj Sahib, built at the spot where he was beheaded, and Gurdwara Rakab Ganj, the site of his cremation, in Delhi are associated with his sacrifice.

Prominent Sikh family attacked in

Sahib

attackeu iii Pakistan's Sri Nankana

Tension prevailed at Sri Nankana Sahib, the birth place of Guru Nanak Dev in Pakistan, after a group of men belonging to the land mafia allegedly attacked members of a prominent Sikh family, leaving them injured, the Tribune reported.

The injured included Mastan Singh, former president of the Pakistan Sikh Gurdwara Parbandhak Committee (PSGPC); his sons Dilawar Singh (25) and Parminder Singh (30); besides their two friends Taranjit Singh (25) and Palwinder Singh (21).

Taking cognisance of the incident, SGPC president Harjinder Singh Dhami said if a prominent Sikh family could be subjected to brutality, what security could the ordinary Sikhs expect in Pakistan?

The family of Mastan Singh and their relatives had for the past several years been cultivating wheat and paddy on 5.5 acres of leased land, 5 km from the shrine. The local land mafia, which had been eyeing this piece of prime land, attempted to forcibly occupy it, which was resisted by the victims.



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New Affordable Homes Open In Richmond For Women And Children

 $R^{\rm ICHMOND}$ - Twenty-seven new affordable and safe rental homes are available for single women and women with children in Richmond. Located at 6320 and 6328 No. 3 Rd., the studio, one-, two- and three-bedroom rental homes are part of the Paramount development. Monthly rents are below market rate and range from \$860 for a studio unit to as much as \$1,569 for a three-bedroom unit.

The rental housing, named YWCA Moiz and Nadia Place, is owned and operated by YWCA Metro Vancouver, which fundraised \$3.3 million to purchase the homes from Keltic Development.

BC Housing, through its Housing-Hub program, allocated \$2.7 million in Federal Bilateral BC Priorities Housing Initiative funding to the YWCA for the purchase. The units were also made possible through the City of Richmond's Low-End Market Rental Program, which creates affordable housing within multi-family developments throughout the city.

Residents of YWCA Moiz and Nadia Place will have access to the development's many amenities, including a multi-purpose exercise room, a landscaped courtyard and seating area, an outdoor play area, a children's learning centre and library, meeting rooms, workstations, a lounge and 24 designated parking

Michelle Sing, interim CEO, YWCA Metro Vancouver, said, "We are excited to be able to offer 27 new homes to single women, moms and their children in the heart of Richmond. Affordable housing is fundamental to women's safety and economic security. This development wouldn't have been possible without the support of the federal and provincial governments, the City of Richmond and, of course, Keltic Development as well as our lead donor, Moiz and Nadia Lalani. We are extremely grateful for their vision and support to create our newest housing community and our first in Richmond."



Michelle Sing

Kristina E

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WEST NEWTON BEAUTY w/ CIRCULAR DRIVEWAY! 7 bedrooms 4 FULL washrooms WITH 2 SUITES Renovations include new pot lights, new flooring, new paint, new kitchen cabinets, new countertops, washrooms also updated. Perfect home for the growing family. Sitting on a MASSIVE 7081 SQFT Lot in a great neighbourhood of the desirable West Newton. Main floor has open layout with loads of windows to allow for the natural sunlight. 3 Bedrooms and 2 Full washrooms. Below you have 2 separate suites-great rental potential in a central location. Load of parking with double garage and large driveway. This home has tile roof, baseboard heating, A/C unit and more. MUST SEEI (26889027)

8316 122A St. Surrey



QUEEN MARY FULLY RENOVATED HOME FACING KENNEDY TRAIL ELEMENTARY! 8 bedrooms 5 FULL washrooms WITH 3 SUITES(2+1+1) Renovations include NEW stucco all around the house, new windows, new stonework, new garage doors, new railings, new flooring, mouldings, new appliances, new lighting fixtures, new plumbing fixtures, new hot water tank & furnace, quartz countertops and new paint. Perfect home for the growing family. Sitting on a MASSIVE 7039 SQFT Lot in a great neighbourhood. Main floor has open layout with loads of windows to allow for the natural sunlight. 4 Bedrooms and 2 Full washrooms. Below you have 2+1 suites plus an additional 30x30 detached suite with rough in for kitchen full washroom already built! Loads of parking and great size backyard with 2 sundecks perfect for the summer days!

7504 202A St Surrey



DEVELOPMENT PROPERTY! RENOVATED RANCHER in the Latimer SE plan of Willoughby, wonderfully situated 1 acre parcel just a few doors down from highly ranked RE Mountain Secondary, IB World school. Excellent potential, zoned for high density multi-family dwelling (16 to 22 units per acre)- Verify with the Township of Langley. An excellent hold, as development continues in Willoughby. Beautiful, 4 bedroom 3.5 bath rancher home on the property is perfect to live in for the time being, or to rent out. Large detached shop on the property, with bay doors also in great shape. Great holding property! Rent now as you wait for development. Rare to find acre in such a prime location of Willoughby. Call for more information or your private showing!

3224 197A Street

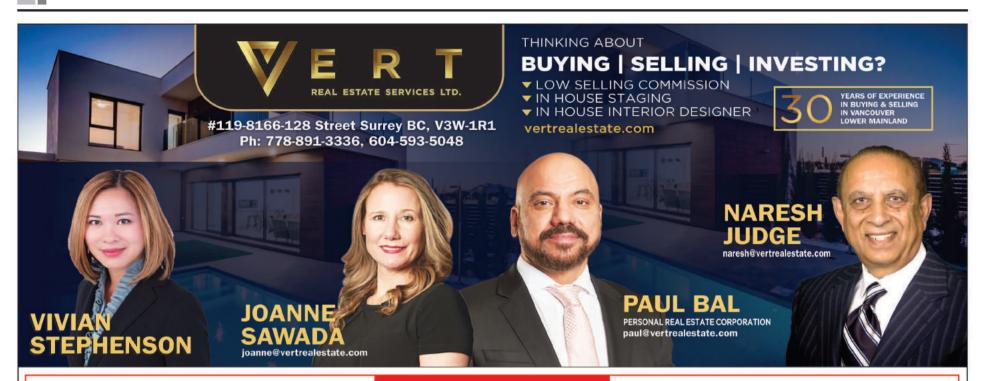


Luxury semi-custom built home in Langley Brookswood, 8 Bed 7 Bath home built by reputable local builder: Landmark West. Project is located in centre of the new subdivision under Brookswood Fernridge OCP, with fully finished basement, fenced backyard, and fully landscaped front. Over 5100 sqft brand new house on a Corner lot backyard facing to east Includes Contemporary package. Comes with Premium S/S Fisher&Parkel appliance package with a HUGE spice Kitchen. Built in vacuum, A/C built in security system, marble quartz countertops in main kitchen, Large mudroom, basement includes additional room w/ washroom, theatre, gym, plus a 2bedroom legal suite. Business park, designated commercial village, and local commercial centre are all nearby! Unique living style surrounded by Parks and Trails.

13258 68 Ave, Surrey



FIRST TIME ON THE MARKET! HOME FACING UNWIN PARK! 7 bedrooms 4 FULL washrooms WITH 2 SUITES (2+BACHELOR) Renovations include NEW quartz countertops and new paint. Perfect home for the growing family. Sitting on a MASSIVE 7443 SQFT Lot in a great neighbourhood of the desirable West Newton. Main floor has open layout with loads of windows to allow for the natural sunlight. 4 Bedrooms and 2 Full washrooms. Below you have 2+Bachelor suites - great rental potential in a central location. Load of parking with double garage and large driveway. MUST SEE! OPEN HOUSE SUNDAY APRIL 3 from 2:00 - 4:00 PM.



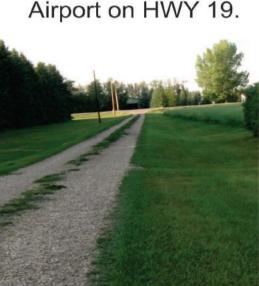
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Beautiful house on 153.40 acres of land with house and large metal shed on property near



Edmonton International Airport on HWY 19.







FEATURED LISTINGS

SCOTTSDALE AREA

Great Location in Delta

Completely renovated 1900sq feet 5-bedroom, 2 full baths house located in Delta on 6600sg feet fully fenced lot. Close to all amenities.

Developers Alert

Great Project to build- New Westminster 45 Town Homes site in New Westminster Queensborough area with P.L.A

Langley Campbell Valley Area

Well-kept 5-bedroom house on 19.3-acre of RU3 zoned land. Major opportunity to double your investment in few years.

Coming Soon in Maple Ridge Townhomes plus Single family lots in Cotton Wood Area,

STRATA MANAGEMENT

- **Attending Council Meetings**
- Issuing notices of Annual and Special General Meetings. Attending, transcribing and circulating AGM and SGM Notes to owners
- Interpreting and providing assistance with the Strata Property Act, relevant legislations and bylaws to the owners and council.
- Project Management
- Getting the best rates for any contract work
- Preparing monthly financial statements
- Receiving, recording and depositing Strata fees
- Paying accounts Payable on time
- Renewing property appraisal and insurance
- Maintain 24/7 emergency response services & much more.

PROPERTY MANAGEMENT

- Marketing your properties and Locating suitable tenants
- Checking tenant references for red flags
- Managing your AIRBNB Properties for higher return
- Addressing tenancy issues and taking care of concerns
- Performing move-in inspection
- Collecting damage deposits and rental payments
- · Performing move-in and out inspections
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- Supervise contractors and ensure performance



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DOWNTOWN SURREY

A zoned medium to high density with approx. 5200 sqft of warehouse or retail space. Can't go wrong with this 7200 sqft lot. Act fast because this won't last long.

Only \$3.4 Million

EAST RICHMOND OFFICE

Beautiful office space for sale. 985 Sq Ft with great amenities, lots of natural light and great views. Includes a built-in reception area and a closed off office.

Only \$475,000

DOWNTOWN SURREY

Exclusively listed in the middle of a high density zone. 12400 sqft + land with 6 units. Building on it is fully leased

Only \$4.8 Million

TRAILER PARK

Excellent investment in Kamloops with city water and sewer storm. 37 permanent trailers and approximately \$220,000 income. Develop anytime soon.

Only \$4.6 Million

CONDO FOR SALE SURREY

2 bed, 2 baths, ground floor unit with convenient location. Only a Solution of Scott Road and an major businesses.

HUSKY GAS STATION BUSINESS

Gas station business for sale. Please call for details.

Only \$299,000

WAREHOUSE FOR SALE

2817 Sqft in Surrey, Newton for sale. Great for auto etc. 16 foot ceiling.

PAYAL CENTRE

Approx. 981 Sq Ft retail shop in Payal Business Centre. Can buy with business, with business or business 50 LD \$3,500 a month.

Only \$1,225,000

LANGLEY ACRES

1.2 developable acres in Landon

Only \$4.3 Million

PAYAL CENTRE BEAUTY SALON

Beauty Salon & Laser treatment center in Solution & Laser treatment keeping and the best.

Only \$75,000

OFFICE FOR SALE

In surrey with major exposure on 138 street. 101 SOLD a prime location.

NEWTON FOR LEASE

1916 sqft retail shop of SOLD for lease.

MAPLE RIDGE C4

Application ound floor u SOL condos

Only \$1.5 Million

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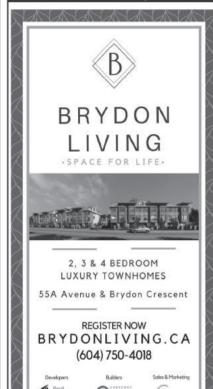
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\$458,800



\$489,000

14103 110 AVE., N.SURREY



\$1,779,000

26964 28 AVE., LANGLEY



\$920,000



\$1,635,000





RICHI SINGHPREC* 778-317-1409





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NEW LISTING



One of the Best locations in Surrey. Well kept 2 story House features vaulted ceilings, has fireplace in he living room plus master bedroom on the main floor Close to all amenities schools, transportation shopping mall and Easy Access to all major routes Good for first time Buyers. The value of this home \$1,100,000 Resides in its spectacular location.

Well kept Meticulously Built home Boasts a 4 level floorplan with contemporary interior design. Key features: a alarm system, full range camera unit hardwood floor granite counter tops, stainless steel appliances, high efficiency Boiler, patio and 2 car garage. This 4 level home include a master bedroom on the third floor another on the fourth floor. Located walking distance to a park with a playground and large field. Easy access to all major Routes.

\$1,499,000

NEW LISTING IN SURREY



STUNNING HOME WITH VIEW OF MOUNTAIN/WATER Welcome to this beautiful 3 storey house sitting on rectangular lot (151X70) 7350+ sf living space and double car garage. walking distance to bus stop, schools and close to Guildford shopping center. This home features 8 massive bedrooms, an office/den with 8 full washrooms (one steamer & 2 free standings) and 4 half washrooms. Upstairs has separate family room, one master bedroom with huge walk-in closet and one master bedroom on Main floor with built-in his & her closets. Huge Separate high ceiling living and family areas. Main kitchen has huge Island, spice kitchen with built-in pantry, stainless steel appliances, granite countertops throughout the house. It has 2 storage rooms, massive theater room with bar & mudroom

Asking only \$2,949,999

NEW LISTING



elcome to this beautiful 3 story hon ocated in a great neighborhood. Ve spacious open floor plan with a huge kitchen with spice kitchen and family room area that is perfect fo ntertaining. The main floor also has rge bedroom/den with an adjoining f athroom that would be perfect for grandparent. Large patio that covered, perfect for BBQs. Ful finished basements. Home with a nic use of laminate floor, crown moldings roughout and a beautiful cold scheme. Close to all amenities. Close to

\$1,899,000 routes.

NEW LISTING IN CHILLIWACK

kept 3 bedroom acher on big lot. Lot siw is 65X122 SF. Close to all amenities (School Mall) Fa s to all ick lane major first time buyer. nvesto Call me for more

Asking only \$739,000

NEW LISTING IN NORTH DELTA

High rise with one unobstructed views. Well kept

outdoor fitness community garden and much

Asking only \$579,900



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4879 DUCHESS STREET, VANCOUVER



4 BED • 4 BATHS • 1,563 SQ.FT.

Well-kept 1,563 sqft corner townhouse unit in the rarely available, highly sought-after Duchess Place! This east facing unit sits on the quiet road close to Kingsway. It features a functional layout, 4 spacious bedrooms/3.5 baths, a grand kitchen with eating area, and a side-by-side garage with lots of storage. Consistent upgrades done over the years include painting, flooring. Roof, balcony, exterior painting, stairway upgraded / ongoing in the complex. Enjoy all the nearby conveniences this central location has to offer, with schools, shopping, restaurants and transit at your doorstep!

> **ASKING** \$1,100,000



Gas Station in Richmond for Sale. For more information call: 604-724-6000



45468 WELLINGTON AVE, CHILLIWACK



ASKING \$1,250,000

1698 SLATER AVENUE, KAMLOOPS



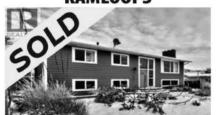
ASKING \$750,000

#34 15030 28 AVENUE, **SURREY**



ASKING \$1,159,900

259 HOLLY AVENUE, KAMLOOPS



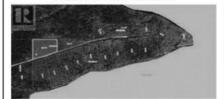
ASKING \$675,000

LOT 11 CHIEF LAKE ROAD PRINCE GEORGE



\$28,776

LOT 12 CHIEF LAKE ROAD PRINCE GEORGE



\$45,540

LOT 10 CHIEF LAKE ROAD PRINCE GEORGE



\$45,540

8134 112A STREET



Great investment property

56-8168 136A ST,



5533 CHESTNUT CRE, LADNER



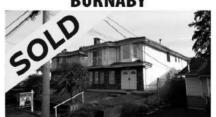
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16669 31B, **SOUTH SURREY**



ASKING \$2,640,000

5192 MANOR ST, BURNABY



ASKING \$1,567,000

Buy or Sell your house with me... I will pay the legal fee of that house!!

12261 66 AVE, SURREY



9 BED • 6 BATHS • 7,199 SF LOT

Welcome to Desirable and conveniently located in the heart of West Newton. Featuring 9 Bedrooms, 6 wash rooms including one bedroom on the main floor with a full washroom Over 3400 sq of living space on 7200 sq ft of rectangular lot .Bonus 3 rental incomes in property(2+2+1) total rent generating from suites \$3850/month .New Kitchen cabinets with quartz countertops & stainless steel appliances for the main kitchen; New Paint, New Windows New hot water tank Newer Roof and Siding. Large driveway for multiple parking .Huge Sundeck and a private fenced backyard .close to shopping and minutes to transit, Beaver Creek park and Beaver Creek Elementary school Tamanawis Secondary, and Khalsa private school. Will not last long !Book your private viewing today!

\$1,999,000

103 19835 64 AVE, LANGLEY



2 BED • 2 BATHS • 1,132 SF

Welcome to Your Future dream Home in the most desired neighbourhood Willoughby Heights! This Beautiful & Well kept 2 Bedroom 2 Washroom Condo features with 1132 Sq. ft of space & 91 Sq.ft covered completely private north facing Balcony overlooking Greenbelt. Very Spacious Living Room. Master bedroom is ensuite with good size Walk in Closet. Second Washroom is fully renovated. Kitchen comes with one year old appliances. Very Quiet & Calm Unit. Very Close to Canadian Superstore, Costco Willowbrook Shopping Center, Schools, Parks & Recreational facilities. Comes with 1 Parking Stall & 1 Storage Locker And Second Open Parking Stall is available for all the residents along with lot of Visitor **Parkings**

\$599,000

104 7349 140 ST, SURREY



3 BED • 2 BATHS • 1,375 SF

Welcome to Your Dream Home in the Most Wanted & Centrally located neighbourhood in Newton Park!! This Beautiful & Well Kept 1375 Square Feet 2 Storey Townhouse features with 3 Bedrooms & 2 Bathrooms. Very Spacious layout with Separate Living and Dining Area & Renovated Kitchen, In Suite Laundry and TWO Parking Stalls. Laminate Flooring in Living Area was done in 2021, New Hot water tank was replaced in 2020. Close to Schools, Shopping Centre, Public Library, Restaurants, Newton Wave Pool, Canadian Super Store, Fruiticana, Costco and Public Transit. Amenities include Club House/Tennis court and Playground. Very easy access to All Major Routes.

\$799,000

45804 REECE AVE, CHILLIWACK



3 BED • 1 BATH • 2,316 SF

Investor's Alert! SUBDIVIDED LOT WITH BACK LANE ACCESS WITH PLA APPROVED. Two Bedrooms on the main floor with 1 Bedroom upstairs. Already rezoned, ready to tear down the Livable house down & start construction or rent it out now & start construction next year. Currently Tenanted on month to month Bases, Tenant willing to stay. Gardner's delight with amazing arts and crafts all off the large patio.

\$1,199,000

14974 RAVEN PL, N. SURREY



3 BED • 1 BATH • 1,155 SF

Investor's Alert! Updated Home on a 7280 Sq. Feet Lot with a 70 feet wide front with 3 Bedrooms & 1 Washroom in Boliver Heights. Good condition for Living now & Build later. Roof was done in 2016. Full exposure for lot of natural light with a huge backyard. Very close to Guildford Mall, T&T Super Market & Walmart. Easy Access to Highway 1. The Best thing is that this property comes with a Back Lane Access.

\$1,399,000

103 6299 144 ST, SURREY



3 BED • 3 BATHS • 1,541 SF

Welcome to Your Future dream Home in the most desired neighbourhood Sullivan Station! This Beautiful & Well kept 3 Bedroom 3 Washroom Townhome features with a good size Living Room & dining Room with 9' High Ceiling. Living Room directly walks in to fenced backyard. Open Concept Kitchen with Granite Countertops. Generous sized Bedrooms on top floor with Master ensuite. Double tandem Garage with lot of cabinets for storage. Lots of Visitor Parkings Nearby. Amenities include a 7800 sqft club house with OUTDOOR POOL, sauna/hot tub, yoga studio, 2 guest suites & much more. Very Close to shopping, transit, Highway 10, Bell Center.

\$799,000



107 3670 TOWNLINE ROAD, ABBOTSFORD

Well established Produce & Grocery Store in a prime area with no competition! Great opportunity to become a proud owner of SunFarm Franchise. Great potential to enhance the profitability of already running successful business. Final Approval of the franchisor is required before purchase. Please contact for more info.

\$399,000

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Events In My City

Ma Boli International Punjabi Film Festival 2022 — A celebration of Global Punjabi Cinema

This is a very exciting time for Punjabi cinema. We are witnessing more and more quality Punjabi films from all genres. Whether its cinematography, sound, or editing, Punjabi filmmakers worldwide are progressing in the art of filmmaking.

Therefore, there could not be a better time to showcase the fifth Ma Boli Punjabi Film Festival, Vancouver.

The Ma Boli International Film Festival



will showcase global Punjabi films for the North American audiences. The festival aims at promoting Punjabi films and filmmakers and is scheduled to be held from 28,29,30 April 2021 at Punjab Bhawan, Surrey, BC Canada. The festival is organized by Vancouver Vichar Manch, Jar-

nail's Art , Gurdeep Arts Academy, Punjab Bhawan & Studio 7.

The Spirit of Harriet Tubman

Watch an inspiring and uplifting story about the life of Harriet Tubman who escaped slavery to become one of the great heroes of the 19th century. Part of Surrey SPARK Stages The Spirit of Harriet Tubman is the powerful and award-winning one-woman show, written and performed by Leslie McCurdy, who has toured this performance across North America for 25 years. As a part of Sur-

rey Civic Theatres, Surrey SPARK Stages offers spectacular performing arts events and activities for kids and their families throughout the year. The Spirit of Harriet Tubman Ages 8 years and up May 28 | 1pm | Main Stage Surrey Arts Centre May 29 | 4pm | Main Stage | Surrey Arts Centre Tickets: \$16-\$26. Four pack pricing available.

Book Launch and Women's Celebration by Manasvini Hindi Cultural Society

Manasvini, a literary women's association, is celebrating their one year anniversary on Saturday April 23rd at the Newton Cultural Center, Surrey.

Four eminent women speakers will be

sharing more about their accomplishments and inspiring journies. A book written by Dr Neelam Batra-Verma, 1971-A War Story will be released for the audiences and members of Manasvini at this event. The book is an emotional tale of a family's anguish whose only breadwinner goes missing. A pilot goes missing somewhere over enemy territory during the 1971 India-Pakistan war. Manasvini has been organizing events promoting creative writing in Hindi and occasionally in

English for the past year since it was formed on March 8 2021. Manasvini also organizes cultural events engaging participants from the South Asian diaspora as well as the rest of the multicultural community of BC. Shikha Porwal and Asmita Lawrence are

Shikha Porwal and Asmita Lawrence are the founders of Manasvini who have created this platform for new writers to develop their literary skills in Hindi and to network with other women to share their thoughts, expressions and emotions. "Our tag line 'Kitchen se Kalam tk' in Hindi translates as 'From the culinary to the literary'. We



are a support system for each other and our expressions have been an effective way to stay connected and cope with the Covid19 pandemic" said Shikha.

More information about Manasvini is available on their website www.manasvini.ca and their social media page, https://www.facebook.com/Manasvini2021/

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9860 HUCKLEBERRY DRIVE



Luxury living at its finest; this mesmerizing 3600 sqft home sits on a pristine 3700 sqft lot situated in one of the most desirable subdivisions in Fraser Heights. This custom-built property has great accessibility to Highway One and is located in close proximity to the highly esteemed Pacific Academy. ??With 4 spacious bedrooms & 3 bathrooms, this home is equipped with an exquisite kitchen/spice kitchen with stainless steel appliances and quartz countertops throughout. Furthermore, this property boasts two impressive basement suites.?? Undeniably an entertainer's dream, with a purpose-built theatre room and bar, you will be able to cherish those life-long moments shared with family and friends. ?? Do not miss out, this one will not last!

#509 13399 104 AVENUE



D'Corize, Surrey Central! This stunning concrete high-rise comes with first-class amenities. Located in close proximity to the Skytrain, SFU, recreational facilities, and amazing shopping centers. This building offers secure underground resident and visitor parking, bike storage, gym/exercise room with change rooms, theatre room, clubhouse, a large patio for your outdoor activities, and a beautiful entrance with a waiting area. With wall-to-wall windows, this 5th-floor unit has a beautiful balcony. This complex permits 1 pet as well rentals - great for both investors & owner-occupiers. Call today!



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PRINCE GEORGE

One Acre lot, 58 years old home 4 bedrooms, 2 baths, South Blackburn airport area, good holding property.

\$198,000

FORECLOSURE

Prince George BC 53 years old home 3 1.34 acre, 56 years old home, 5 bedrooms, 2 bathrooms, 23,552 sqft ot(0.54 acre) concrete foundation, axes \$1295.76, very close to taborlake.

\$199,000

bedrooms, 2 bathrooms, 2 bedroom suite, also has shop, garage and lots storage

\$264,000

PRINCE GEORGE

Split level 4 bedrooms, 3 bathrooms, single garage all fenced yard 8000 sqft. lot rented to good tenants \$1750 per month plus tenants pay heat and light

\$398,000

FORECLOSURE

5 Acres Maple Ridge 35 years old, 4 beds, 3 baths, good house

\$2,700,000

M-1 Zoned commercial property. 2 bed, 2 bath older, rancher with 8700 sqft lot running a small business for 22 years rented \$48,000 per year.

\$1,248,000

FORECLOSURE South Surrey Morgan Creek 17 years old home, 13,900 sqft lot, 6100 sqft 3 storey home with 6 bedrooms, 5 bathroom, 3 garages lots more to see

\$2,700,000

FORECLOSURE

Mission BC! 61 acres development potential with 27 years old home, 2 homes, pool hot tub, barn, storage, lots buildings, paved driveway, lots details.

\$19.999.900

FORECLOSURE

Burnaby South Deer Lake, 15 years old, 12,000 sqft lot, 6 bedrooms, 6 bathrooms, 5900 sqft home, 3 storey, 3 garages

\$4,800,000

Prince George two storey, 2 bedrooms, fully rented, all renovated brings \$90,000 per annually, close to down town, victoria medical building.

\$1,400,000

total \$3900 per month tenants pay 9500 sqft lot, 4600 sqft home, double

\$749,000

Side by Side duplex with basement Vancouver West South Granville 13 suites both side makes 4plex rents years old, 5 bedroom, 5 bathrooms,

\$6,700,000

Prince George BC, 60 years old, 3 bedrooms, 2 bathrooms, 6000 sqft lot size, house with one bedroom suite(rents \$750) and main floor rent \$1550 per month. Tenants pay heat & lights.

\$398,000

Townhouse site to develop in Vancouver E, 6700 sqft land, application approved for "8 stacked town homes" town homes 4 level of total 8342 sqft to be

\$3,450,000

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sutton group WestCoast Realty**



9282 114 Street, Delta



Well kept owner occupied home with clear and rectangular lot in the quiet area close to school, transit. New roof updated and enovations done in 2006. New furnace ith separate entrance. Three bedrooms n the main floor and one master bedroom ith full washroom in the basement for nal use. Nice deck, storage shed and ega size patio for summer BBQ. Showing with appointment on Saturday



\$1,830,000 come first serve!! ** Open House on Sunday 2-4pm.		\$1,599,000° ontopfloor.		
#11-7115-134 St., Surrey	#34-2445 Kelly Ave. Port Coquitiam	#207-9763-140 Street Surrey	#403-4830 Bennett St., Burnaby	14169 75a Ave, Surrey
SOLD	SOLD	50LD	30LD	SOLD
SOLD	2.5 Acres Development Land	50LD	3437 264 St, Aldergrove 5.5 Acre Industrial Land \$10,000,000	5 Acres Development Land
14512 90 AVE	#28-6971-122 A ST	SOLD Lot No 16 20662 76b	15847 Russell Ave, White Rock	#211 9202 Horne St., Burnaby

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BUILDINGS

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of 2-building lots

3800 sf, side by

side available for

sale near 131/236

Street in Maple

Ridge.

Try offer.

ASKING ONLY

\$799,000 each

COMMERCIAL **LAND ON BUSY HIGHWAY IN** MISSION

5 Acres Commercial land (flat) on the Busy Highway in Mission. CVD zoned. You can Build anything like shopping mall, banquet hall or shop cum flats. No information released without Confidentiality Agreement.

> ASKING ONLY \$20 mil

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OPPORTUNITY

Two upcoming 3

bedrooms unit in

Hightower on 14th and

15th floor, ready by

early 2025 you can Buy

this with 20% deposit

over 2 years period

INDUSTRIAL WAREHOUSE **FOR SALE IN** RICHMOND

Need space for your small business? Check this out!! Industrial warehouse 1500 SF for sale. Central location, Near No. 6 Road and River Road, Richmond. Potential to add 2nd floor.

> **ASKING ONLY** \$778,000

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Paul Singh appointed as new chair for Mental Health Review Board

ICTORIA - Following a merit-based recruitment process, Paul Singh has been appointed for a three-year term as chair of the Mental Health Review Board, the independent tribunal established under the Mental Health Act. The review board conducts panel hearings for patients admitted by physicians and detained involuntarily in provincial mental health facilities in a manner that is consistent with the principles of fundamental justice and section 7 of the Charter of Rights and Freedoms.

Singh holds a bachelor of science degree in neuropsychology and a law degree from the University of British Columbia, and an MBA from the Schulich School of Business at York University. He was called to the bars of Ontario and British Columbia in 2004. From 2004 to 2010, Singh was a civil litigator in private practice in British Columbia. From 2010 to 2018, he was counsel and later senior counsel with the Department of Justice Canada in the Vancouver office where he practised civil litigation, administrative law, constitutional law and human rights law.

From 2018 to March 2022, Singh served an appointment as a tribunal member with the BC Human Rights Tribunal. While at the tribunal, he completed his mediation training

at Harvard Law School's program on negotiation in 2019 and was appointed acting chair of the tribunal in 2021 for a six-month term.

Currently, Singh is serving appointments as a tribunal member with the Canadian Human Rights Tribunal and board member and alternate chair of the BC Review Board. He also sits on the board of directors of the BC Council of Administrative Tribunals and on the executive committee of the Public Sector Lawyers section of the Canadian Bar Association (B.C. branch).

Singh's term as chair of the Mental Health Review Board starts on May 2, 2022.

Surrey school student Keeratveer Bambrah wins **Province's Democracy** & Me Poetry Contest

TICTORIA: The Office of the Lieutenant Governor and the Legislative Assembly of British Columbia announced the winners of the Democracy & Me Poetry Contest. One winner has been selected in each of the contest's three grade catego-

- * Kindergarten to Grade 4: Simon Wladichuk, Grade 2, Vancouver
- * Grade 5 to Grade 8: Keeratveer Bambrah, Grade 7, Surrey
- * Grade 9 to Grade 12: Maryam Abusamak, Grade 11, Richmond The Democracy & Me Poetry Contest invited students to reflect on the

importance of community, civic engagement, and the rights and responsibilities of citizenship and democracy. Each grade category was provided with a unique contest question to help guide the creation of original written and spoken-word poetry.

The contest received more than 140 entries from children and youth throughout British Columbia. Among the participants were students from more than 50 public and independent schools representing nearly 40 different communities from across the province.

Final judging was conducted by Janet

Austin, Lieutenant Governor of British Columbia; Raj Chouhan, speaker of the Legislative Assembly; and Zoe Duhaime, editor, writer, illustrator and the City of Victoria's 2015 youth poet laureate.

Austin and Chouhan would like to acknowledge Kirk Longpre, a Victoria poet and educator, for his assistance during the development of the contest, and Duhaime for serving as an expert judge.

Chouhan said: "The range of styles and the different approaches to sharing one's thoughts about democracy and our communities is inspiring. These young people have such a genuine desire to make their towns and cities a better place for everyone, and it really manifests itself in each of their poems."

The formal awarding of contest prizes will occur in Victoria on Wednesday, April 27, 2022, when the winners' poetry will be unveiled in a ceremony at the B.C.'s Parliament Buildings.

Also on April 27, the winning poems, finalists, and all eligible entries will become viewable on the contest website: www.democracyandme.ca

Continued from Page 04

Imtiaz Popat And Other...

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Medical Wait Times Cost Canadian Patients Almost \$4.1 Billion In Lost Wages Last Year

JANCOUVER-Long waits for surgery and medical treatment cost Canadians almost \$4.1 billion in lost wages and productivity last year (2021), finds a new study released by the Fraser Institute, an independent, non-partisan Canadian public policy think-tank.

Preliminary data suggest that an estimated 1.4 million patients waited for medically necessary treatment last year, and each lost an estimated \$2,848 (on average) due to lost wages and reduced productivity during working hours.

Health-care workers across Canada should be commended for the superb job they're doing to get us through this global pandemic. However, while we are constantly reminded of the consequences of COVID-19, less discussed are the consequences of unreasonable waits for surgery which can range from physical pain and psychological distress for some, to permanent disability

and death for others," said Bacchus Barua, director of health policy studies at the Fraser Institute and co-author of The Private Cost of Public Queues for Medically Necessary Care, 2022.

Across Canada, the costs of waiting for medical care were about \$4.1 billion. The study draws upon data from the Fraser Institute's Waiting Your

Continued from Page 03

BC Cuts Down Costly, Lengthy Process...

ternationally educated nurses. Removing some financial barriers and streamlining the assessment process will facilitate pathways to employment in the province and ensure British Columbians have access to the health care they deserve with even more nurses and healthcare assistants."

Through HMBC, the Province will support IENs with bursaries to offset the costs of assessment services, language testing, skill evaluation and educational upgrading. Bursaries available for IENs range from \$1,500 and \$16,000, depending on assessment or upgrading required. In addition, HMBC's new nurse navigators will assist IENs as they navigate the various testing and assessments required to practise in B.C., providing immigration and licensing support, relocation information and job placement and employment support. IENs, who are in B.C. and are interested in learning more about the bursaries, are encouraged to register interest with HMBC online: https:// www.healthmatchbc.org/nurs-

The new marketing campaign and website will launch in May 2022.

Turn study, an annual survey of Canadian physicians who, in 2021, reported the national median waiting time from specialist appointment to treatment was 14.5 weeks.

Crucially, the \$4.1 billion in lost wages is likely a conservative estimate because it doesn't account for the additional 11.1-week wait to see a specialist after receiving a referral from a general

Taken together (11.1 weeks and 14.5 weeks), the total median wait time in Canada for medical treatment was 25.6 weeks in 2021—the longest in the survey's history.

"While some of this backlog is the direct result of COVID-19 related closures, results from the same survey suggest that almost as many (1.1 million) patients were waiting for

treatment in 2019 - before the pandem-

ic started," said Mackenzie Moir, Fraser Institute policy analyst and study co-au-

Because wait times and incomes vary by province, so does the cost of waiting for health care. While the highest cost of waiting per patient is estimated to be borne by patients in

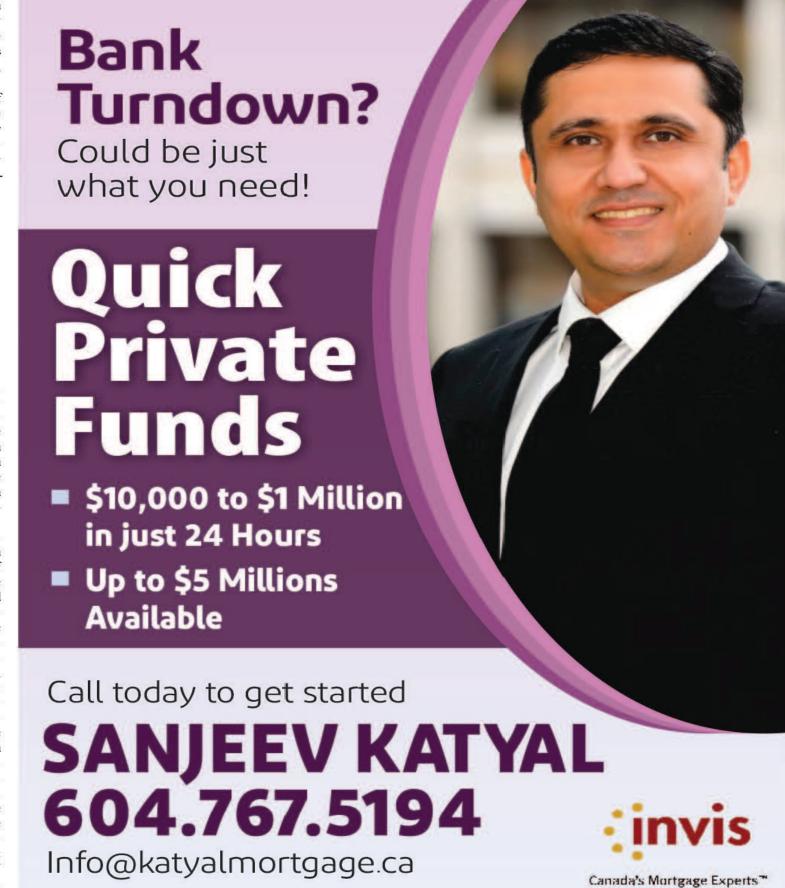
Nova Scotia (\$6,343), Prince Edward Island and Newfoundland and Labrador reported large decreases in the per patient cost of waiting, warranting caution when interpreting results.

Outside the maritime provinces, residents of Manitoba (\$3,519) faced the highest per-patient cost of waiting, followed by Alberta (\$3,199), Saskatchewan (\$3,129).

"Long health-care wait times mean lost tion, we may need to patients. While combatting COVID-19 certainly requires our immediate atten-

Average value of time lost during the work week in 2021 for patients waiting for medically necessary treatment (by province):		
British Columbia	\$2,611	
Alberta	\$3,199	
Saskatchewan	\$3,129	
Manitoba	\$3,519	
Ontario	\$1,855	
Quebec	\$2,811	
New Brunswick	\$3,235	
Nova Scotia	\$6,343	
Prince Edward Island	\$2,826	

wages and a reduced quality of life for consider policy options that can benefit all patients and alleviate strain on our public health-care system," Barua said.



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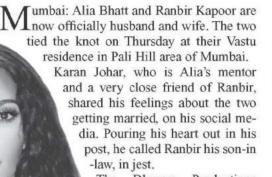
Aparshakti Khurrana: It's Ranbir-Alia Wedding: Karan Johar Congratulates The Best Time To Be A New Couple, Calls Ranbir His Son-In-Law! **Multifaceted Artiste**

Mumbai: From acting in multiple projects like 'Dangal', 'Stree', 'Street Dancer', 'Helmet' to singing songs and appearing in music videos, the recent one being 'Balle Ni Balle', Aparshakti Khurrana is doing it all. He says he has no plan to slow down as it is the right time for an artiste to explore every avenue. While his latest released music video 'Balle Ni Balle' is receiving a lot of love, the question naturally arises that being a Bollywood actor why he is doing music videos.

In conversation with IANS, Aparshakti said, "I will do it all, my singing, acting, voice-over work, hosting and more. You see, earlier,

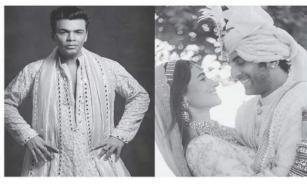
the music video was one of the mediums for budding actors to find visibility. Now, things have changed completely. I love singing. In the music scene, I

have friends. So when I sing a song, it's more like collaborating with a friend. Also I think, this is the best time to be a multifaceted artiste." While he mentioned that he does not strategise his career but goes with the flow, asked if he has any priority set for his music career, Aparshakti said, "I think acting is my first love and acting put me on the map. So acting is my first love!"



Dharma Productions head honcho took to his Instagram and shared an array of wedding pictures of the star couple.

> Congratulating newly-weds, he wrote in the caption,



days like this that we live for where there is the most beautiful blend of family, love and absolute emotion overwhelmed and so full of love in my heart."

"My darling @aliaabhatt this is such a beautiful life step and my love and blessings go with you everywhere Ranbir! I love you now and forever! You are now my son in law, badhai ho and here's to decades of ????????

Kim Kardashian gets Hilariously **Trolled by Daughter North West**

os Angeles, Reality TV star Kim Kardashian's eight-yearold daughter North West hilariously called out her mother's homegrown vegetables on social media.

In the clip, the Kim was seen showing off some freshly picked crops from her home garden.

It included bunches of carrots, kale, leeks and beets, reports aceshowbiz.

"You guys, we got some veggies and fruits from our garden," Kim said. "How cute!"

While Kim was excited over her latest harvest, it wasn't the case for North, whom Kim shares with estranged husband Kanye North quipped off-camera, "They look disgusting.

Kim quickly hit back at her, saying, "They do not look disgusting!" She went on to say, "They're fresh veggies and fruits, and we're gonna make some amazing things this weekend with them. The 'Keeping Up With the Kardashians' star added, "You don't think the Easter Bunny needs carrots?

She laughed at her daughter's honesty, writing: "Thanks North."

This is not the first time for North to call out her famous mom.

Prior to this, she criticised her mom for using a "different" voice on social media. She additionally exposed the reality TV star as a fake Olivia Rodrigo.

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Ranbir's Ex-Flame Katrina **Extends Best Wishes** To New Couple



umbai: Star couple Ranbir Kapoor Mand Alia Bhatt tied the nuptial knot on Thursday and the entire B-Town erupted in celebrations.

Among the celebrations, the early wishes came from Ranbir's ex-flame Katrina Kaif, who extended her best wishes to the newly-wed couple through her social

Katrina took to her Instagram and posted the picture of the couple in the story section. She wrote under the picture, "Congratulations to u both - all the love and happiness @aliaabhatt #ranbirkapoor (sic)."

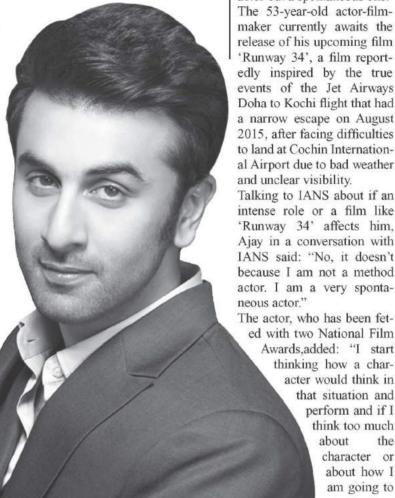
Katrina and Ranbir dated for nearly six years before they parted ways in 2016. Their last film together was the Anurag Basu directorial 'Jagga Jasoos'.

While Katrina got married to 'Masaan' actor Vicky Kaushal in December last year in Jaipur in a private ceremony, Ranbir and Alia exchanged wedding vows in Mumbai at the 'Sanju' actor's Vastu residence.

Katrina's husband Vicky Kaushal, who has worked

with Ranbir in 'Sanju' and with Alia in 'Raazi', too congratulated the couple on their special day.

Other celebs who congratulated Ranbir and Alia on their wedding day are 'Dil Dhadakane Do' filmmaker Zoya Akhtar, Shraddha Kapoor, Priyanka Chopra, Dharma Productions head honcho Karan Johar, Sonam Kapoor, Samantha Ruth Prabhu, Madhuri Dixit Nene and Deepi-



Ajay Devgn On His Working Style & 'Runway 34': I'm Not A Method **Actor; I'm Very Spontaneous**

New Delhi: Bollywood star Ajay Devgn in his over a three-decade-long journey in Hindi cinema has given seen the highs of highs with the work he has done. The powerful performer says he does not get affected by portraying intense roles on screen as he is not a method actor but a spontaneous one. The 53-year-old actor-filmmaker currently awaits the release of his upcoming film 'Runway 34', a film reportedly inspired by the true events of the Jet Airways Doha to Kochi flight that had a narrow escape on August 2015, after facing difficulties to land at Cochin International Airport due to bad weather and unclear visibility.

Talking to IANS about if an intense role or a film like 'Runway 34' affects him, Ajay in a conversation with IANS said: "No, it doesn't because I am not a method actor. I am a very sponta-

ed with two National Film Awards, added: "I start thinking how a character would think in that situation and perform and if I think too much about

about how I

am going to

do it, I will lose the spontaneity and stop feeling. I don't like rehearsing. I just want to think about the character feel it and go out and do it. So as soon as it is over I also switch off."

Ajay, who has been honoured by the Government of India with the Padma Shri in 2016, spoke about the challenges he faced during the shoot of 'Runway 34', which also stars Amitabh Bachchan and Rakul Preet Singh.

He shared that they used almost 14 cameras in the cockpit to get the right shots.

"But then that is where my forte is technically I design a lot of things. Apart from a great script it is always the challenge of how somebody else can't do it and how I will do it. That's why I make films also. Even in 'Shivaay' there were mountains and things and here it was a different sit-

The superstar also shared reasons why 'Runway 34' is a must watch.

"It has got a nice mystery to it. when you see the film till the end you will wonder if he is right or wrong. The character is very intelligent and brilliant but still somewhere loves to break rules... Also, touching the chord is we all fly and I don't think we touch our lives with anybody more than a captain ... "

He added: "Even if there is a little turbulance wed be scared for a bit but then we are like he's there and he knows what he is dong... and lot of captains have reacted also that their jobs are very tough... They have to be so well trained and have to be there 24x7 one wrong decision and all can kill a lot of people. It is a big responsibility... That's the chord."

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Britney Spears Plans to get Married to Sam Asghari After Giving Birth

Los Angeles, Singer Britney Spears won't get married to fiance Sam Asghari until she gives birth to their first child together, according to a new report.

Explaining why the couple has been calling each other "husband" and "wife," a source claims

o HollywoodLife.com that
"Britney and Sam are being
playful with each other,
and they are not mar-

ried," reports aceshowbiz.com.

The source adds, "She is going to wait until after she has the baby to focus on that and she will have 9 months to plan her dream wedding now.

"Sam and Britney
have been calling each
other husband and wife
since they got engaged. She
will continue to do so until they are

married, which will not be kept a secret," the source goes on explaining.

The informant also details that Sam has his own ideas when it comes to their dream wedding. "Sam has spoken out about the type of wedding that the two of them want and his words should be trusted on this," the source says if the personal trainer.

"Britney has dreamed of her 'happily ever after' and for over 10 years she thought she would not ever have it. She's found it now and she is so thankful and grateful for everything that she has, and even the things she doesn't have." Spears, who got engaged to the 'Can You Keep a Secret?' actor in last September, announced that he's having a baby on April 11.

Kissing Is The Key To A Happy Marriage, Says Julia Roberts

Los Angeles: Hollywood star Julia Roberts says "kissing" is the key to a marriage while appearing on 'The Late Show with Stephen Colbert'.

The 'Pretty Woman' star believes the key to her more than two decades of marriage to cinematographer Daniel Moder is not forgetting to have a smooch and show each other affection while appearing on the 'The Late Show with Stephen Colbert', reports femalefirst.co.uk.

After being asked by host Stephen Colbert to reveal her tricks on the count to three. The 54-year-old actress said immediately: "Kissing". The 57-year-old talk show host said the key was taking the time to "apologise", and immediately want-

ed to take it back. Stephen quipped: "Well, I would like to apologise to my wife for not saying kissing'." Elsewhere, Roberts spoke about her new miniseries 'Gaslit'. The Oscar winner couldn't help but gush over her co-star Sean Penn, who plays her character Martha Mitchell's husband US Attorney General John

N. Mitchell on the Starz show about the Watergate scandal, which was adapted from the 'Slow Burn' podcast by journalist Leon Neyfakh.

She said: "He doesn't want anyone to know how nice and sweet he is because it would destroy his reputation that he's worked so hard on. He had so much patience getting all of this makeup done. He just was rock steady. All his stuff on, he would just sit there." Roberts also excited about working with George

Clooney for the fifth time on their new rom-com 'Ticket to Paradise' while "heavily bubbled" due to the Covid-19 pandemic.

The actress said: "We were heavily, heavily bubbled," before saying of George that "everything you think he is, he is more than that."

Continued from Page 13

Mississauga Gurdwara staff...

The 33 year old Manpreet Singh is charged for allegedly assaulting two people with a hammer and then fleeing the area, after an argument ensued between the victims and the Singh on April 18.

Neither victim sustained any physical injury.

On April 18, 2022, just after 5:30 a.m., police attended a business in the area of Bovaird Drive and Mountainash Road, Brampton, regarding an alleged carjacking with a weapon. A man entered a running vehicle, and upon the victim's return to his car,

the man pointed what was believed to be a firearm in the victim's direction, which was later confirmed to be a hammer. The man then fled the area in the stolen vehicle.

On April 18, 2022, shortly after 8:00 a.m., the victim's vehicle was located at the Sri Guru Singh Sabha, in the area of Derry Road and Airport Road, Mississauga. At this time, the male was seen entering the Gurdwara. Police searched the building and located and arrested a male matching the description. with the following offences:

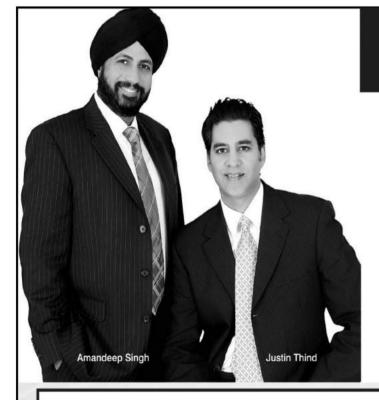
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The accused was held for a bail hearing and appeared before the Ontario Court of Justice in Brampton on April 18, 2022.

At this stage of the investigation, it is believed to be an isolated incident and does not appear to be a targeted. There is no concern for public safety. Peel Police will continue to offer reassurance and provide additional support to the community.



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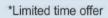
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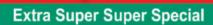
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Fleetwood ----- 15230 84 Ave. ---- 236-317-6272 Surrey----- 12990 72nd Ave. ---- 604-503-5510 Newton ----- 13783 72nd Ave. Surrey ---- 604-590-2080 Abbotsford----- 2785 Bourquin Crescent W. 604-744-0328 Newton ----- 13174 64th Ave. Surrey ---- 604-598-9220 Abbotsford ----- 31205 Maclure Rd. ----- 604-504-5877 Port Coquitlam 2807 Shaughnessy St. ---- 604-464-0822 Scott Road ----- 12047 80th Ave. Surrey ---- 604-591-5032 Surrey ----- 12788 76A Ave. Surrey ---- 604-597-1676 Scott Road ----- 104-7028 120th St. ------ 604-590-8864 Cedar Hills ----- 12867 96th Ave. Surrey ---- 604-588-6620 Surrey ----- 16788 64 Ave. ---- 604-372-2023 Vancouver ----- 6257 Fraser St. ----- 604-321-9931 Surrey ----- 101-7228 192St. Richmond------ 4101 No.5 Rd.----- 604-244-9520 Fleetwood ----- 101-15933 Fraser Hwy ---- 604-593-5163 New Westminster 101-331 6th St. -----